APPENDIX A

THE HIPPOCRATIC OATH*

I swear by Apollo the healer, invoking all the gods and goddesses to be my witnesses, that I will fulfil this Oath and this written Covenant to the best of my ability and judgment.

I look upon him who shall have taught me this Art even as one of my parents. I will share my substance with him, and I will supply his necessities, if he be in need. I will regard his offspring even as my own brethren and I will teach them this Art, if they would learn it without fee and covenant. I will impart this Art by percept, by lecture and by every mode of teaching, not only to disciples bound by covenant and Oath, according to the Law and Medicine.

The regimen I adopt shall be for the benefit of the patients according to my ability and judgment, and not for their hurt or any wrong. I will give no deadly drug to any, though it be asked of me, nor will I counsel such, and especially I will not aid a woman to procure abortion. Whatsoever house I enter, there will I go for the benefit of the sick, refraining from all wrong doing and corruption, and especially from any act of seduction, of male or female, of bond or free. Whatsoever things I see or hear concerning the life of men, in my attendance on the sick or even apart there from, which ought not be noised abroad, I will keep silence thereon, counting such things to be as sacred secrets. Pure and holy will I keep my Life and my Art.

If I fulfil this Oath and confound it not, be it mine to enjoy Life and Art alike, with good repute among all men at all times. If I transgress and violate my oath, may the reverse be my lot.

APPENDIX B
WORLD MEDICAL ASSOCIATION DECLARATION OF HELSINKI*

1. The World Medical Association has developed the Declaration of Helsinki as a statement of ethical principles to provide guidance to physicians and other participants in medical research involving human research on identifiable human material or identifiable data.

2. It is the duty of the physician to promote and safeguard the health of the people. The physician’s knowledge and conscience are dedicated to the fulfilment of this duty.

3. The Declaration of Geneva of the World Medical Association binds the physician with the words, ‘The health of my patient will be my first consideration’, and the International Code of Medical Ethics declares that, ‘A physician shall act only in the patient’s interest when providing medical care which might have the effect of weakening the physical and mental condition of the patient’.

4. Medical progress is based on research which ultimately must rest in part on experimentation involving human subjects.

5. In medical research on human subjects, considerations related to the well-being of human subject should take precedent over the interests of society.

6. The primary purpose of medical research involving human subjects is to improve prophylactic, diagnostic, and therapeutic procedures and the understanding of the

aetiology and pathogenesis of disease. Even the best proven prophylactic, diagnostic, and therapeutic methods must continuously be challenged through research for their effectiveness, efficiency, accessibility and quality.

7. In current medical practice and in medical research, most prophylactic, diagnostic, and therapeutic procedures involve risks and burdens.

8. Medical research is subject to ethical standards that promote respect for all beings and protect their health and rights. Some research populations are vulnerable and need special protection. The particular needs of the economically and medically disadvantaged must be recognised. Special attention is also required for those who cannot give or refuse consent for themselves, for those who may be giving consent under duress, for those who will not benefit personally from the research and for those whom the research is combined with care.

9. Research investigators should be aware of the ethical, legal and regulatory requirements for research on human subjects in their own countries as well as applicable international requirements. No national ethical, legal and regulatory requirements should be allowed to reduce or eliminate any of the protections for human subjects set forth in human Declaration.

10. It is the duty of the physician in medical research to protect the life, health, privacy, and dignity of human subject.
APPENDIX C
THE LIVING WILL*

TO MY FAMILY, PHYSICIAN, MY CLERGYMAN, MY LAWYER-

If the time comes that I can no longer take part in decisions for my own future, let this statement stand as the testament of my wishes:

If there is no reasonable expectation of my recovery from physical or mental disability, I request that I be allowed to die and not be kept alive by artificial means or heroic measures. Death is as much as a reality as birth, growth, maturity and old age- it is the one certainty. I do not fear death as much as I fear the indignity of deterioration, dependence and hopeless pain. I ask that drugs be mercifully administered to me for terminal suffering even if they hasten the moment of death.

This request is made after careful consideration. Although this document is not legally binding, you who care for me will, I hope, feel morally bound to follow its mandate. I recognise that it places a heavy burden of responsibility upon you, and it is with the intention of sharing that responsibility and of mitigating any feelings of guilt that this statement is made.

Date: ___________
Place: ___________ Signed by: ________
Witnessed by: __________________________
__________________________

* Society for Right to Die with Dignity- Mumbai, India.