ACKNOWLEDGEMENT

I am privileged to place on record my deep debt of gratitude to my esteemed guide Dr. S. Madialagan, Associate professor, Department of Studies in Physical Education & Sports Sciences to the University of Mysore, Mysore for his constant encouragement, guidance and supervision, without which the study could not have been completed.

I owe my sincere thanks to Prof. M. Chandrakumar, Mr. Thirumalai Gopalan, Lecturer and Chairperson and Dr. C. Venkatesh, Assistant Professor, Department of Studies in Physical Education & Sports Sciences to the University of Mysore, Mysore; and other members who have directly or indirectly helped me in successfully completing my research work.

I am thankful to Dr. Lancy D'souza, Associate Professor in Psychology, University of Mysore, Mysore, and my dear friend Dr. Ali Khanehkeshi Assistant Professor in Psychology, Islamic Azad University, for their assistance in computerized statistical analysis and Interpretation of Data.

Special words of thanks are due to all the Subjects (Athletes) of this study who acted as the subjects for the investigation and participated in the test items whole heartedly.

I am unable to find adequate words to express my most sincere and heartfelt gratitude to my Parents and Family Members for their patience, understanding and supporting. Their unreserved support and blessing remained
as a constant source of inspiration throughout the difficult days spent in completion of this study in India. And finally my special thanks are due to my wife Mrs. Akram Esfakankalati and loving daughters Arshida and Arashid for boosting my morale and tolerating my problems to complete this venture successfully.

Habib Asgharpour