I take this opportunity to express my sincere gratitude to my research guide, Dr. P.S. Halyal, Professor of Psychology, Karnataka University, Dharwad. I feel extremely fortunate in having his insightful guidance and stimulating supervision. From the inception to the completion of this research work he kindly spared his time and readily guided me with untiring zeal. I am greatly indebted to him for having been a source of inspiration to me throughout my stay in the University. I owe to him a very special and profound sense of gratitude.

I am highly indebted to the Karnatak University authorities for granting me the permission to carry out the research work and for providing me the much needed financial support in the form of University Research Studentship.

I am grateful to Dr. M. V. Muddapur, Department of Statistics, Karnataka University, Dharwad for having helped me in the Statistical analysis of my data.

I feel highly obliged and thankful to Dr. Subhas Mogali, Medical Officer, Primary Health Centre (PHC) Garag, Dr. S. H. Padasalgi, Medical Officer, PHC, Amminbhavi, PHC Staff,
Anganwadi Supervisors and Anganwadi workers of Garag and Amminbhavi for their enthusiastic help in evolving and intervening with the health modernity education intervention programme. I am particularly thankful to Shri.Gurumurthy Yeragamblimath, Amminbhavi and Smt.Anila Dhanappanavar, Garag for their kind help and co-operation in conducting the Health Modernity Education Intervention Programme.

I will be failing in my duty if I do not acknowledge the kind co-operation of those women who constitute the sample of this study without whose willing participation this study would have been impossible.

I am thankful to Smt.Shaila S Angadi, DTP Centre, Kalyan Nagar, Dharwad, who computer typed and gave the final shape to this thesis.

I have no words to express my deep gratitude to my husband, son, parents and the members of my family who stood by me and inspired me in all phases of my work.

Lastly I thank all my friends who have directly or indirectly helped me in this research work.

KARNATAK UNIVERSITY, DHARWAD.

28th April 1997

RAJESHWARI. N. KENCHAPPANAVAR