SUMMARY OF RECOMMENDATIONS OF SHETTY COMMITTEE

NURSING TRAINING

1. Recruitment of additional students, and the necessary staff for supervision and teaching, in the existing training centres as a first step towards increasing the number of nursing personnel.

2. Creation of posts for nursing staff in institutions and in the public health field to absorb the additional number of nurses who will be trained.

3. The appointment of auxiliary nurses and midwives to supplement the nursing service in hospitals or wards which are not used for training nurses. Establishment of training centres in District Headquarter's hospitals for auxiliary nurses and midwives.

4. Improvement in conditions of training of nurses. Priority to be given to:
   a. provision of adequate living accommodation;
   b. proper facilities for practical work, and adequate training for sister tutors and ward sisters;
   c. proper care of students health;
   d. raising of educational standards wherever possible; and
   e. shorter working hours.

5. Better publicity to the potentialities of nursing as a career.

6. Special consideration to be given to personality and home background when recruiting students, providing that they meet other minimum requirements. Selection Committee to be constituted of Medical and Nursing Superintendents and Sister Tutor.

7. Ordinarily, married women, unless widowed or separated from their husbands, not to be admitted for training. Students not to be allowed to marry during training period.

8. Minimum requirements for admission to training schools to be in accordance with the regulations of the Indian Nursing Council.

9. Medium of instruction to be decided on by each State. Individual training centres should also have discretion to decide this question.

10. Setting up a system of counselling for students, an experienced sister being assigned to a group of students for this purpose.

11. Students to be required to be resident during training.

12. Stipend and allowances adequate for messing, uniforms and laundry expenses.

13. Students may be required to execute a bond for two years.
14. Any person trained in one category of nursing should get an opportunity of being trained in the next higher grade, under conditions to be specified by the Indian Nursing Council.

15. There should also be higher training for the general sick nurse, public health nurse, paediatric nurse, mental nurse, theatre nurse, sister tutor and nursing administrator.

16. Promotion of degree course nurses or basic nurses to posts of higher responsibility should be considered only after a minimum of three to five years of practical experience after qualification, has been put in.

17. Male nurses should be trained only for certain types of work e.g. mental hospitals, army hospitals, VD clinics and rehabilitation centres.

18. In general, sufficiently attractive terms should be given to young girls in order to enable them to take to the nursing profession rather than the clerical profession.