LIST OF ABBREVIATIONS

BNYS - Bachelor of Naturopathy and Yogic Sciences
EVS - European Values Survey
GHQ - General Health Questionnaire
HIG - High Income Group
HLY - Happy Life Years
HM - Health Modernity
HUPSCAD - Harvard University Project on Socio-cultural Aspects of Development
LIG - Lower-Income Group
MBBS - Bachelor of Medicine and Bachelor of Surgery
MIG - Middle-Income Group
NRC - National Research Council
OM-scale - Overall Modernity Scale
PANAS - Positive and Negative Affect Scale
PM - Personality Modernity
POLM - Political Modernity
PUC - Pre University College
QoL - Quality-of-Life
SE - Self-Esteem
SES - Socio-Economic Status
SM - Socio-cultural Modernity
SUBI - Subjective Well-being Inventory
SWB - Subjective Well-Being
SWLS - Satisfaction with Life Scale
TM - Total Modernity
UNDP - United Nations Development Program
USBLS - US Bureau of Labour Standards
WVS - World Values Survey