Appendices
APPENDIX A (ii) – Thirthahalli Taluk
APPENDIX A (iv) – Somavarpet Taluk
APPENDIX A (v) – Siddapur Taluk
Appendix A (vi) – Yellapur Taluk
APPENDIX – B

INTERVIEW SCHEDULE FOR YOUTH OF MALNAD IN KARNATAKA

KUVEMPU UNIVERSITY

Researcher: C M NAGARAJU
Dept. of Sociology
Kuvempu University

Guide: Dr. V N BHAT
Professor
Dept. of Studies in Sociology.
Kuvempu University

I Sri C M NAGARAJU a research student in Sociology, Kuvempu University, Shankaragatta, Shimoga, am here to collect data for my doctoral work through personal interviews of youths in Malnad in Karnataka state. I request you to answer the question and explain your opinion. Your responses and information’s will be kept strictly confidential and information given by you will be used for the research purpose only. Your answers to these questions will help in analyzing the existing condition of youths in Malnad. I request you to answer them completely and candidly. Your response will form an important part of my research work.
Interview Schedule

Section – I

1. Name:
2. Address
3. Sex: Male/ Female
4. Age:
5. Education level: a) Illiterate b) Primary Edn. c) High School d) PUC e) Graduate f) Post. Graduate g) Diploma h) Others.
6. Residence: a) Village b) Town c) City
7. Number of family members: Male _____ Female _____ Total _____
8. Occupation:
   a) Agriculture.
   b) Other than agriculture
   c) Self -employment.
   d) Private employment.
   e) Govt. employee
9. Annual Income (in rupees): _______
Section II

10. Do you play games every day. Yes/no

11. Mention the game you play in the house/Near the house.
   a) Carrom
   b) Chess
   c) Dice
   d) Chowka bara
   e) Chinnemane
   f) Cards
   g) Cowrie (Kavade)
   h) Skipping
   i) Chess
   j) Top (Bhuguri)
   k) Marbal game (Goli)
   l) Hide and seek
   m) Limping (Kunte pille)
   n) Chinnidandu
   o) Kuntata
   p) Others

13. Important Indoor and out door games you participate.
   a) Badminton
   b) Table Tennies
   c) Biliards
   d) Snooker
   e) Wristling
   f) Karate
   g) Weight lifting
   h) Judo
   i) Cricket
   j) Hockey
   k) Volleyball
   l) Tennis
   m) Handball
   n) Golf
   o) Football
p) Kabbadi
q) Throw ball
r) Kho-Kho
s) Tennicoit
t) Ball Badminton
u) Basket ball
v) Athletics
w) Others

13. Do you exercise every day. Yes/No

14. If yes, name the exercise.
   a) Walking
   b) Yoga
   c) Gymnasium
   d) Jogging
   e) Exercise in the playground

15. Your Leisure time/ Past time activities.
   a) Watching films
   b) Watching TV
   c) Gambling
   d) Reading
   e) Going for a walk
   f) Taking part in games
   g) Going to library
   h) Others

16. When are you free or your leisure time is between:
   Morning 5.30-6.30 6.30-7.30 7.30-8.30
   Noon 12.00-1.00 1.00-2.00 2.00-3.00
   Evening 4.00-5.00 5.00-6.00 6.00-7.00
   Night 8.00-9.00 9.00-10.00 10.00-11.00
17. Your hobbies, (if any) Yes/No  Your habits, (if any) Yes/No
   a)  Stamp collection  a)  Smoking
   b)  Knitting  b)  Drinking alcohol
   c)  Painting  c)  Playing cards
   d)  Tailoring  d)  Gutka chewing
   e)  Drawing pictures  e)  Chewing pan
   f)  Writing poems/stories  f)  Eating Zarda
   g)  Singing  g)  Chewing gum
   h)  Taking part in dramatics  h)  Others

18. Which are your practices for health maintenance: (Tick mark if applicable)
   a)  Getting up early morning
   b)  Having coffee/Tea after morning ablutions
   c)  Having break fast after bath
   d)  Getting into the house after cleaning hands/legs
   e)  Taking food timely
   f)  Going to bed timely
   g)  Doing some physical exercise daily
   h)  Taking care about cleanliness
   i)  Others

19. Are you a member of any club/association:  Yes/No

   If yes name the club ____________________________
Section – III

Do you have any climate problems to participate in sports activities.

20. Weather
   a) Too hot
   b) Heavy wind
   c) Heavy rain
   d) All the above
   e) All the above are common

21. Wild animals menace There is / There is not

22. Region: Hilly area/ plain field

23. Play ground/ Stadium it is there / not there

24. Sports materials we have it / don’t have it

25. Sports trainee/ coach we have him / do not have him

26. Parents encouragement Encourage / Not encourage

27. Economic problems Yes/ No

Do you have social problems to take part in sports? If, mention them.

28) Obstacle to education Yes/ No

29. Encourages groupiesum Yes/ No

30. Anxiety of becoming an un employee Yes/ No
31. Anxiety of becoming aggressive  Yes/No

32. Parents reluctance to women taking part in sports  Yes/No

33. No encouragement from the general
    Public (society) for the women to
    Participate in sports.  Yes/No

Section – IV

Do the problems of sports get resolved from the following or can we solve
Sports problems from the following:

34. Establishment of sports ground/stadium  Yes/No

35. By appointing trainee or coaches and supplying sports materials.  Yes/No

36. By solving economic problems  Yes/No

37. Encouragement from the society
    or
    patronage of the society  Yes/No

38. By organizing special training classes and
    competitions for sports activities.  Yes/No

39. By providing sponsorship, certificates, medals
    and awards to the sportsmen who have won
    or who have been selected at the state and
    national level competitions.  Yes/No

40. By providing employment opportunities  Yes/No
41. By creating awareness about the advantages about sports and the general health through special lecture, articles in newspaper, and program in radio and television. Yes/No

42. By active participation of sports clubs and associations. Yes/No

Section – V

Other information

43. Do the people of all casts and classes take part in sports. Yes/No

44. Do female children take part in sports. Yes/No

45. Mention the distinct sports played in your place only.
   a) b) c) d)

Section – VI

Advantages of sports by taking part in them during leisure hours. or

Advantages of sports played during leisure hours.

46. Development of physical fitness feeling of friendship, Co-operation and joy. Yes/ No
47. Develops obedience, humility and respect for others.  

48. Develops good health

49. Cultivates the qualities of self confidence and decision making trait.

50. Helps overcome superiority and inferiority feelings.

51. Sense of unity and achievements in the team

52. Develops leadership qualities.

53. Keeps away from bad habits and helps the maintenance of peace in the society.

It, indeed was a nice experience to converse with you

Thank you very much.
APPENDIX - C
List of Villages visited during the data collection in Malnad Region.

A. THIRTHAHALLI TALUK

1. Aralapura
2. Attikodige
3. Agumbe
4. Balehalli
5. Bettamakki
6. Balegadde
7. Basthikoppa
8. Bilave
9. B K Gudde
10. Bejjavalli
11. Beguvalli
12. Bombalige
13. Bukkalapura
14. Eruthaggu
15. Gerukatte
16. Guddekoppa
17. Gutthalli
18. Holekoppa
19. Harlimata
20. Himmattur
21. Halasinahalli
22. Hedduru
23. Horagebail
24. Jattinakoppa
25. Kolige
26. Kuduvalli
27. Kalki
28. Kodgibail
29. Kelanarase
30. Kankalli
31. Kadegadde
32. Kammardi
33. Mandagadde
34. Mallikatte
35. Malur
36. Megamakki
37. Melige
38. Megaravalli
39. Moovalli
40. Muduba
41. Mudubagilu
42. Nantur
43. Nidagalale
44. Patravalli
45. Santharige
46. Shankarahalli
47. Suruvinakoppa
48. Tudki
49. Telbi
50. Tuduru
51. Thirthahalli
### B. SAGAR TALUK

<p>| | | |</p>
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<tr>
<th></th>
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<tr>
<td>1</td>
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<td>3</td>
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<tr>
<td>4</td>
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<td>6</td>
<td>Baruve</td>
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<td>10</td>
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<td>Ganasinakuri</td>
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<td>14</td>
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<td>16</td>
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<td>21</td>
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<td>23</td>
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<td>Kalludi</td>
<td>49</td>
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<tr>
<td>25</td>
<td>Kargal</td>
<td></td>
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</tbody>
</table>
C. SIDDAPURA TALUK

1. Avaraguppa
2. Bedakani
3. Bidar khan
4. Doddamana grama
5. Golagodu
6. Harandur
7. Hasuvante
8. Haladakatta
9. Halagadikoppa
10. Hosur
11. Hemagar
12. Horsekatta
13. Hirekayi grama
14. Hittalukoppa
15. Hosalli
16. Hongaru khanda
17. Honnegundi
18. Kalyanapura
19. Kansur
20. Kanalli
21. Kondla
22. Kounsle grama
23. Kavalu koppa
24. Koal sirsi
25. Kavachuru
26. Kalluru
27. Kunsi
28. Kunagi
29. Mannikoppa
30. Muttige
31. Mattihalli
32. Mankodu
33. Petesara
34. Siddapura
35. Sampegodu
36. Shashiguli grama
37. Sunkatti
38. Somidnakoppa
39. Tarsi
40. Vandane grama
### D. YELLAPUR TALUK

<table>
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<tr>
<th></th>
<th>Grama</th>
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<tr>
<td>1.</td>
<td>Balakallu</td>
<td>18.</td>
<td>Kannongeri</td>
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<td>2.</td>
<td>Baligemane</td>
<td>19.</td>
<td>Kanenahalli</td>
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<tr>
<td>5.</td>
<td>Chakkotigrama</td>
<td>22.</td>
<td>Kuchgovalli</td>
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<tr>
<td>6.</td>
<td>Chandagulli</td>
<td>23.</td>
<td>Kinnare garama</td>
</tr>
<tr>
<td>7.</td>
<td>Chowtigrama</td>
<td>24.</td>
<td>Mavinakatte</td>
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<td>8.</td>
<td>Dehalli</td>
<td>25.</td>
<td>Manchikere</td>
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<td>10.</td>
<td>Edugundi</td>
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<td>Tarehalli</td>
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<td>11.</td>
<td>Edehalli</td>
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<td>Taragodu</td>
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<td>12.</td>
<td>Hasanagi</td>
<td>29.</td>
<td>Totagadde</td>
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<td>13.</td>
<td>Hotageri</td>
<td>30.</td>
<td>Tumbebeedu</td>
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<tr>
<td>15.</td>
<td>Jadigadde</td>
<td>32.</td>
<td>Uthkanda</td>
</tr>
<tr>
<td>16.</td>
<td>Kabinagadde</td>
<td>33.</td>
<td>Yellapura</td>
</tr>
</tbody>
</table>
E. MADIKERI TALUK

1. Ajjimutta
2. Appangala
3. Badaga grama
4. Balamuri grama
5. Benguru
6. Bettageri
7. Bagamandala
8. Chettimane
9. Cheramballi
10. Cherangala
11. Hebbinivalvadi
12. Hakatturu
13. Hoykola
14. Hulithala
15. Ivatokkalu
16. Kodeturu
17. Katakeri
18. Kanadabane
19. Kanaburu
20. Kakabbe
21. Kaggodlu
22. Kattemadu
23. Kalluru
24. Kopatti
25. Kolagadalu
26. Kadaugadalu
27. Karamad
28. Kunjala
29. Madakeri
30. Mannangeri
31. Madenahalli
32. Maragodu
33. Moornadu
34. Muttaarmedi
35. Moggalu
36. Napoklu
37. Nidugani
38. Siddapur
39. Parane
40. Tannimani
41. Taluru
42. Yaravanadu
F. SOMAVARPET TALUK

1. Abburukatte  
2. Abimatta grama  
3. Aluvara  
4. Basavanattur  
5. Baijanahalli  
6. Bsettadahalli  
7. Bedagutti  
8. Bettagalale  
9. Bajegundi  
10. Chikkabetageri  
11. Chowdlu  
12. Doddeturu  
13. Doddamala grama  
14. Doddabburu  
15. Doddahanagodu  
16. Garvale  
17. Ganaguru  
18. Gowdalli  
19. Gonimarur  
20. Gummankolli  
21. Gudlur  
22. Honagal  
23. Hemmanagadde  
24. Haraga  
25. Hosabeedu  
26. Honagodu  
27. Ikuru  
28. Iduru  
29. Kalkanduru  
30. Kankallibana  
31. Karekoppa  
32. Kalluru  
33. Kusuburu  
34. Kusuburu  
35. Kikkarahalli  
36. Koodigi  
37. Kodagarahalli  
38. Maruru  
39. Madapatna  
40. Madravalli  
41. Mullusoge  
42. Nanjarayapatna  
43. Nerugalale  
44. Siddapura  
45. Shuntikoppa  
46. Shiraholalu  
47. Shanthahalli  
48. Siddalingapura  
49. Somavarpet  
50. Torenuru  
51. Talatarashettalli  
52. Tholuru shettalli  
53. Tannirhalli  
54. Tannirala  
55. Takkeri  
56. Yeduru
APPENDIX - D

List of common games and sports with their local names.

<table>
<thead>
<tr>
<th>Major Games</th>
<th>Minor Games</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Athletic</td>
<td>26. Breaking the coconut</td>
</tr>
<tr>
<td>2. Badminton.</td>
<td>27. Chowkabara(Chavanga)</td>
</tr>
<tr>
<td>3. Ball Badminton</td>
<td>28. Chinnemane</td>
</tr>
<tr>
<td>4. Billiards</td>
<td>29. Cowrie(Kavade)</td>
</tr>
<tr>
<td>5. Basketball</td>
<td>30. Etthata(Anekallu)</td>
</tr>
<tr>
<td>6. Carom</td>
<td>31. Ethgallu(Jappe)</td>
</tr>
<tr>
<td>7. Chess</td>
<td>32. Jokali</td>
</tr>
<tr>
<td>8. Cards (Ispete)</td>
<td>33. Keredhada</td>
</tr>
<tr>
<td>9. Cricket</td>
<td>34. Limping(Kuntapille)</td>
</tr>
<tr>
<td>10. Football</td>
<td>35. Lemon and Spoon race</td>
</tr>
<tr>
<td>11. Golf</td>
<td>36. Lagori</td>
</tr>
<tr>
<td>12. Handball</td>
<td>37. Hide and Seek</td>
</tr>
<tr>
<td>13. Hockey</td>
<td>38. Chinnidandu(Anikolu)</td>
</tr>
<tr>
<td>15. Kabaddi</td>
<td>40. Slow cycle race</td>
</tr>
<tr>
<td>16. Karate</td>
<td>41. Skipping (Hagga jigitha)</td>
</tr>
<tr>
<td>17. Kho-Kho</td>
<td>42. Top(Bhuguri)</td>
</tr>
<tr>
<td>18. Snooker</td>
<td>43. Tug of War</td>
</tr>
<tr>
<td>19. Table Tennis</td>
<td>44. Kuntata</td>
</tr>
<tr>
<td>20. Tennis</td>
<td></td>
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<tr>
<td>21. Tennicoit(Ring)</td>
<td></td>
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<td>22. Throw ball</td>
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<tr>
<td>23. Volleyball</td>
<td></td>
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<tr>
<td>24. Weight lifting and power lifting</td>
<td></td>
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<tr>
<td>25. Wrestling (Kusti)</td>
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</tr>
</tbody>
</table>
Glossary Explanation.

**Chowkabara** - A Game played by two or four persons using the tamarind seeds on a diagram.

**Chinnemane** - A Game played from the very ancient time either in pairs or individually with a wooden instrument of fourteen hollows and seeds.

**Chinnidandu** - A Game similar to cricket played in rural areas.

**Jappe** - Another type of limping game using a diagram and a piece of Flat stone.

**Lagori** - A Flock game where in a ball is thrown Forcibly at an object when a ball hits the object the cry (Lagori) is shouted.
APPENDIX - E

Observation Chart

1. Education.
2. School studies.
3. Family background
4. Economics status
5. Residents environment
6. peer group
7. Behavior
8. Response
9. Sports activities/achievements
10. Interest
11. Aims
12. Influence of sports on the respondents
13. Opinion about sports of the respondents
14. Personality
APPENDIX – F

ACTION PHOTOS

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FIG.3  Action Photo of Marathon Race - Related to Ascetic Reason
FIG.4  Action Photo of Skating - Related to Aesthetic Reason
FIG.5  Action Photo of Boxing - Related to Catharsis Reason
FIG.6  Action Photo of Surfing - Related to Vertigo Reason.
FIG.7  Action Photo of women playing Tennicoit at Sagar.
FIG.8  A view of Physical fitness exercise after Jogging at the
       Backdrop of Raja Seat, Mercara.
FIG.9  Volleyball practice by the college girls in Mercara.
FIG.10 An International player doing her best in Bench Press event.
FIG.11 Action photo of power lifting-Dead Lift Event of an International
       Sports women.
FIG.12 An International player in Squat Event.
FIG.13 SAI students in Gymnasium doing various physical fitness
       Exercise.
FIG.14 An Overview of family hockey tournament of Kodava family
       in Garagandur, Mercara Taluk.
FIG.15 An overview of family cricket tournament of Kodava family
       in Napoklu, Mercara Taluk.
FIG.16 An view of Wet-Mud Events field at Muttarmudi, Mercara
       Taluk.
FIG.17 A view of players who played wet-mud volleyball at
       Mavinakatte.
FIG.18  Action photo of wet-mud running race held at Mavinakatte Yellapur Taluk.
FIG.19  A Team of Physically Handicapped Cricket players.
FIG.20  Researcher with the respondents of SAI Hockey players Mercara
FIG.21  Researcher interview with the respondent for primary data Collection in Mercara,