HYPOTHESES

Based on the review of literature, the following hypotheses were proposed:-

A. **Interpersonal Forgiveness, Spiritual Well Being and Religiosity**
   1. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Religious Commitment, Religious Well Being, Existential Well Being and Spiritual Well Being among both male and female adolescents.

B. **Interpersonal Forgiveness and Positive Mental States**
   2. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Happiness, Optimism, Gratitude, Hope and its components viz Pathways and Agency among both male and female adolescents.

C. **Interpersonal Forgiveness, Subjective Well Being and Psychological Well Being**
   3. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Subjective Well Being and its components viz Positive Affect and Satisfaction With Life and negatively related with Negative Affect among both male and female adolescents.

   4. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Psychological Well Being and its components viz Autonomy, Personal Relations with Others, Self-Acceptance, Environmental Mastery, Purpose in Life and Personal Growth among both male and female adolescents.
D. Interpersonal Forgiveness and Health

5. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Perceived Health Status and Mental Health and its components viz Being Comfortable with Self, Being Comfortable with Others and Perceived Ability to Meet Life Demands among both male and female adolescents.

E. Interpersonal Forgiveness and Personality

6. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be positively related with Extraversion, and negatively related with Psychoticism and Neuroticism dimensions of EPQ, among both male and female adolescents.

F. Interpersonal Forgiveness, and Negative Mental States viz Anger Experience and Anger Expression styles

7. Both State (Enright Forgiveness Score) and Trait (Heartland Forgiveness Score) Forgiveness measures and their components were expected to be negatively related with Anger experienced (State and Trait anger), Anger-In and Anger-Out dimensions of Anger Expression styles among both male and female adolescents. In view of paucity of research, no definite relationship was proposed between Forgiveness and Anger-Control.

G. Gender Differences

8. It was expected that Gender Differences would emerge on all the measured variables. However, in view of paucity of research no direction is being specified.