

Interview schedule for suicide attempters

Personal data

- 1.1. Name :
- 1.2. Age :
- 1.3. Sex : Male / Female
- 1.4. Caste : Forward/ Backward/ Schedule
- 1.5. Religion : Hindu/ Christian/ Muslim
- 1.6. Education : Illiterate/ Primary/ Secondary/ High School/
Undergraduate/ Graduate/ Post graduate/
Professional/ Others
- 1.7. Marital status : Single/Married/Widowed/Separated/ divorced
- 1.8. What was the age of marriage-?
- 1.9. Occupation :
- 1.10. Family income :
- 1.11. Place of residence : Rural/ Urban
- 1.12. Type of family : Nuclear/ Extended/ Joint
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- 2.1. With whom do you like to spend your childhood days?
Father/mother/sister/brother/teacher/Playmates/relatives/neighbors/others/self
- 2.2. From whom you got enough appreciation for your achievements?
Father/mother/sister/brother/teacher/Playmates/relatives/neighbours/others/self
- 2.3. During your schooling how was your achievements in curricular activities?
Very good/Good/Average/Poor
- 2.4. During your schooling how was your participation in co curricular activities?
Very good/Good/Average/Poor
- 2.5. How was your fathers approach towards you?
- Strict - Great extent/Some extent/Not at all
 - Aggressive - Great extent/Some extent/Not at all
 - Authoritarian - Great extent/Some extent/Not at all

- Irresponsible - Great extent/Some extent/Not at all

Explain reason for this behaviour-

- Understanding- Great extent/Some extent/Not at all
- Promoting - Great extent/some extent/Not at all
- Considerate - Great extent/Some extent/Not at all
- Friendly - Great extent/Some extent/Not at all
- Sharing - Great extent/Some extent/Not at all

2.6. How was your mother's treatment towards you?

- Strict - Great extent/Some extent/Not at all
- Aggressive - Great extent/Some extent/Not at all
- Authoritarian - Great extent/Some extent/Not at all
- Irresponsible - Great extent/Some extent/Not at all

Explain reason for this behaviour-

- Understanding- Great extent/Some extent/Not at all
- Promoting - Great extent/some extent/Not at all
- Considerate - Great extent/Some extent/Not at all
- Friendly - Great extent/Some extent/Not at all
- Sharing - Great extent/Some extent/Not at all

2.7. How was your siblings' treatment towards you?

- Strict - Great extent/Some extent/Not at all
- Aggressive - Great extent/Some extent/Not at all
- Authoritarian - Great extent/Some extent/Not at all
- Irresponsible - Great extent/Some extent/Not at all

Explain reason for this behavior-

- Understanding- Great extent/Some extent/Not at all
- Promoting - Great extent/some extent/Not at all
- Considerate - Great extent/Some extent/Not at all
- Friendly - Great extent/Some extent/Not at all
- Sharing - Great extent/Some extent/Not at all

2.8. Did your father have any bad habits such as

- Drinking-Daily/Occasionally/Not at all
- Smoking--Daily/ Occasionally/Not at all
- Gambling-Daily/ Occasionally/Not at all
- Quarrelling-Without reason/with reason/not at all

2.9. Did such habits of your father disturb your family relations –
Great extent/ some extent/Not at all

2.10. Could you satisfy your needs in the family such as

- Love - Great extent/some extent/Not at all
- Care - Great extent/Some extent/Not at all
- Affection - Great extent/Some extent/Not at all
- Security - Great extent/Some extent/Not at all
- Freedom - Great extent/Some extent/Not at all
- Acceptance - Great extent/Some extent/Not at all

3.1. Was this attempt planned? Yes/no

If yes give details-

3.2. What method did you use?

Drug poisoning/hanging/odulom/ Consuming furidan /sleeping pills/others

3.3. Have you attempted for suicide earlier? Yes/No

If yes give details

3.4. Has any other member in your family attempted or committed suicide- yes/no

If yes relationship between you and suicidee-

3.5. Did you give any suicidal warning or notes-Yes/no?

3.6. Who is the head of your family? Self/ father/mother/husband/wife/children/others

3.7. Who takes decision in the family?

Self/ father/mother/husband/wife/children/others

3.8. Do you think family is burden to you? Some extent/great extent/not at all

3.9. Do you feel you are burden to your family? Some extent/great extent/not at all

3.10. The person with whom you like to share your dreams/ambitions?

Family members/friends/peers/teachers/others/Self

- 3.11. The person with whom you like to share secrets in your life
Family members/friends/peers/teachers/others/Self
- 3.12. The person with whom you like to spend the precious moments in your life
Family members/friends/peers/teachers/others/Self
- 3.13. The person with whom you wish to travel with
Family members/friends/peers/teachers/others/Self
- 3.14. The person with whom you wish to go for shopping?
Family members/friends/peers/teachers/others/Self
- 3.15. The person you wish to go with for ceremonious.
Family members/friends/peers/teachers/others/Self
- 3.16. The person with whom you wish to go to worship places.
Family members/friends/peers/teachers/others/Self
- 3.17. When you are in a crisis the person you wish to approach first?
Family members/friends/peers/teachers/others/Self
- 3.18. When you are alone, with whom you like to spend time?
Family members/friends/peers/teachers/others/Self
- 3.19. You think, the person those who can wipe out your tears.
Family members/friends/peers/teachers/others/Self
- 3.20. Do you/your husband have any habits such as:
- Drinking-Daily/Occasionally/Not at all
When did it start?
 - Smoking--Daily/ Occasionally/Not at all
When did it start?
 - Gambling-Daily/ Occasionally/Not at all
Is it still practicing?
 - Quarrelling-Without reason/with reason/not at all
Explain reason for quarrelling
- 3.21. Has he any special reason for beginning these habits? Yes/no
If yes give details-
- 3.22. Did your husband's/your habits affect your family relationship?
Very much affected /slightly affected/not affected

- 3.23. Did you feel you are all alone in your life? Great extent/some extent/not at all
- 3.24. Do you feel hopelessness in your life? Great extent/some extent/not at all
- 3.25. Do you feel helplessness in your life? Great extent/some extent/not at all
- 3.26. Do you feel frustrated due to unemployment? Great extent/some extent/not at all
- 3.27. Are you a victim of sexual harassment/rape? Yes/no
- 3.28. Did you face any of the following experience with in six month before the suicide? Yes/No

If yes, how did it affect you?

- Sudden death of the family member- Affected/slightly affected/Not affected
- Separation of beloved one- Affected/slightly affected/Not affected
- Quarrels within the family- Affected/slightly affected/Not affected

If affected quarrels between whom-

- Problem with spouse- Affected/slightly affected/Not affected
- Sexual harassment- Affected/slightly affected/Not affected
- Failure in examination- Affected/slightly affected/Not affected
- Failure in love- Affected/slightly affected/Not affected
- Losses in money or debts- Affected/slightly affected/Not affected

State your opinion on the following statements

3.29. Religion can bring behaviour modification.

10 8 6 4 2

Very much/Often/Sometimes/Rarely/Never

3.30. Religion can strengthen your personal relations.

Very much/Often/Sometimes/Rarely/Never

3.31. Faith in God can solve the problems in your daily life.

Very much/Often/Sometimes/Rarely/Never

3.32. Religion is leisure to the people.

Very much/Often/Sometimes/Rarely/Never

3.33. Religion holds the people together.

Very much/Often/Sometimes/Rarely/Never

- 3.34. Religious involvement is an outlet for the unwanted thoughts.
Very much/Often/Sometimes/Rarely/Never
- 3.35. Religion will give an opportunity for the people to communicate with God.
Very much/Often/Sometimes/Rarely/Never
- 3.36. Division in the religious faith is the cause for suicide
Very much/Often/Sometimes/Rarely/Never
2 4 6 8 10
- 3.37. Problems with religious institution is the cause for suicide
Very much/Often/Sometimes/Rarely/Never
- 3.38. Debarring from religious institution is the cause for suicide
Very much/Often/Sometimes/Rarely/Never
- 3.39. Your daily income is adequate to meet your daily needs
- 3.40. You are able to meet the educational needs of your children
Great extent/some extent/not all
- 3.41. You can meet the dressing needs of your children
Great extent/some extent/not all
- 3.42. Your income is able to provide adequate food in the family
Great extent/some extent/not all
- 3.43. Your income is able to meet the health needs of your family
Great extent/some extent/not all
- 3.44. Did you face any type of business failure- Great extent/some extent/not all
- 3.45. Did you suffer with failure in agricultural crops? Great extent/some extent/not all
- 3.46. Did you spend a lot of money for health of yourself family members?
Great extent/some extent/not all
- 3.47. Do you have to spend a lot of money for the marriage of your daughter?
Great extent/some extent/not all
- 3.48. Did you take loan from bank or private institution Yes/No
If yes, purpose of taking loan
- For building house? Yes/No
 - For the maintenance of home? Yes/No
 - For buying home appliances? Yes/No

- If yes specify the item-
- For beginning business? Yes/No
- For agricultural purpose? Yes/No
- For the marriage of your daughter? Yes/No
- For education of your children? Yes/No

3.49. Could you return this money? Great extent/some extent/not at all

3.50. You feel you are in a trouble or sad mood.

0 1 2 3

Never/Rarely/Often/Very much

3.51. I can do my routines easily.

0 1 2 3

Never/Rarely/Often/Very much

3.52. I feel fear without any reason.

0 1 2 3

Never/Rarely/Often/Very much

3.53. I feel my speech is like a type of crying.

0 1 2 3

Never/Rarely/Often/Very much

3.54. I like earlier is still like.

0 1 2 3

Never/Rarely/Often/Very much

3.55. I feel a type of unrest.

0 1 2 3

Never/Rarely/Often/Very much

3.56. I can sleep without sleeping pills.

0 1 2 3

Never/Rarely/Often/Very much

3.57. When I leave home I am highly anxious.

0 1 2 3

Never/Rarely/Often/Very much

3.58. Now I am interested in nothing.

0 1 2 3

Never/Rarely/Often/Very much

3.59. I feel fatigue without any reason.

0 1 2 3

Never/Rarely/Often/Very much

3.60. I become angry unnaturally.

0 1 2 3

Never/Rarely/Often/Very much

3.61. I woke up early and sleep well at night.

0 1 2 3

Never/Rarely/Often/Very much

(If the score is $15 \geq$ the patient is depressed and need for treatment and >14 the person is not depressed)

Social support scale

1. Nobody bothered about what will happen to me.

Great extent/some extent/rarely/not at all

2. I feel, I am honored. Great extent/some extent/rarely/not at all

3. I think everybody listen to me, what I say.

Great extent/some extent/rarely/not at all

4. People help me beyond what they can.

Great extent/some extent/rarely/not at all

5. I face difficulty to find real friends.

Great extent/some extent/rarely/not at all

6. I wish, it may be better if there was someone dear to me more likely to understand me.

Great extent/some extent/rarely/not at all

7. It is better, to speak with elders and superiors what they wish to hear.

Great extent/some extent/rarely/not at all

8. When I fail to solve problems there was somebody to give proper attention to me. Great extent/some extent/rarely/not at all
9. My colleagues and family members always help me.
Great extent/some extent/rarely/not at all
10. As myself I can't find anybody who are holding values in life.
Great extent/some extent/rarely/not at all
11. My superiors, elders and family members accept all good things which I have done.
Great extent/some extent/rarely/not at all
12. Nobody makes fun of me both at home and in the working place.
Great extent/some extent/rarely/not at all
13. It is difficult to find out one whom I can believe in life.
Great extent/some extent/rarely/not at all
14. I didn't have any relation which is dependable in life.
Great extent/some extent/rarely/not at all
15. I am much relaxed ,when I share my problem with others.
16. I felt there is not enough time to enjoy life.
17. I feel isolation among my friends.
18. I didn't get appreciation ,when I do something for others.

Interview schedule for family members of suicidee

Personal data of victim

1. Age of the victim -
2. Sex of the victim - Male/Female
3. Occupation of the victim - employed / Self-employed /un employed/ Coolie / Private
Employed / Quasi Government / House wife / student / others
4. Marital status of the victim -Single/Married/Widowed/Separated/ divorced
5. Role of victim in family -Head of the family/Bread winner/dependent
6. Name of the respondent -
7. Age of respondent -
8. Sex of respondent -Male/Female
9. Caste of respondent -Forward/Backward/Schedule
10. Religion of respondent -Hindu/Christain/Muslim
11. .Education of respondent - illiterate/Primary/Secondary/Undergraduate/
Graduate/Post graduate/Professional/Others
12. .Marital status of respondent -Single/Married/Widowed/Separated/ divorced
13. Occupation of respondent - employed / Self-employed /un employed/ Coolie / Private
Employed / Quasi Government / House wife / student / others
14. Family income of respondent -below2000/2000-3000/3000-4000/4000-5000/5000&above
15. .Place of residence of respondent -Rural/Urban
16. .Type of family of respondent -Nuclear/Extented/Joint

17. Relation between victim and you - Father/Mother/Husband/Wife/Son/Daughter/Others
18. Duration of relationship -
19. How often you visit religious institution after this incident? Same as earlier/it has increased/it has decreased
20. How is your participation in religious functions after this incident?
Same as earlier/it has increased/it has decreased
21. Do the religious leaders visit you after this incident? Yes/No
family disrupted by gossiping, face disruption in personal relations, disruption in daily routine
feel emptiness as a whole, feel fear, insomnia insecurity, shock, affect in taking decision over
small matters, upbringing your children, educating your children, people looking down up on
them
If yes is it? Same as earlier/it has increased/it has decreased
22. Is their visit help you to recovering from this incident? Great extent/some extent/not all
23. How is the treat of religious institution towards you?
Sympathetic viewing/giving courage/no special treat
24. Did the family disrupted by gossiping or rumors? Great extent/some extent/not all
25. Did your family face disruption in personal relations after this incident?
Great extent/some extent/not all
26. Did your family facing disruption in daily routine? Great extent/some extent/not all
27. Did the family feel emptiness as a whole? Great extent/some extent/not all

28. Do you feel fear about this incident? Great extent/some extent/not all
29. Did you face insomnia after this incident? Great extent/some extent/not all
30. Did you feel insecurity after this incident? Great extent/some extent/not all
31. Did feel shock due to this incident? Great extent/some extent/not all
32. Is this incident affect in taking decision over small matters? very much affected/slightly affected/not affected
33. Is this incident affecting in upbringing your children? very much affected/slightly affected/not affected
34. Is this incident affect in educating your children? very much affected/slightly affected/not affected
35. Is this incident-affected daily expense of your home? very much affected/slightly affected/not affected
36. Is this incident affected in settling marriage of children or other family members? very much affected/slightly affected/not affected
37. .Do you think people suspiciously looking at you after this incident? Great extent/some extent/not all
38. .Did you face rejection from the people? Great extent/some extent/not all
39. .Did you face humiliation from the people? Great extent/some extent/not all
40. .Do you think people are reluctant to mingle with you? Great extent/some extent/not all
41. .Do you feel people looking down up on you? Great extent/some extent/not all
42. .Do the people blaming you for the incident? Great extent/some extent/not all

43. .Do you feel people are sympathetically looking of you? Great extent/some extent/not all

44. What is your opinion regarding family status after he/she is committing suicide?

Highly degraded /Degraded/slightly degraded/Not degraded

45. Can you agree Suicide may occur anywhere at anytime? Strongly agree / Agree/Partially

agree/disagree

46. Do you think healthy family atmosphere can reduce occurrence of suicide at great extent? Strongly

agree / Agree/Partially agree/disagree

47. .After this incident do you fear about suicide? Always/sometimes/rarely/ never

48. Suicide makes bitter experience in your life? Strongly agree / Agree/Partially agree/disagree

49. .Introvert behaviour of the suicidee is major reason for becoming the situation critical?

Strongly agree / Agree/Partially agree/disagree

50. Suicide is not a solution to all problems in life? Strongly agree / Agree/Partially agree/disagree

51. In depth faith in god helps to face complexities and problems in life?

Strongly agree / Agree/Partially agree/disagree

52. Do you think mental health of the person is important than family and societal environment?

Strongly agree / Agree/Partially agree/disagree

53. .Do you think nuclear family system one of the reasons for this tragedy?

Strongly agree / Agree/Partially agree/disagree