CHAPTER-III
PROCEDURE

In this chapter, the design of the study, collection of data and procedure for interpretation of data/information has been described.

Design of the Study:

A case study has been designed to investigate the contribution and achievements of the Akharas of Punjab in the promotion of wrestling in India.

Sample:

Non probability sampling technique namely, purposive technique was employed for collection of data/information for this study. In this way, thirty four wrestling Akharas of Punjab were taken to gather the required information.

Tools:

A tool for Akhara Appraisal has been constructed with the help of experts and existing literature. The tool consisted of following six sections:

1. Profile of the Akhara
2. Akhara’s Budget
3. Sports Infrastructure
4. Incentives/Honors/Awards
5. Sports Programme/Training Programme
6. Sports Achievements

The tool was mailed to many eminent wrestlers, coaches and physical educationists stating the purpose of the study and soliciting their opinions/responses on the prescribed format of the tool. To aid the responses, a self-addressed and stamped envelope was enclosed along with the tool. After follow up through written reminders and telephonically/ verbal persuasions, 47 responses were received in total. Valuable and constructive suggestions were inserted in the tool to give it the final form.
Collection of Data/Information:

After preparing a structural tool with proper planning, the investigator personally visited thirty four wrestling Akharas of Punjab to get this tool filled. During this scheduled visit, the investigator established a friendly and secure relationship with the Head of the Akharas and coaches of the Akharas. The purpose of the study was clearly explained to them and their cooperation was solicited for accurate information. Thus the tool for akhara appraisal was given to the personnel/promoter/administrator of thirty four Akharas of Punjab by the investigator personally. It was assumed that the respondents had given truth information. Apart from Akhara Appraisal Tool, researcher also collected required information from different following primary and secondary sources.

PRIMARY SOURCES:

Interview

Investigator personally contacted the eminent personalities connected with wrestling i.e. coaches, wrestlers, administrators and promoters. Researcher conveyed them the purpose of the study and convinced them to share their experiences. The focus of interviews around was mainly facilities, infrastructure, training schedule, incentives and achievement of these wrestling Akharas of Punjab.

The Interview Schedule:

The investigator prepared a set of questions with proper planning and thought. Questions were arranged in a proper sequence to get all the required information. The investigator managed the conversation so that all the required information was collected.

Interview was conducted with 60 prominent wrestlers, coaches, and promoters to get more information about the wrestling Akhara.

Pictorial Records:-

During interviews pictorial records of Akharas were also investigated. Some of the photographs relevant to the Akhara and wrestlers were collected
and were chosen as documents for this study and inserted in the text body of chapter IV.

**Published Material:**

Published Material, Pamphlets, magazines were studied and relevant information collected from Akharas was used for completing this research work.

**SECONDARY SOURCES**

Information related with research work was also collected from secondary sources i.e. newspaper articles and books related with wrestling akharas.

**ANALYSIS OF DATA/INFORMATION:**

The data/information collected through the tool for Akhara appraisals was analyzed quantitatively and descriptive statistics were used and percentage was worked out for interpretation. Information collected through different primary and secondary sources was facilitated through the use of internal and external criticism.