

LIST OF FIGURES

Graph No.	Title	Page No.
1.1	Holistic Health Triangle.	05
1.2	Athletic Intelligence Quotient (AIQ) Test Construct.	34
1.3	Physiology of Brain	41
3.1	Sampling Design.	104
1.	Mean Difference of Health Status in Females.	114
2.	Mean Difference of Health Status in Males.	115
3.	Mean Difference of Health Status in sports persons female and sports persons male.	116
4.	Mean Difference of Health Status in non-sports persons female and non-sports persons male.	1117
5.	Mean Difference of Attitude Towards Physical Activity in Females.	119
6.	Mean Difference of Attitude Towards Physical Activity in Males.	120
7.	Mean Difference of Attitude Towards Physical Activity in sports persons female and sports persons male.	121
8.	Mean Difference of Attitude Towards Physical Activity non-sports persons female and non-sports persons male.	122
9.	Mean Difference of Intelligence in Females.	214
10.	Mean Difference of Intelligence in Males.	125
11.	Mean Difference of Intelligence in sports persons female and sports persons male.	126
12.	Mean Difference of Intelligence non-sports persons female and non-sports persons male.	127
13.	Mean Difference of Academic Consistency in Females.	129
14.	Mean Difference of Academic Consistency in Males.	130
15.	Mean Difference of Academic Consistency in sports persons female and sports persons male.	131
16.	Mean Difference of Academic Consistency in non-sports persons female and non-sports persons male.	132