BIBLIOGRAPHY

BOOKS


**JOURNALS**


Cutts, N.E., and Moseky, N. (1948) Mental Health is no mystery, National Education Association Journal, 37, P.525

Florian, V., Mikulincer, M., & Taubman, O. (1995) – Does hardiness contribute to Mental Health during a stressful real-life situation? The roles of appraisal and copying Journal of personality & social psychology, 68(4), 687-95


Fulterton, Carol S., Ursano, Roberts., and Wetzler, Harry P. (1989) Birth Order, psychological well being and social supports in Young Adults. Journal of Nervous and mental disease, 177(9), (556-559)

Fromm, E.(1959). In the student and Mental Health. Ed. By D.J.Funkenstein, London; World Federation of Mental Health


Maddi, Salvatore R. & Khoshaba, Deborah (1994). Hardiness and Mental Health Journal of Personality Assessment 63(2) 265-274


**Websites**

www.cmha.ca/highschool/english.htm

www.studentmentalhealth.org.uk

www.osmhn.org.uk

www.youngminds.org.uk

allpsycn.com/journal

www.capmh.com/content/4/1/10

www.scimagojr.com/journalsearch

www.stopstigma.samhsa.gov

www.muslimmentalhealth.com

www.sciencedaily.com/articles/health

www.ijmhs.com

www.academon.com

www.galaxy.com/dir23211

www.nacada.ksu.edu