APPENDIX G

Cheek and Buss Shyness Scale

Instructions: Please read each item carefully and decide to what extent it is characteristic of the nature of your interaction with other people. Tick the box next to each item by choosing a response from the key shown below.

Key: SA: Strongly Agree A: Agree N: Neither Agree, nor Disagree D: Disagree SD: Strongly Disagree

1. I feel tensed when I am not with people I don’t know well. □ □ □ □ □
2. I am socially somewhat awkward. □ □ □ □ □
*3. I do not find it difficult to ask people for information. □ □ □ □ □
4. I am often uncomfortable at parties and other social functions. □ □ □ □ □
5. When in a group of people I have trouble thinking of the right things to talk about. □ □ □ □ □
*6. It does not take me long to overcome my shyness in a new situation. □ □ □ □ □
7. It is hard for me to act natural when I am meeting new people. □ □ □ □ □
8. I feel nervous when speaking to someone in authority. □ □ □ □ □
*9. I have no doubts about my social competence. □ □ □ □ □
10. I have trouble looking someone right in the eye. □ □ □ □ □
11. I feel inhibited in social situations. □ □ □ □ □
*12. I do not find it hard to talk to strangers. □ □ □ □ □
13. I am more shy with members of the opposite sex. □ □ □ □ □
14. During conversations with new acquaintances I worry about saying something dumb. □ □ □ □ □

Note: All items were scored on a 5 point Likert scale where 1 = Strongly disagree and 5 = Strongly agree. Items marked with (*) are reverse coded.

xiv
search Paper

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Dear Poojaji

Your research paper, which you had submitted for publication in our journal MANTHAN, has been published in our June issue 2013.

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