Chapter-III

PROBLEM AND HYPOTHESES

As the literature review in the previous chapter has showed that there is lack of research in the area of attitude, personality for better performance of wrestlers in relation to their social-economic status. Keeping in this in mind following problem was made:

“Comparison of attitude towards sports, personality and socio-economic status of performer and non-performer wrestlers of Haryana”.

OBJECTIVES OF THE STUDY

The objectives of the present research are as follows:

1. To study the role of socio-economic status of attitude towards better sports performance of wrestlers of Haryana.

2. To study the role of socio-economic status on sports personality towards better performance of wrestlers of Haryana.

3. To study the relationship between attitude and sports personality belonging to three socio-economic groups of wrestlers of Haryana.

HYPOTHESES OF THE STUDY:

To achieve the above objectives following hypotheses were formulated:

1. There would be no significant difference in the attitude among the wrestlers of Haryana belonging to various socio-economic status groups.
2. There would be no significant difference in the sports personality among the wrestlers of Haryana belonging to various socio-economic status groups.

3. There would be no significant relationship between attitude and sports personality of wrestlers of Haryana belonging to the various socio-economic status groups.

SIGNIFICANCE OF THE STUDY

Significance of the study is to promote wrestling programme in particular. The attitude and psychology are inter-related variables. They are directly or indirectly affected by the socio-economic status of the wrestlers. In general, most of our educational institutions are without play-grounds or without reasonable size of play-grounds. Wrestling is a sport where no big ground or field is required. A small of open field or ground can be made is wrestling field. The findings of the study may be a great interest for all sports lovers of the nation.

APPLICATIONS OF THE RESEARCH

1. The findings of the study may help the physical education teachers, coaches and trainers to utilize the attitude in psychological training to bring out the desired changes in performance and ability of the wrestlers.

2. The study may help in all round development of wrestlers by channelizing their attitude and interest towards right goals.

3. The findings of this study may help to select the right candidates for participating at different level of wrestling by taking the psychological factor into considering during their selection in addition to their physical performance abilities.
4. The study may also help the wrestlers to learn technical and tactical training to get better performance.

5. The study may also help in a small way to professional literature on sports coaching in India.

**DELIMITATION OF THE STUDY:**

1. The study will be delimited to the wrestlers of Haryana

2. The study will be delimited to the free style wrestlers of Haryana State only.

3. The study will be delimited to the above variables only.

4. The study will be delimited to boys wrestlers only.

**DEFINITIONS OF THE TERMS USED:**

**ATTITUDE:**

According to Brit (1985) an attitude is a mental and natural state of readiness exerting direct or dynamic influence upon the individuals response to all objects and situations which it is related.

**PERSONALITY:**

Personality is made up of the characteristic patterns of thoughts, feelings, and behaviors that make a person unique. In addition to this, personality arises from within the individual and remains fairly consistent throughout life.
SOCIO-ECONOMIC STATUS:

Socio-Economic Status in terms of primary education and characteristics is determined through vacations, income and wealth, time and its location, education activities, caste, possession of consumer articles etc.