APPENDIX

Interview Schedule I

EXPERIENCING ADOLESCENCE: A STUDY OF PERCEPTIONS OF ADOLESCENTS, PARENTS AND TEACHERS IN CHANDIGARH

1. Personal Background:
   1.1 School:
   1.2 Class: VIII, IX, XI, XII
   1.3 Sex: M/F
   1.4 D.O.B.:
   1.5 Religion: Hindu/Muslim/Sikh/Christian/any other

2. Family Composition:

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Relation with Respondent</th>
<th>Age</th>
<th>Educational Qualification</th>
<th>Occupation</th>
<th>Income (P.M.)</th>
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2.1 Family Assets
2.1.1 Res. House:
Details____________________________________________________
2.1.2 Commercial Property: Details____________________________
(Shops etc.)
2.1.3 Agricultural Land:_______________________________________
2.1.4 Any other:_____________________________________________
(Live Stock etc.)
2.1.5 Total family income (P.M.):_____________________________

3. Problems faced by Adolescents
3.1 Academic Problems
3.1.1 Academic Performance
Last 3 years: _____ % _____ % _____ %
3.1.2 How do you rate yourself academically?
   a) Above average   b) Average student
   c) Below average
3.1.3 How do you think you are rated by teachers?
   a) Excellent student   b) An average student
   c) A careless student d) Below average

3.1.4 Are you ever compared with others as a student?
   a) Yes   b) No
   If yes, by whom?
   Parents/Teachers/Others

3.1.5 How do you feel on being compared?
   ......................................................................................................................................
   ......................................................................................................................................

3.1.6 Do you think such a comparison
   a) Helps you   b) Discourages you
   c) Has no effect on you

3.1.7 What is your experience in the School?
   a) You enjoy your school/studies   b) You hate the school/studies
   c) You have never thought about it

3.1.8 How many times you do not feel like going to school?
   Very frequently/ sometimes/ rarely/ never

3.1.9 How often do you bunk your school without parents’ knowledge?
   Very frequently/ sometimes/ rarely/ never

3.1.10 What type of relation do you enjoy with your teachers?
   Very good/ O.K./ Bad/ very bad

3.1.11 Regarding academics, your parents are
   a) Understanding   b) Too demanding
   c) Indifferent d) Any other

3.1.12 In case of not doing well in exams or bad result, your parents would
   a) Console you/ make you comfortable   b) Be indifferent/ not bother
   c) Scold you/punish you d) Any other

3.1.13 Do you have clashes with parents over academic performance?
   If yes, please explain ........................................................................................................
   ......................................................................................................................................
   How do you cope with these?
   ......................................................................................................................................

3.1.14 In case of any problem regarding studies,
   a) You straightway approach your teachers
   b) Do not discuss it with anybody
   c) Share it only with close friend/ friends
   d) Share it with parent/parents
   e) Any other
3.2. Financial Problems

3.2.1 Do you get pocket money?
   a) Yes  b) No
   If no, why?.................................................................

3.2.2 How much pocket money do you get?

3.2.3 Is it enough for you?
   a) Yes  b) No

3.2.4 From whom do you get the money for spending?
   a) Father  b) Mother  c) Both
d) Own income (pl. specify)  e) Any other

3.2.5 Do your parents ask you where would you spend money?
   a) Yes  b) No

3.2.6 Where do you spend the pocket money normally?
   a) Eating.......... Place
   b) Cinema......... Class (which theatre? e.g. Fun Republic)
c) Cosmetics......... which brand?
d) Gambling........... Frequency
e) Drugs/Alcohol........... Place
f) Smoking
g) Cyber Café
h) Mobile
i) Discotheque
j) On friends
k) Any other

3.2.7 Do you get money from parents whenever you ask for?
   a) Yes  b) No  c) Any other
   If no, what do you do?

3.2.8 If you do not get money how do you manage?
   a) Do not bother  b) Borrow, specify, from whom?
   c) Steal  d) Any other means

3.2.9 Do your parents allow you to buy anything you want?
   a) Yes  b) No
   If no, why?............................................................................................

3.2.10 If you had more money where would you like to spend it on?
   1) .................................................................
   2) .................................................................
   3) .................................................................

3.2.11 How much pocket money P.M. should be given by parents?
3.3 Sexual Problems

3.3.1 Do boys and girls sit together in the class?
   a) Yes  b) No
   If no, then Why?.................................................................

3.3.2 How many friends do you have?

3.3.3 Do you have friends of both the sexes?
   a) Yes  b) No
   If no, then Why?...............................................................

3.3.4 Do your parents know that you have friends from opposite sex?
   a) Yes  b) No

3.3.5 Do they like your friendship with opposite sex?
   a) Yes  b) No
   If no, then Why?...............................................................

3.3.6 Do you have boy / girl friend?
   a) Yes  b) No
   If no, do you feel you should have one?
   a) Yes  b) No

3.3.7 Have you ever dated anybody? (Opposite sex)
   a) Yes  b) No
   If yes, how many of boys/girls? ........................................

3.3.8 If your parents come to know, what would be their reaction to it?

3.3.9 Is it prestigious to have a boy / girl friend?
   a) Yes  b) No  c) Any other

3.3.10 Do you think not having a boy / girl friend is derogatory?

3.3.11 Are you fearful about your bodily changes?
   a) Yes  b) No
   If yes, what do you do to overcome it? (e.g. Read magazines, ask friends, any other person?)

3.3.12 With whom do you feel free to discuss your sexual problems and why?
   a) Teacher  b) Parents  c) Friends  d) Any other (specify)

3.4 Cultural problem

3.4.1 Do you think it is important to look modern?
   a) Yes  b) No
   If yes, Why?.................................................................

3.4.2 Does English speaking enhance one’s status?
   a) Yes  b) No
   If yes, How?.................................................................
3.4.3 Do you prefer western dresses to Indian dresses?
   a) For Boys............ Yes/ No
   b) For Girls ............ Yes/ No
   Give reasons:..................................................

3.4.4 Do you approve of restrictions imposed by parents on their children’s dresses?

3.4.5 Which of the following do you like most?
   (Rank them)
   a) Pizzas/ Burgers   b) Dal, Roti / Sabzi
   c) Chinese food     d) South Indian food
   e) Any other

3.4.6 What time do you wake up in the morning?

3.4.7 Do you wake up yourself?
   a) Yes               b) No
   If no, who wakes you up?.....................................

3.4.8 What time do sleep?

3.4.9 Who is your favourite film star and why?
   Male:..............................
   Female:...........................

3.4.10 Who is your role model and why?

3.5 Problems in relation to attitude and parents
3.5.1 What kind of attitude your parents have towards you?

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<tr>
<th></th>
<th>Friendly</th>
<th>Authoritarian</th>
<th>Indifferent</th>
<th>Can’t say</th>
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<tbody>
<tr>
<td>Father</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Mother</td>
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3.5.2 How much time do you spend with parents?

3.5.3 With whom do you like to share your problems?

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<tr>
<th></th>
<th>General problems</th>
<th>Personal problems</th>
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<td>Mother</td>
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<td>Father</td>
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<tr>
<td>Friends</td>
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<tr>
<td>Any other</td>
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3.5.4 Who listen to your problems patiently?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>Mother</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Father</td>
<td></td>
<td></td>
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<tr>
<td>Both the parents</td>
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3.5.5 Do you think your parents discriminate between boys and girls?

a) Yes  b) No
If yes, how? ..................................................
If no, how? ..................................................

3.5.6 Do your parents approve of your friends?

a) Approve all  b) Approve some  c) Indifferent  d) Do not approve

3.5.7 How much freedom do your parents grant you in going around with friends?

a) Complete freedom  b) only with some friends  c) No freedom  d) Any other

3.5.8 How often are you scolded by parents?

a) Never  b) Rarely  c) Daily

3.5.9 What are the common issues over which they scold you?

a) T.V./Computer  b) Eating/Sleeping habits  c) Friends/Not studying  d) Disobeying/Not doing household work  e) Fighting with sibling/Going out without telling  f) Any other

3.5.10 How do you feel when scolded?

a) Feel bad  b) Feel like hitting back  c) No feeling  d) Sorry  e) any other

3.5.11 Do your parents scold you in front of others?

a) Yes  b) No
If yes, how do you feel? (pl. tick)

a) Feel bad/demoralized  b) Feel sorry  c) Feel like hitting back  d) Do not bother  e) Any other

3.5.12 Have you ever gone against the wishes of your parents?

a) Very often  b) Sometimes  c) Never

3.5.13 What do you like the most about your parents?

a) Father  b) Mother

3.5.14 What do you hate the most about your parents?

a) Father  b) Mother
3.5.15 Do your parents encourage you for studies?
   a) Yes  b) No
   If no, why? How do you feel? .................................................................

3.5.16 Do your parents compare your performance with your classmates or friends? If yes, then who?
   a) Father  b) Mother  c) Both  d) Neither

3.5.17 Do you like this kind of behavior of your parents?
   a) Yes  b) No
   If yes, why? ..........................................................................................
   If no, why? .......................................................................................

3.6 Peer group contributing to the problems

3.6.1 What impression do your teachers have about your friends?
   a) Studies  b) Creative and intelligent  c) Naughty
d) Rebellious  e) Any other

3.6.2 What impression do your parents have about your friends?
   a) Studies  b) Creative and intelligent  c) Naughty
d) Rebellious  e) Any other

3.6.3 Do you often feel your friends have:
   a) Better dresses than you Yes/No
   b) Better cosmetics than you Yes/No
c) Better looks than you Yes/No
d) More freedom than you Yes/No
e) More pocket money than you Yes/No
f) Latest electronic gadgets than you Yes/No

3.6.4 What do you normally do when you are with your friends?
   a) Go to markets  b) Tease girls  c) Gossip around
d) Watch T.V./Surf internet  e) Any other

3.6.5 Do your friends pressurize you into doing something unethical?
   a) Having boyfriend/girlfriend  b) Smoking/taking drugs
c) Watching pornographic material  d) For stealing
e) Damaging public property  f) Any other

3.7 Electronic media contributing to the problems

3.7.1 Do you have T.V. at home?
   a) Yes  b) No

3.7.2 What kind of programs do you watch and why?
3.7.3 How much time do you spend watching T.V.?
3.7.4 Do your parents like your habit of watching T.V.?
   a) Yes  b) No
   if no, Why? ..........................................................................................

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3.7.5 Do you have computer at home?
  a) Yes b) No
if no, where do you go for using internet?
  a) Cyber Café b) Friend’s place c) School
d) Computer Institute e) Any other
3.7.6 Do you surf the net?
  a) Yes b) No
if Yes, where?
  a) Home b) Cyber Café c) Friend’s place
3.7.7 For what purpose do you use computer/surf net the most?
3.7.8 How much time do you spend on computers?
3.7.9 Do you often miss your school homework for the sake of computer?
  a) Once b) Sometimes c) Never
3.7.10 Do your parents scold you for spending more time on computer, surfing net?
  a) Yes b) No
If yes, why? .................................................................
3.7.11 Do you feel computers have curtailed your outdoor activities?
  a) Yes b) No
If yes, name the activities which you think have been hit? ...........................................
3.7.12 Do you think your schedule/ or your activities are also affected by this?
  a) Yes b) No
If yes, which activities ...................................................
3.7.13 Suppose there are some guests at your place, and you are watching T.V. or working on
   computers? What will you do?
  a) Keep on watching T.V./ Working on computers b) Switch off the T.V. Computer and attend the guests.
c) Depends who the guest is
3.7.14 Do you think sitting in front of computers for long hour can be a health hazard?
  a) Yes b) No
If yes, are you facing any problem like (pl. tick?)
  a) Poor eye sight/ irritation of eyes b) Back/Neck pain
c) Stress and strain d) Obesity/weight gain
e) Any other
3.7.15 How do you perceive computer
  a) A necessity b) A trouble c) Both necessity and trouble d) Can’t say
4. Coping mechanisms used by adolescents
4.1 If parents do not give you the money then how do you get it?
  a) Borrow from friends/siblings b) Steal at home/ outside
c) Do not bother d) Part time job e) Any other
4.2 What do you do when your parents tell you not to meet a particular friend?
   a) You stop meeting
   b) Continue meeting secretly
   c) Continue meeting openly
   d) Impress parents about friend
   e) Meet sometimes

4.3 When you are very frustrated, what do you do?
   a) Go to a friend/friends and chat
   b) Have alcohol/drugs
   c) Sit alone and cry
   d) Do some retaliatory action to hurt parents
   e) Any other

4.4 When your parents do not allow you to watch T.V. or surf net, then what do you do?
   a) Do not watch T.V. / surf net
   b) Go to friends place and watch T.V. and surf net
   c) Feel depressed
   d) Go against the wishes of your parents
   e) Any other

4.5 When your parents do not listen to your problems what do you do?
   a) Go to friends and discuss
   b) Discuss with brother/ sister
   c) Try to solve themselves
   d) Do not do anything
   e) Sit alone and cry
   f) Pressurize them to listen / get annoyed
   g) Any other