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Sadhvi Kalra
One of the most notable things about human beings that distinguishes them from all other animals is their ability to self-reflect, to form images and ideas of what they like, to ponder important questions about themselves, to seek outcomes that are congenial to their self of self, to exert deliberate control over themselves, and to engage in other acts of selfhood.

-Mark. R. Leary & June Price Tangney: *Handbook of Self and Identity*