## APPENDIX A

### TOTAL POPULATION AND ELDERLY POPULATION IN DISTRICTS OF PUNJAB

<table>
<thead>
<tr>
<th>Districts</th>
<th>60+ Population</th>
<th>Total Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amritsar</td>
<td>272275</td>
<td>3096077</td>
</tr>
<tr>
<td>Bathinda</td>
<td>103052</td>
<td>1183295</td>
</tr>
<tr>
<td>Faridkot</td>
<td>50455</td>
<td>550892</td>
</tr>
<tr>
<td>Fatehgarh Sahib</td>
<td>49318</td>
<td>538041</td>
</tr>
<tr>
<td>Firozpur</td>
<td>138075</td>
<td>1746107</td>
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<tr>
<td>Gurdaspur</td>
<td>201729</td>
<td>2104011</td>
</tr>
<tr>
<td>Hoshiarpur</td>
<td>157582</td>
<td>1480736</td>
</tr>
<tr>
<td>Jalandhar</td>
<td>179638</td>
<td>1962700</td>
</tr>
<tr>
<td>Kapurthala</td>
<td>72215</td>
<td>754521</td>
</tr>
<tr>
<td>Ludhiana</td>
<td>242922</td>
<td>3032831</td>
</tr>
<tr>
<td>Mansa</td>
<td>64060</td>
<td>688758</td>
</tr>
<tr>
<td>Moga</td>
<td>90890</td>
<td>894854</td>
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<tr>
<td>Muktsar</td>
<td>70268</td>
<td>777493</td>
</tr>
<tr>
<td>Nawan Shahr</td>
<td>62967</td>
<td>58468</td>
</tr>
<tr>
<td>Patiala</td>
<td>154073</td>
<td>1844934</td>
</tr>
<tr>
<td>Rupnagar</td>
<td>103926</td>
<td>1116108</td>
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<td>Sangrur</td>
<td>186812</td>
<td>2000173</td>
</tr>
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<td><strong>Punjab</strong></td>
<td><strong>2192000</strong></td>
<td><strong>24289296</strong></td>
</tr>
</tbody>
</table>

Source: Census of India 2001 (Administrative Atlas of Punjab)
APPENDIX B
SOCIO-ECONOMIC AND HEALTH CONDITIONS OF ELDERS (60+) IN URBAN PUNJAB-AN ANALYSIS

Questionnaire

A. PERSONAL INFORMATION

1. Name :
2. Address :
3. Age :
   1. 60-69
   2. 70-79
   3. 80 and above
4. Literacy level :
   1. Illiterate
   2. Literate (i) Primary (ii) Matric
   (iii) Secondary  (iv) Graduation (v) Post graduation
   (vi) above
5. Marital Status :
   1. Married
   4. Remarried (i) Once (ii) Twice 6. Widowed
6. Past Occupation :
   1. non-working
   2. working – 2.1. Govt Servant
   (before age 60) 2.2 Pvt. Service 2.3. Agricultural activities
   2.4. Non-agri Activities 2.5. Self employed
7. Present Occupation :
   1. non working 2. working 2.1 Pvt. Service
   (after age 60) 2.2. Agricultural Activities 2.3. Non-agri. Activities
   2.4 Self employed
8. Type of family :
   1. Nuclear
   2. Joint
9. How many Children :
   Males ----------- Females -------
do you have?
10. Family Composition :
    4. With both spouse and children 5. With others

B. SOCIAL CONDITIONS

11. Who is the head of the :
    family at present
12. On an average how will you evaluate your
    relationship with the
    family members living with you?

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12A  Give reasons:

13. Who listen to you most when you need to talk?

14. Who help you most if you are in a crisis situation?

15. Who comfort you when you need it?

16. Who spend more time with you?

17. Do you have any domestic responsibilities?  
   1. Yes  2. No
   (like getting milk, marketing, attending children)

18. Do you prefer traditional joint family?  
   1. Yes  2. No

19. Do you think that old customs and conventions should be retained?
   1. Yes  2. No

20. Who takes the major decision in your family?

21. Do you feel that your absence will affect the proper functioning of the family?
   1. Yes  2. No

22. Do your children obey you or not?
   1. Yes  2. No

23. Is there any change in the attitude of your children towards you, in your old age?
   1. From dislike to like  2. From like to dislike  3. No change

24. Do you approve the behavior and manners of the youth today?
   1. Yes  2. No

25. How often do you have conflicts with your family members living with you?

26. Do you feel frustrated?
   1. Yes  2. No

27. Do you feel lonely?
   1. Yes  2. No

28. Do you think that you are abused?
   1. Yes  2. No
C. ECONOMIC CONDITIONS:

30. No. of Rooms : 1. Less than two 2. More than two
31. Are you economically dependent : 1. dependent (i) fully (ii) partially
or independent? 2. Independent
32. Are you working at present? : 1. Yes 2. No
32B In case you are doing job, is it due to
Economic reasons or just a time pass?
33. What is your monthly income? : Rs. ------------
34. What are the main sources of Income?
   1. Pension/old age pension/widow pension 2. Property or house rent 3. From
   employment 4. other (from relatives, neighbors etc.) 5. No Income
35. Whether your monthly income is less or same : 1. Less 2. Same 3. More
or more then your required monthly expenditure?
   4. Any other
37. Do you have any past savings? : 1. Yes 2. No
38. Do you have any debt/loan? : 1. Yes 2. No
38B Purpose of incurring debt/loan :
   Medical 5. Dwelling house
39. Do you have any property at your native place? 1. Yes 2. No
39A If yes, type of property. : 1. land 2. house 3. shop
   4. any other
40. Do you think that the economic status of a
   person affects his status in the family? 1. Yes 2. No
40A If yes, give reasons behind it?
41. Should old people spend all their earning on
    their children and depend upon them in old age? : 1. Yes 2. No
42. Do you think people should transfer their
    movable and immovable property to children? : 1. Yes 2. No

D. HEALTH CONDITIONS:
43. How is your ability in conversation?
   1. Poor 2. Very Poor 3. Good
44. How is your health in general? Do you feel?
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1. very healthy  
2. fairly all right  
3. unhealthy

45. Are you suffering from any long run disability?  
   1. Yes  2. No
   if yes, type of disability
   6. Birth defects 7. speech defects 8. any other

46. Are you suffering from any chronic disease?  
   1. Yes  2. No
   if yes, type of disease

47. Are you suffering from any acute disease during six month preceding survey?  
   1. Yes  2. No
   if yes, type of disease
   22. Chest Pain

48. Can you travel by yourself?  
   1. Yes  2. No

49. Who looks after you during your illness?
   a. Spouse
   b. Sons
   c. Daughters
   d. Neighbor
   e. Personal assistance/nurse
   f. Other relatives
   g. Any other

50. Type of Health Facility:
   - Public  
   - Private

51A Reasons for the choice of health facility:
   - Public  
   - Private
   1. Quality of Health Services
      a) good
      b) bad
   2. Geographic Accessibility
      a) Very near
      b) Near
      c) Far away
   3. Cost of Health services
      a) Cheap
      b) moderate
      c) costly

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4. Dissatisfactions
   a) Limited availability of medicines
   b) Poor condition of equipment
   c) Absenteeism of staff
   d) Behaviour of staff

5. Other reasons

52. Who paid for the medicine and medical consultancy?
   a. Spouse
   b. Children
   c. Other relatives
   d. Neighbors
   e. Others.