### LIST OF ABBREVIATIONS

<table>
<thead>
<tr>
<th>Term</th>
<th>Abbreviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curiosity</td>
<td>CUR</td>
</tr>
<tr>
<td>Creativity</td>
<td>CRE</td>
</tr>
<tr>
<td>Love of Learning</td>
<td>LOL</td>
</tr>
<tr>
<td>Perspective</td>
<td>PER</td>
</tr>
<tr>
<td>Open Mindedness</td>
<td>OMD</td>
</tr>
<tr>
<td>Authenticity</td>
<td>AUT</td>
</tr>
<tr>
<td>Bravery</td>
<td>BRV</td>
</tr>
<tr>
<td>Persistence</td>
<td>PCE</td>
</tr>
<tr>
<td>Zest</td>
<td>ZST</td>
</tr>
<tr>
<td>Kindness</td>
<td>KDS</td>
</tr>
<tr>
<td>Love</td>
<td>LVE</td>
</tr>
<tr>
<td>Social Intelligence</td>
<td>SOI</td>
</tr>
<tr>
<td>Fairness</td>
<td>FRS</td>
</tr>
<tr>
<td>Leadership</td>
<td>LHP</td>
</tr>
<tr>
<td>Teamwork</td>
<td>TWK</td>
</tr>
<tr>
<td>Forgiveness</td>
<td>FGS</td>
</tr>
<tr>
<td>Modesty</td>
<td>MOD</td>
</tr>
<tr>
<td>Prudence</td>
<td>PRU</td>
</tr>
<tr>
<td>Self-regulation</td>
<td>SRG</td>
</tr>
<tr>
<td>Appreciation of Beauty</td>
<td>AOB</td>
</tr>
<tr>
<td>Gratitude</td>
<td>GRT</td>
</tr>
<tr>
<td>Hope</td>
<td>HPE</td>
</tr>
<tr>
<td>Humor</td>
<td>HMR</td>
</tr>
<tr>
<td>Spirituality</td>
<td>SPT</td>
</tr>
<tr>
<td>Character Strength</td>
<td>C.S</td>
</tr>
<tr>
<td>Values-in-action</td>
<td>VIA</td>
</tr>
<tr>
<td>American Diabetes Association</td>
<td>ADA</td>
</tr>
<tr>
<td>World Health Organization</td>
<td>WHO</td>
</tr>
<tr>
<td>Insulin Dependent Diabetes Mellitus</td>
<td>IDDM</td>
</tr>
<tr>
<td>Non-Insulin Dependent Diabetes Mellitus</td>
<td>NIDDM</td>
</tr>
<tr>
<td>Cardiovascular Disease</td>
<td>CVD</td>
</tr>
<tr>
<td>Character Strength and Virtues</td>
<td>CSV</td>
</tr>
<tr>
<td>American Psychological Association</td>
<td>APA</td>
</tr>
<tr>
<td>Analysis of Variance</td>
<td>ANOVA</td>
</tr>
</tbody>
</table>