PREFACE

The interaction between person and environment is one of the important causes that may effect occupational stress. It is very necessary to study the relationship between person and his environment in order to adjust in a stressful situation. Some environmental and personality factors are of vital importance in influencing occupational stress.

The present study was conducted to study the effects of levels of occupational stress and sex upon the person's person-environment interaction. Results reveal that occupational stress affect adjustment to one is for environment in reverse order but sex does not play any role in generating occupational stress.

The present study has been accomplished by the combined efforts of a number of people.

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