## Rigidity–Flexibility Scale

Developed by Dr. Md. Firoze Bakht Ansari and Dr. V. P. Bharagava

<table>
<thead>
<tr>
<th>No.</th>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
<td>I usually do not like to talk much, unless I am with people I know very well.</td>
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</table>
2. I like to talk before groups of people.

3. It is hard for me to start a conversation with strangers.
4. I would like to be an actor on the stage or movie.

5. It is hard for me to act natural when I am with new people.
6. I feel nervous if I have to meet a lot of people.

7. I usually feel nervous and ill at least at a formal dance or party.
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<tr>
<td>8.</td>
<td>When I work on a committee, I like to take charge of things.</td>
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<td>9.</td>
<td>I usually take an active part in the entertainment at parties.</td>
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</table>
10. I am a better talker than a listener.

11. I try to remember good stories to pass them on to the other people.
I am embarrassed with people I do not know well.

A strong person does not show his emotions and feelings.
<table>
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<tr>
<th>I must admit that it makes me angry when other people interfere with my daily activities</th>
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I find that a well-ordered mode of life with regular hours is congenial to my temperament.
It bothers me when something unexpected interrupts my daily routine.
I do not like to undertake any project unless I have a pretty good idea as to how it will turn out.
I find it hard to set a side task that I have undertaken even for a short time.
<table>
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<th>I do not like things to be uncertain and unpredicatable.</th>
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<tr>
<td>20.</td>
<td>I am very slow in making up my mind.</td>
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</table>
At times
I feel
that I
can
take
my
minds
with an
unusual
great
ease.
I admit I try to see what others think before I take a stand.
23. I do not like to see women smoke.

24. I would be uncomfortable in anything other than fairly, conventional dress.
I keep out of trouble at all costs.

It would not make me nervous if any member of my family got in trouble with the law.
I must admit that I would find it hard to have for a close friend a person whose manners and appearance made him somewhat repulsive no matter how brilliant or kind he
might be.
| 28. | I would certainly enjoy beating a crook at his own game. | ...... | ...... |
| 29. | I would like a job of a foreign correspondent or newspaperer. | ...... | ...... |
I get very tense and anxious when I think other people are disapproving of me.
I am certainly lacking in self-confidence.

Criticism and scolding make me very uncomfortable.

Most people inwardly dislike putting themselves out to help other people.
I am against giving money to beggars.

Many of girls I know in college went with a fellow only for what they would get out of him.
36. I always follow the rule, business before pleasure.

37. I get disgusted with myself when I cannot understand some problem in my field, when I cannot seem to make any progress.
on a research problem
I have never been made specially nervous over trouble that any member of my family have gotten into.
| I have no fear for spiders. | ...... | ...... |