ABBREVIATIONS

LH - Learned Helplessness
PmB - A dimension of Learned Helplessness which indicates permanence or stability of attribution for negative events.
PvB - A dimension of Learned Helplessness which indicates pervasiveness or globality in attribution for negative events.
PsB - A dimension of Learned Helplessness which indicates personalization or internality in attribution for negative events.
EI - Emotional Intelligence.
Fig - Figure.
LHS - Learned Helplessness Scale.
EIS - Emotional Intelligence Scale.
ABBPS - Type-A/B Behaviour Pattern Scale.