APPENDIX - A

DEPARTMENT OF EDUCATION
MANIPUR UNIVERSITY

INTERVIEW SCHEDULE TO ILLICIT INFORMATION ON
ASSESSMENT OF HIV-POSITIVE WIDOWS IN IMPHAL DISTRICTS

(Information collected will be used only for research purpose and the identity and
response of the respondentS will be held in strict confidence.)

1. GENERAL INFORMATION OF THE RESPONDENT:
   1. Client ID No..........  
   2. Name of the NGO.......  
   3. Address and district of the NGO.....  
   4. District to which the HIV- positive widow belong - Imphal East /Imphal West  
   5. Type of cluster... Rural / Urban  
   6. Present age..  
   7. Age at marriage...  
   8. Age at widowhood....  
   9. Educational status....
      a. Illiterate
      b. Undermatric
      c. Matriculate
      d. Higher Secondary/P U
      e. Graduate
      f. Post- graduate
   10. Occupation at present...
   11. Occupation at the time of widowhood....
12. Occupation of your late spouse...
13. Income per month at present....
14. Income per month before the demise of the husband...
15. Average total monthly income of your family from all sources....
16. Religion ...... Hindu / Christian / Meitei / Muslim / other
17. Type of family before the demise of the husband..... Nuclear / Joint
18. Type of family at present..... Nuclear / Joint
19. Size of the family
   a. Total number of family member....
   b. Number of dependent children.....

II. FAMILY PROBLEM
1. Are you being blame for your husband death?
   a. Yes
   b. No
2. What was the immediate response of the in-laws family at the time of widowhood?
   a. Co-operative
   b. Non-cooperative
   c. down cast
3. Is there a change in family relationship with members when you are found HIV-positive?
   a. Yes
   b. No
4. (i) What is your familial status?
   a. Living alone
   b. Living with parent
   c. Living with in-laws
   d. Any other(specify)
(ii) If living alone or with parent what were the reasons?

<table>
<thead>
<tr>
<th>Reasons</th>
<th>living alone</th>
<th>living with parent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-preference</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Denied staying at her husband place</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parent and siblings preferences</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-laws throw you out</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Due to dispute of husband property</td>
<td></td>
<td></td>
</tr>
<tr>
<td>On account of young age and widowed status</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
5. What type of treatment is accorded to women in your family and in-laws?

<table>
<thead>
<tr>
<th>Option</th>
<th>own's family</th>
<th>in-laws family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equal to men</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superior to men</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inferior to men</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any other (specify)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

6. Did your parent, siblings, in-laws shows negative attitude towards you?

<table>
<thead>
<tr>
<th>Family</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Siblings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mother-in-laws</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brother-in-laws</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sister-in-laws</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

7. Did your parent, siblings, in-laws feel that you are a liability on them?

<table>
<thead>
<tr>
<th>Family</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Siblings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-laws</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9. With whom did you share your problems?

<table>
<thead>
<tr>
<th>Family</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Siblings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mother-in-law</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Father-in-law</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brother-in-laws</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sister-in-laws</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
10. Did your children share good rapport with your parent, in-laws?

<table>
<thead>
<tr>
<th>Family</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parent-in-law</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brother-in-law(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sister-in-law(s)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

11. Did your in-law abuse you and your children verbally?

<table>
<thead>
<tr>
<th>Abuse</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>You</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

12. What are the restriction of custom you faced as a widow?

<table>
<thead>
<tr>
<th>Restrictions</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restriction in grooming</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restriction in wearing jewellery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restriction in attending social function</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inability to entertain guest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reduce participation in auspicious occasion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13. Who insisted the most in following the restriction of customs?

<table>
<thead>
<tr>
<th>Family</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Father-in-law</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mother-in-law</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Father</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mother</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
14. Did your in-law eat what you prepare or cook?
   a. Yes
   b. No

15. Who cares for you when you fall sick?
   a. Parent(mother)
   b. Siblings
   c. In-laws
   d. Friends from the positive group
   e. Self
   f. Others

16. Did you think that in-laws deprive legitimate share in your husband's property?
   a. Yes
   b. No

17. How did you cope up your difficulties at home?
   a. Adjustment
   b. Praying to Almighty.
   c. Seeking help from others

18. Do you face any domestic violence?
   a. Yes
   b. No

III. SOCIO-ECONOMIC PROBLEM

1. Are you aware of your husband's financial investment?

<table>
<thead>
<tr>
<th>Investment</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Business</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Account</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Certificate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insurance Policies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marup</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2. What was the financial situation when your husband expired?
   a. Left money for her and the children
   b. All money utilized for his treatment and left to fend myself
   c. Money used in treatment, left to fend myself and left in debt

3. Do you feel that there is a reduction in your family income after the demise of your husband?
   a. Yes
   b. No

4. Do you buy all the food items that you need?
   a. To a full extent
   b. To some extent
   c. Not at all

5. Who assume full responsibility for fending your family?
   a. Myself
   b. In-laws
   c. Parent
   d. Siblings
   e. Others

6. Did you take up employment to supplement the lost earning?
   a. Yes
   b. No

7. Is your income sufficient to manage your daily house hold expenditure?
   a. Sufficient
   b. Sufficient with difficulty
   c. Insufficient

(i) If insufficient, how did you manage?
   a. Gets financial help from others
   b. Gets help from welfare organization
   c. Gets help from parent in-law
d. Borrows

(ii) If borrows, from whom?

(iii) Purpose of borrowing
   (a) Treatment
   (b) Family expense
   (c) Social ceremony
   (d) Education of children
   (e) Others

8. What is the total debt at present and your household expenditure per month?

9. Did any body enquire about your economic problems?
   a. Yes
   b. No
   If yes, who enquire?

11. Which category do you think you spend money the most?
   a. Children education
   b. Treatment
   c. Family maintenance
   d. Others

   If children education, where did they studied?
   a. Government school
   b. Private English school

12. Do you ever feel dropping your children from school due to financial constraint?
   a. Yes
   b. No

13. Has any children been drop out of school?
   a. Yes
   b. No

   if yes, why
a. To take care of the sick/their younger siblings  
b. To assist in household chores  
c. To take up a job  
d. Financial problem  
e. Inability to buy uniform

14. Do you have saving?  
a. Yes  
b. No

15. Do you feel that your health expenditure has increased?  
a. Yes  
b. No

16. Do you have land for cultivating a kitchen garden?  
a. Yes  
b. No

18. Do you inherit any property from your family, husband and in-laws?  

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Husband</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-laws</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If yes, what was it?  
a. Land  
b. Vehicle  
c. Jewellery  
d. Any other

If no, why was it?  
a. Due to absence of property  
b. Unwillingness of the in-laws in passing on the property  
c. Unwillingness of the parent on passing the property
19. Do you have training in skilled occupation?
   a. Yes
   b. No
   If yes, what was it?

20. Do the income that you derive from the skilled occupation help you?
   a. To some extent
   b. To a full extent
   c. Not at all

21. Are you involved in any self-help group?
   a. Yes
   b. No
   If yes, in which group
   a. Group form by the leikai
   b. Form by the NGO specially for the HIV infected widows
   c. Form by the friends
   d. Any other

22. What are the income generating activities you are involved?
   a. Micro-enterprises
   b. Handicraft
   c. Handloom
   d. Business
   e. Others

23. Does the income generating activities make you financially secure?
   a. To some extent
   b. To a full extent
   c. Not at all

III. HEALTH CARE PROBLEM

1. Have you ever denied hospital admission on the ground of your HIV-positive status?
   a. Yes
   b. No
2. Where do you go for treatment?
   a. Government hospital
   b. NGOs
   c. Private nursing homes/hospital
   d. No visit at all

3. How often did you visit doctor for treatment?

4. Did you go for counseling?
   a. Yes
   b. No

   If yes, where
   a. Hospital
   b. NGOs that work for widows
   c. Friends
   d. Any others

   If no, give reasons
   a. Counselors shows discrimination and stigmatization
   b. Due to lack of money for transportation
   c. Does not maintain confidentiality
   d. Does not understand our problems
   e. Others

5. How often did you visit?

6. What do you feel after the counseling
   a. Boost up the spirit
   b. Reassurance that there is future
   c. Any other

7. Do you take ART drugs?
   a. Yes
   b. No
If yes, who had borne for the purchase?
   a. Self
   b. Relatives/friends
   c. Government hospital supply
   d. NGOs supply
   e. Any other

8. Do you receive appropriate immunization and other preventive care?
   a. Yes
   b. No

9. Do you have an insurance policy?
   a. Yes
   b. No

10. What are the precautionary measures that you take up?

11. Do you think that you are getting less access to medical care unlike men?
    a. Yes
    b. No

12. Do you feel stigma and discrimination practices from paramedical personnel in hospital while undergoing treatment?
    a. Yes
    b. No

If yes, who?
   a. Doctor
   b. Nurse
   c. Attendants

13. Did you take nutritional supplementation?
    a. Yes           b. No

14. Are you able to provide adequate food and nutrition to your family members?
    a. Yes           b. No
APPENDIX - B

CONSUMABLE BOOKLET OF SCALE MEASURING SELF- PERCEPTION (SMSP) (English Version)
Dr. K. G. Agarwal (New Delhi)

Instructions

This inventory consists of numbered statements. Read each statement and decide which of the two paired statements most consistently applies to you. You have to mark ( ) your answer by checking either 'a' or 'b' statement.

1. a. I feel I must always tell the truth
   b. I do not always tell the truth.

2. a. I feel that I must strive for perfection in everything that I undertake.
   b. I do not feel that I must strive for perfection in everything that I undertake.

3. a. I am afraid to be myself
   b. I am not afraid to be myself.

4. a. I feel guilty when I am selfish
   b. I don't feel guilty when I am selfish.

5. a. For me, everything is possible if I believe in myself
   b. I have a lot of natural limitations even though I believe in myself.

6. a. I sometimes feel embarrassed by compliments
   b. I am not embarrassed by compliments.

7. a. I accept my weaknesses.
   b. I don't accept my weaknesses.

8. a. Sometimes I am cross when I am not feeling well.
   b. I am hardly ever cross.

9. a. I am afraid of making mistakes.
   b. I am not afraid of making mistakes.


11. a. I fear failure.
    b. I don't fear failure.

12. a. It is possible to live life in terms of what I want to do.
    b. It is not possible to live life in terms of what I want to do.

13. a. I can cope with ups and downs of life
    b. I cannot cope with the ups and downs of life.

14. a. I find that I have rejected many of the moral values I was taught.
    b. I have not rejected any of the moral values I was taught.
15. a. I live in terms of wants, likes, dislikes and values.

16. a. I trust my ability to size up a situation

17. a. I believe I have an innate capacity to cope with life.

18. a. I must justify my actions in the pursuit of my own interest.

19. a. I am bothered by fears of being inadequate

20. a. I often feel it necessary to defend my past action.

21. a. Criticism threatens my self-esteem

22. a. It is important that others accept my point of view.

23. a. I welcome criticism as an opportunity for growth.

24. a. I hardly gossip.

25. a. I feel free to reveal my weaknesses among friends.

26. a. I feel free to be myself and bear the consequences.

27. a. I hesitate to show my weaknesses among strangers.

28. a. I will continue to grow only by setting my sights on a being myself.

29. a. I accept inconsistencies within myself.

30. a. I try to be sincere but I sometimes fail.

31. a. Self-interest is natural

32. a. People should always repent their wrong doings.

33. a. When I really love myself, everybody will love me.

b. I don't live in terms of wants, likes, dislikes and values.

b. I do not trust my ability to size up a situation.

b. I do not believe I have an innate capacity to cope with life.

b. I need not justify my actions in the pursuit of my own interest.

b. I am not bothered by fears of being inadequate.

b. I do not feel it necessary to defend my past action.

b. Criticism does not threaten my self-esteem.

b. It is not necessary for others to accept my point of view.

b. I do not welcome criticism as an opportunity for growth.

b. I gossip a little at times.

b. I don't feel free to reveal my weaknesses among friends.

b. I don't feel free to be myself and bear the consequences.

b. I don't hesitate to show my weaknesses among strangers.

b. I will continue to grow best by high-level socially approved goal

b. I cannot accept inconsistencies within myself.

b. I try to be sincere and I am sincere.

b. Self-natural is unnatural.

b. People need not always repent their wrong doings.

b. When I really love myself, there will still be those who won't love me.
34. a. I am assertive and affirming.
   b. I am not assertive and affirming.

35. a. It is a good idea to think about your
   gets conceived.
   b. A person who thinks about his greatest
   potential, gets conceived.

36. a. I am self-sufficient.
   b. I am not self-sufficient.

37. a. I feel certain and secure in my rela-
   tionship with others.
   b. I feel uncertain and insecure in my rela-
   tionship with others.

38. a. I can accept my mistakes.
   b. I cannot accept my mistakes.

39. a. I can feel comfortable with less than
   a perfect performance.
   b. I feel uncomfortable with anything less than a perfect
   performance.

40. a. I can overcome any obstacle as long
   as I believe in myself.
   b. I cannot overcome every obstacle even
   if I believe in myself.