"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

- John F. Kennedy

A research work of this magnitude is an outcome of the relentless efforts of a team of professionals although it bears the name of the researcher only. Fortunately, there is a noble tradition of placing on record the contribution each one has made in the form of acknowledgment and thanks.

My research project means a lot to me and so do the people who have helped it see the light of the day. Therefore, it is my bounden duty to express my gratitude to all of them.

My first and foremost thanks are due to my mentor, teacher and guide Dr. Nadeem Siddiqui, Reader, Department of Pharmaceutical Chemistry, Faculty of Pharmacy, Jamia Hamdard, New Delhi, who not only initiated me into research but also guided my path through its difficult and rugged terrain and took me to the final destination. He was always there whenever I needed. Whenever I lost faith in myself he gave me encouragement and whenever I was groping in the dark he lit my path with the lamps of his experience, erudition and kindness. The depth of my gratitude to him is indeed fathomless. No ripples of words can ever measure it.

My co-guide Prof. Suroor Ahmad Khan, Dean & Head, Department of Pharmaceutical Chemistry, Faculty of Pharmacy, Jamia Hamdard, New Delhi, played an instrumental role in the conduct and completion of this project by providing all the facilities I needed in carrying out the research work. I shall remain forever beholden to him for his kindness and generosity in the course of the research.

I am equally indebted and grateful to Dr. Syed Ehtaishamul Haque, Reader, Department of Pharmacology, Faculty of Pharmacy, Jamia Hamdard, New Delhi, who patiently listened to my queries and resolved my biochemical estimation, related problems. His guidance opened up many vistas of knowledge for me. My profound gratitude to him.
I express my sincere thanks to the illustrious members of the faculty who are my role models and whose blessings I have always humbly sought and amply got during my tutelage.

My sincere thanks are also due to NMR Department, IIT, Delhi and RRL, Jammu for recording the spectra of my compounds. I acknowledge CIF, Faculty of Science & Pharmacy, New Delhi for FTIR and UV records. Their work forms the crux of this research work. I acknowledge their invaluable contribution and express my deep sense of gratitude to each one of them.

Mrs. Shoukat A. Shah, in-charge, Central Animal House Facility, Jamia Hamdard was very generous and supportive in the Pharmacological part of the study by providing the necessary animals for the research. I sincerely thank her.

I also acknowledge the help and moral support I got from the Mr. Masood Ali, and Mr. Nisar Khan.

I have special words of thank for Dr. A. Mukherjee MD, Pathologist, AIIMS, for carrying out histopathological studies and Suruchi, Puneet, Majid, G. S. Chakraborty for their valuable help in completion of pharmacological activities.

I am of the firm view that real research takes place not only in the libraries and laboratories but also in the discussions that one has with one’s seniors, fellow researchers and juniors. These discussions go a long way in forming new insights in the field of research. I have been indeed very fortunate in being associated with a galaxy of such people like Mujahid, Munirajan Sir, Mustaqueem Sir, Sadique Sir, Shaqiq-u-Zaman Sir, Gyas Sir, Zia-ul-Rahman Sir, Rizwan, Mashaq A. Bhat, Ashraf, Faiz Arshad, Suresh. Their experience, valuable advice, sincere comments and objective evaluation of my work have gone a long way in establishing my credentials as a novitiate researcher. I am very grateful to all of them.

Friends are one’s conscience, guides, mentors and supporters. When one is in crisis and need, one naturally turns to one’s friends. Whenever there occurred such difficulties, I always found Harish to support me, counsel me and goad me to strive further and succeed. How can I ever repay the debt I owe to my friends Muntaz Sir,
Nida, Suruchi, Nitin and Priyanka for being there whenever I needed them! My heart goes out to each one of them.

My parents, to whom I have dedicated my research, have been the fountainhead of all my strength and values and whose long cherished dream, I am glad, I have finally fulfilled in the form of this research, deserve a very warm expression of gratitude from me for being my wonderful parents and friends and for placing boundless faith in me.

My younger brother is a great friend and critic and a constant source of nagging yet affectionate taunts will read these lines with a mysteries sense of amusement at his sister singing paeans of thanks to him. I do believe he truly deserves them.

I will be failing in my duty and I have no intention of allowing that to happen if I don’t sincerely thank UGC for providing me the fellowship to carry out this research.

I must place on record my thanks to Mr. Shamim Ahmad, Vice-Chancellor, Jamia Hamdard, under whose aegis and with whose permission I undertook this project.

Finally, with moist eyes and folded hands I express my thanks to the Almighty God for His grace in granting me the necessary strength and wisdom to carry out this research for the benefit of mankind at the large. Thank you, God, for your boundless mercies and your bountiful blessings!

Arpana Rana