PREFACE

Ladakh is a remote area in the western Himalaya. In spite of the huge mountains ranges, Ladakh had developed into an active and important religious and commercial relation with Buddhist Tibet and many other countries. Ladakh along with Sikkim, Bhutan and Mustang in the cis-Himalayan states where Tibetan Buddhism continuous to be practiced, as a living religious, as it has been for thousands years. This study traces the deep historical relationship between Ladakh and Buddhist Tibet.

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