PREFAE

In present study an attempt has been made to assess the nutritional status of pre school children, to examine their family background and various factors associated with malnutrition as well as to see the effect of nutritional advice given to the mothers of pre school children in order to bring improvement in the nutritional status of malnourished children. On the basis of several studies researcher felt that if corrective measures would be advised properly on time, it will have long lasting impact on child’s growth and development. The need was strongly felt to provide scientific knowledge keeping this in views the present study was carried out.

The first chapter includes concept of childhood, definition of malnutrition, factors causing malnutrition and data related to malnutrition among children throughout the world and in specially in India. Second chapter weaves together the findings of several previous studies related to nutritional status of pre school children, different factors affecting malnutrition and various interventions for reducing malnutrition in the light of formulated objectives and selected variables of the present investigation. The third chapter deals with the methodology and procedure by which the study was carried out to fulfill the objectives. Chapter four is about results and discussion, results of the study have been presented in tabulated form and in discussion part of the thesis effect of independent variables on severity of malnutrition has been discussed. The fifth and final chapter includes summary and conclusion: summarizes the whole work and described the study in brief.