TABLE OF CONTENTS

List of Tables xiii
List of Illustrations xvii

Chapter
I. INTRODUCTION 1-21
   Statement of Problem
   Delimitations
   Limitations
   Definition and Explanation of the Terms
   Significance of the study.

II. REVIEW OF RELATED LITERATURE 22-51

III. PROCEDURE 52-85
    Selection of Subjects
    Selection of Variables
    Reliability of Data
    Collection of Data
    Administration of the Tests
    Statistical Procedure

IV ANALYSIS OF DATA AND RESULT OF THE STUDY 86-134
    Statistical Analysis of Data
    Findings
    Preparation of Profiles
Discussion of findings
Discussion of hypotheses

V SUMMARY, CONCLUSIONS AND RECOMMENDATIONS 135-145
Summary
Conclusions
Recommendations

APPENDICES 146-159
A. Scores of Anthropometric Variables of Fast/Medium Bowlers
B. Scores of Anthropometric Variables of Spin Bowlers
C. Scores of Anthropometric Variables of Batsmen
D. Scores of Physiological Variables of Fast/Medium Bowlers
E. Scores of Physiological Variables of Spin Bowlers
F. Scores of Physiological Variables of Batsmen
G. Scores of Physical Variables of Fast/Medium Bowlers
H. Scores of Physical Variables of Spin Bowlers
I. Scores of Physical Variables of Batsmen

Bibliography 160-170