Human organism needs exercise as an essential or integral part for continuous good health, growth and development. As well as to become a successful a sportsmen should need to be fit. He is needed to be sound with all motor abilities or motor fitness. Coordinative ability is one of the most important motor ability which influences sportsmen performance. Mainly five motor abilities are recognized as components of physical fitness. These are strength, endurance, speed, flexibility and agility. The term is now gradually replaced by the coordinative abilities. There are seven types of coordinative abilities namely: orientation ability, differentiation ability, balance ability, reaction ability, rhythm ability, adaptation ability, and coupling ability. In this study five coordinative abilities are taken as per the criterion measures. Kabaddi come under the indigenous activity. Kabaddi is combative team game which requires complexity of skills. In this study the attempt has been made to study of coordinative abilities of Kabaddi players in relation to different playing position and levels.

The first chapter of the study is the introductory part that gives an overview of the purpose of the study. This chapter explains delimitation of the study and whole frame work. This chapter also describes all related technical terms to make it easy to understand.

The second chapter includes review of the related literature that the scholar has gathered through various sources such as libraries and internet.

The third chapter procedure and methodology comprises of selection of subjects, selection of variables, criterion measures, collection of data, administration of test and statistical techniques used for analysis of data.

The fourth chapter of the study includes analysis of data and the result of the study. The findings of the study have been presented in tabular and graphical form, In this chapter findings are also discussed.

In the fifth and the concluding chapter a brief summary of the total work is written. This chapter also deals with the conclusions made from the results Lastly, recommendations are given by the scholar points wise for future researches.

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