T.KALIRAJ., B.Sc., M.P.Ed., M.Phil.,
Research Scholar,
Department of Physical Education
Tamil Nadu Physical Education and Sports University,
Chennai – 600127,
Tamil Nadu, India.

DECLARATION BY THE SCHOLAR

I hereby declare that this research work entitled, “COMPARATIVE EFFECT OF RESISTANCE BAND TRAINING ASSOCIATED WITH SPEED TRAINING, CORE TRAINING ASSOCIATED WITH SPEED TRAINING ON SELECTED PHYSICAL, HEMATOLOGICAL AND BIOCHEMICAL VARIABLES AMONG COLLEGE STUDENTS” being submitted to the Tamil Nadu Physical Education and Sports University, Chennai, Tamil Nadu, in fulfillment of the requirements for the degree of “DOCTOR OF PHILOSOPHY IN PHYSICAL EDUCATION” under the guidance of Dr. S. BEVINSON PERINBARAJ, Principal, Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur, Tamil Nadu, is an original piece of research work done by me and that it has not previously formed the basis for the awards of any Degree/ Diploma/ Associateship/ Fellowship or any other similar title.

Place: T.KALIRAJ
Date: (Research Scholar)