ABSTRACT

In this global era working environment is highly competitive and dynamic. To sustain in such conditions it is very important to be ergonomically designed. In India I.T. and Banking sectors are booming sectors. The organizational ergonomics plays important role in this sector.

This study is all about awareness of organizational ergonomics and practices of organizational ergonomics in I.T. and Banking sector in Pune City.

The focus of this research study was IT sector employees and banking Sector Employees situated in Pune City. The aim of the study is to document the Organizational Ergonomics practices in IT companies and Banks and to gather data on various different facilities provided by the Management.

The Purpose of this research is to find out the organizational Ergonomics awareness and practices in IT & Banking Sector. This study examines the following factors: Work Environment, Work Posture, Office design, Ergonomics Furniture. This was a Exploratory research study using in detail questionnaire. Data were collected from 800 employees of Pune's I.T. sector and Banking sector by simple random technique. Most of the employees from I.T. Sector are aware about the concept ergonomics whereas very few from banking sector are familiar about ergonomic concept. Data analysis shows that there is scope for improvement for ergonomics practices in both sector. The statistics was done by using t test, Grangers causality test , Karl Pearson's correlation Coefficient . The results from this study provide qualitative insight on
the motives for Information Technology and Banking sectors employees, as well as the barriers and facilitators for leading a healthy lifestyle in this industry. The findings provide the framework for future workplace Ergonomics interventions.

**Key Words:** Organizational Ergonomics, Workplace injury, IT Sector, Banking Sector, MSDs.