CHAPTER-4

OBJECTIVES

1. To evaluate the tocopherol and phenolic content of sunflower seeds.
2. To study the effect of sunflower seeds on serum lipid levels, FBS in patients with diabetes type-2 and SGOT, SGPT levels in patients with fatty liver grade 1, with and without medication.
3. To compare the sunflower seeds with routine medicines of the relative metabolic disorders,
4. To prepare and evaluate the sunflower seeds’ enriched food product.