REFERENCES
References

Aasra, Registered with Commissioner Trust, Govt. of Maharashtra, Registration No. E 2047. [www.aasra.info/articlesandstatistics.html](http://www.aasra.info/articlesandstatistics.html).


**Aisling Donohoe (2016)** The purpose of this study was to assess the relationship between eating behavior as a result of stress or emotions and a person’s belief in their ability to cope with the stress or emotions endured.[hdip_donohue_a_2016.pdf](http://www.google.com.page 1-57).


doi: 10.1080/016502598384351.


doi:10.17265/2159-5542/2015.03.005


Doi: 10.1016/S0190-7409(00)00096-7


Doi: 10.1037/a0020891


http://dx.doi.org/10.1080/09515079708254173


Doi: 10.3325/cmj.2009.50.380


Ryan and Kate (2013) How problem focused and emotion focused coping affects college students’ perceived stress and life satisfaction. DBS e Source http://hdl.handle.net/10788/1622


Saloni Atal and Cecilia Cheng (2016) Socioeconomic health disparities revisited: coping flexibility enhances health-related quality of life for individuals low in


levels of internalized racism. Journal of the National Medical Association, 97(2), 206–212.


