APPENDIX - I
INTERVIEW SCHEDULE
(ADOLESCENT GIRLS)

1. Name:
2. Age:
3. Religion:
4. Educational Status:
   (a) Illiterate □   (b) Literate □
5. If literate, what is your educational qualification?
6. Do you yourself receive differential treatment from your parents?
   (a) Yes □   (b) No □
7. Do you help your mother in the household work?
   (a) Yes □   (b) No □
8. Does your brother help your mother in the household work?
   (a) Yes □   (b) No □
9. How old were you when you experienced your first monthly period
   (menstruation)?
10. Do you have any knowledge or were you aware about it?
    (a) Yes □   (b) No □
11. If yes, from where do you get information? ........................................
12. What was your reaction towards the first menstruation?
    (a) Suffer from mental stress □
    (b) Face no problem □
13. During your monthly period, what material do you use?
    (a) Market available sanitary pads/napkins □
    (b) Traditional made (cloth) □
14. During your menses, are you prohibited from performing certain religious rites?
   (a) Yes ☐ (b) No ☐

15. Are you allowed to touch certain religious items, kitchenware, food etc.?
   (a) Yes ☐ (b) No ☐

16. Do you suffer from mental stress because of such restrictions?
   (a) Yes ☐ (b) No ☐

17. Do you suffer from any health problems during menstruation?
   (a) Yes ☐ (b) No ☐

18. How do you get rid of the problems?

19. Do you suffer from any mental stress because of it?
   (a) Yes ☐ (b) No ☐

20. Are you given extra care in diet during those 5-6 days?
   (a) Yes ☐ (b) No ☐

21. Are you aware of the various physical changes that take place during adolescence?
   (a) Yes ☐ (b) No ☐

22. If yes, what/who is the main source of information?

23. If no, do you suffer from any mental stress because of the physical changes?
   (a) Yes ☐ (b) No ☐

24. Are you aware of the various available contraception, pregnancy and childbearing?
   (a) Yes ☐ (b) No ☐

25. Are you aware of the highly rampant illness HIV/AIDS, RTIs, STDs etc.?
   (a) Yes ☐ (b) No ☐
APPENDIX – II
INTERVIEW SCHEDULE
(WOMEN)

1. Name:
2. Age:
3. Religion:
4. Educational Status:
   (a) Illiterate □ (b) Literate □
5. If literate, what is your educational qualification?
   ............................................................................................................................
6. Marital status:
   (a) Married □ (b) Divorce □
   (c) Widow □ (d) Separated □
7. Age at marriage: ...........................................................
8. Husbands’ age at marriage: ...........................................................
9. With whose family are you staying at present?
   (a) With husbands’ family □ (b) Parents’ family □
   (c) Independent of the above □ (d) Rented house □
10. Family Size ..............................................................

Husbands’ Background

11. Age in completed years ...........................................
12. Educational status:
    (a) Illiterate □ (b) Literate □
13. If literate, what is your educational qualification?
    ............................................................................................................................
14. Occupation:
    (a) Service □ (b) Agriculture □
    (c) Business □ (d) Wage Earner □ (e) Others □
15. Monthly Income:
16. How is your husband's nature?
   (a) Good □ (b) Bad □
   (c) Indifferent □

17. Your relation with your Husband:
   (a) Understanding □ (b) Ill-treated □
   (c) SO-so □

18. Is your husband addicted to drinking, prostitution, gambling etc.?
   (a) Yes □ (b) No □

19. Do you think that husbands' brutality is a manly quality?
   (a) Yes □ (b) No □

20. Does your husband apologized when he return in sense?
   (a) Yes □ (b) No □

**Economic profile**

21. Aside from your household work, are you currently working outside?
   (a) Yes □ (b) No □

22. If yes, what kind of work do you do? .....................................................

23. Reasons for taking up employment:
   (a) Own choice □ (b) Poverty □
   (c) Husband's choice □ (d) Others □

24. What is your monthly income?
   (a) Below 1500 □ (b) 1500 - 3000 □
   (c) 3000 - 4500 □ (d) Above 4500 □

25. How much do you contribute to the family income?
   (a) Almost none □ (b) Less than half □
   (c) About half □ (d) More than half □

26. In your family who spends the family income? ...........................................

27. Do you have freedom to spend your own income?
   (a) Yes □ (b) No □
28. Are you dependent on the family for your economic needs?
   (a) Fully ☐ (b) Partly ☐
   (c) Not at all ☐
29. Are there any separate savings in your name?
   (a) Yes ☐ (b) No ☐

**Health Profile**

30. During your monthly period, what material do you use?
   (a) Market available sanitary pads/napkins ☐
   (b) Traditional made (cloth) ☐
31. Are you suffering from any health (gynaecological) illness?
   (a) Yes ☐ (b) No ☐
32. Are you still suffering from it?
   (a) Yes ☐ (b) No ☐
33. If treated, from whom do you receive treatment?
   (a) Government Doctor ☐
   (b) Private Doctor ☐
   (c) Priest ☐
   (d) Others ☐
34. You consult a doctor on:
   (a) Your own will ☐
   (b) On consent of family members ☐
35. You consult a doctor:
   (a) When illness is serious ☐
   (b) For usual check-up ☐
36. During your pregnancy, did you go for antenatal check-up?
   (a) Yes ☐ (b) No ☐
37. From where do you receive treatment?
   (a) Public medical centre ☐
   (b) Private ☐
38. Do you receive the service you want?
   (a) Yes ☐ (b) No ☐
39. The condition of the health facility visited was:
   (a) Not clean ☐
   (b) Somewhat clean ☐
40. Where do you give birth to a child?
   (a) Government hospital  ☐  (b) Private  ☐
   (c) Home  ☐

41. Do you go for postnatal check-up?
   (a) Yes  ☐  (b) No  ☐

**Contraceptive Prevalence**

42. Do you know the various available ways or methods that a couple can use to delay or avoid pregnancy?
   (a) Yes  ☐  (b) No  ☐

43. Which ways or methods have you heard about?

44. Have you ever used or tried any method in any way to delay or avoid pregnancy?
   (a) Yes  ☐  (b) No  ☐

45. What methods have you used?

46. Do you intend to use a method to delay or avoid pregnancy at any time in future?
   (a) Yes  ☐  (b) No  ☐

47. If no, what is the main reason for not intending to use in future?

48. According to you, what is the ideal interval between the births of the next child?

49. Who decide on how many children you will have?
   (a) Yourself  ☐  (b) Husband  ☐
   (c) Both you and your husband  ☐  (d) Family members  ☐
50. In general, do you approve or disapprove of couples using a method to delay or avoid getting pregnant?
   (a) Disapprove ☐ (b) Approve ☐

51. Do you think your husband approve the use of contraception?
   (a) Disapprove ☐ (b) Approve ☐
   (c) Do not know ☐

52. How often have you talked about family planning with your husband?
   (a) Never ☐ (b) Once or twice ☐
   (c) More often ☐

**Decision – making profile**

53. Do you select your life partner yourself?
   (a) Yes ☐ (b) No ☐

54. Are you involved in making decisions on the following issues?
   (a) Money matters ☐ (b) Children’s education ☐
   (c) Children’s job ☐ (d) No decision of yours ☐

55. Do you need permission for going to?
   (a) Market ☐ (b) Visit Parents & relatives ☐
   (c) Movie ☐ (d) No need for permission ☐

56. Do you decide on what items to cook in the family?
   (a) Yes ☐ (b) No ☐

57. Do you get time for social contact?
   (a) Yes ☐ (b) No ☐

58. Can you take your children to a doctor without the consent of the head of the family?
   (a) Never ☐ (b) Sometimes ☐ (c) Always ☐

59. Do you believe that diseases can be cured by offering to Gods and Goddesses?
(a) Don’t  (b) Only to some extent  
(c) Believe  

60. Have you ever heard of the illness HIV/AIDS, STDs, RTIs etc.?
(a) Yes (b) No  

61. Is there anything a person can do to avoid HIV/AIDS?
(a) Yes (b) No  

62. Are you aware of the various Governmental policies and programmes available from time to time?
(a) Yes (b) No  

63. Do you think you will need permission from family members if you wish to contest elections in future?
(a) Yes (b) No  

64. In your opinion, how much education should be given to girls these days?  

65. In your opinion, how much education should be given to boys these days?  

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