PREFACE

The present study was conducted on I.T. professionals to see the effect of emotional intelligence on life satisfaction at different levels of working. A purposive sample of 200 people, 100 males and 100 females both working at higher levels and lower level in I. T. sector from NCR region were screened out for the study. The data were analyzed using multiple regression analysis (stepwise). The results indicate that emotionally more intelligent professionals tend to be more satisfied with their life. Integrity (sixth dimension of emotional intelligence) and value orientation (eight dimension of emotional intelligence) both are positively associated with life satisfaction.