CHAPTER: V
CONCLUSION & RECOMMENDATIONS

This study has provided a multifaceted look at various factors and their contribution to life satisfaction of people working in IT sector. The role of life satisfaction has been well established. The life satisfaction can be predicted if professional heads, family, society and other significant people in the life of IT professionals take into consideration these variables – integrity, value-orientation and emotional intelligence.

After the discussion of composite results the following conclusion has been drawn:

- Emotionally more intelligent professionals tend to be more satisfied with their life as emotional intelligence was strongly associated with life satisfaction of IT professionals equally whether working at higher level or lower level irrespective of gender and age.

- Similarly Integrity (sixth dimension of emotional intelligence) is positively associated with life satisfaction. Professionals with higher Integrity will have greater life satisfaction for both higher level and lower level irrespective of Gender and age.

- Value orientation (eight dimension of emotional intelligence) also influences life satisfaction. As value orientation is something where person is able to maintain the standards of honesty and integrity and confronts unethical action which in turn increases life satisfaction among IT professionals at both the levels.
Suggestions for Further Study

- Apart from the variables taken in the study, other variables significantly correlated with life satisfaction such as personality variables, locus of control, marital status etc. can be taken to study.
- The present study was conducted only on the IT professionals of NCR; a state wise further research is needed on the working conditions of IT professionals at different levels. Comparison can be conducted.
- Cross cultural comparison and differences in life satisfaction of the IT professionals can also reveal more interesting results.
- A comparative study can be conductive to examine the differences in life satisfaction of married and unmarried IT professionals.
- Counselling Programmes for IT professionals can be started at their work place itself.
- Large sample can also be taken.
- The professional heads like CEO, VP and Directors of IT companies should be more active.
- Even though this study was one of its kind to combine all the measures of successful professional life of IT sector in an urban Indian population, more research still needs to be performed to examine marital status related variables so as to increase the generalizability of results to a larger population.
Delimitations of the Study

Every research work has one of the main aims, generalization on the findings, the scope of the study is stated and boundary lines are demarcated for this sole purpose. So the various limitations under which the research project was completed are narrated below:

- Only those participants were considered who were working in IT sector. So the findings cannot be generalized to individuals working in other cooperate sector like banking, finance, management etc.
- Participants were taken from middle and upper middle class families. Therefore these results cannot be generalized to the professionals belonging to other socio-economic strata of the society.
- Only those participants were considered in the investigations who were working at higher level and lower level in IT sector. Therefore these findings cannot be generalized to professional working at other levels or designations in IT sector.
- Only the participants residing in NCR were selected. No intercity comparison was done in the present study.