A STUDY ON PSYCHO-SOCIAL FACTORS INFLUENCING ACADEMIC PERFORMANCE OF COLLEGE STUDENTS OF TIRUCHIRAPPALLI, TAMIL NADU

Abstract

The present study aims to find out the psycho-social factors influencing the academic performance of college students. It is evident from various research studies that the academic performance of the students is depends upon the psycho-social environment in which they are being nurtured. The study found out the influence of Social Network usages, Depression, Anxiety, Stress, Emotional Competence and Adjustment behavior of the college students upon their university exam achievement. A cross sectional study conducted among the students of a particular college required samples from various walks of life and study variables. The data collected from 408 respondents using Stratified Random Sampling Technique were used to select the sample. Karl Pearson Co-efficient of Correlation explained its relationship statistically. Differential, Chi-square and Multivariate analysis were used to find the difference between the variables. The collected data were tabulated and analysed based on the objectives of the study. The hypotheses were tested with the results and noted. It was found that the Social Network usages of students has no relation to and does not significantly influence the academic performance of the students. Moreover, the Depression, Anxiety and Stress are negatively related to the academic performance. The Emotional Competence and all the dimensions of Adjustment behavior influence significantly the academic performance of the students. The outcome of the present study explains the possible reasons for the academic performance of the students apart from the academic input of the college. The implications of the study provide an extensive knowledge to those who are involved in educational research.