ACKNOWLEDGEMENT

The research scholar wishes to express his sincere appreciation and gratitude to Honorable **Prof. Susanta Dutta Gupta, Vice Chancellor**, Visva-Bharati, Santiniketan for providing him an opportunity to undertake this study and the facilities extended to him in carrying out the study successfully.

The scholar wishes to extent his deepest appreciation to the **Director, Prof. Sabujkali Sen, Vinaya-Bhavan; Head, Department of Physical Education, Dr. Sumanta Kumar Mondal and Faculties, Department of Physical Education, Visva-Bharati, Santiniketan**, for their valuable aid, suggestions and critical evaluation of the project outline, which gave immense confidence to him in successful completion of his study.

A deep sense of gratitude expressed by the research scholar in these few lines may not be adequate for all the interest shown, suggestion offered and encouragement given to the author by the supervisor **Dr. Mahesh Sawata Khetmalis, Vice Principal**, Assistant Professor. Department of Physical Education, Visva-Bharati, Santiniketan.

The Research scholar has a deep sense of warm appreciation and wishes to all his friends: **Mr. Sudip Singh, Mr. Sandip Saha, Mr. Shakil Ahamed, Mr. Bikesh Debbarma**. Heartfelt thanks to **Dr. Mukesh Mitra, Asst. Prof, M.B.B College, Agartala, Tripura, Football Coach Tripura Sports School, Mr. Abu Taher, Mr. Debasish Battacharjee, Asst.Director , Youth affairs and sports, Govt. of Tripura**, for their valuable suggestions and incredible support during the course of this study.