2. Review of Literature
It is an integral part of research. This chapter covers various studies conducted in the field of Astrology, specifically related to the topic under study.

Sastri R.K.\(^1\) while emphasizing aim of establishing Vishwa Jyotish Vidyapith, Kolkata, 1975, stressed on importance of Astrology in today’s perspective. He expressed that, the acceptability and utility of Astrology have been duly recognised by the World Health Organization. In a report, recently published, WHO has clearly stated that the study of Astrology and Palmistry is a very helpful medium for diagnosing acute illness and diseases, particularly some diseases which used to confuse the Medical experts in some cases. Russian Medical practitioners have progressed a lot on the research of Medical palmistry, as revealed in a report prepared by the WHO.

It is a matter of pride for the lovers of Astrology that the Government of India has already recognised and introduced astrology as a subject of study at the graduate and post graduate levels in many Indian Universities. In foreign universities also provision for PG courses and Research has been made.

Extensive research activities are required so as the to illuminate the life of mankind with the light of wisdom and to rejuvenate Astrology to its ancient glory (Sastri Dr, Ramkrishna)

RGCSA (Research Grants for the Critical Study of Astrology) is an independent research body, which has been set up to monitor standards of research in astrology. Relatively recent theories of the influence of planetary systems or new born child and conjunctions on the developing foetus are also noted with considerable interest as in the work of Currey Robert (2013)\(^2\)

---

\(^1\) Sastri R.K."Viswa Jyotish Vidyapith"(An International University of Astrological Sciences, Kolkata, www.astrologicaleducation.in

\(^2\) RGCSA/Research grants for the Critical Study of Astrology, 2013 www.astrology-research.net/rgcsa.htm
2.1 MEANING OF OLD AGE HOME:

Old age home refers to a multi-residence Nursing Home for Old people, which is also known as retirement home. Each couple or person lives here in a room which is either apartment style or is a set of matching of rooms. Under one roof or in a building old people are served with different facilities like meals, health and recreational activities. There are a lot of these kinds of homes in India; some of them are paid, or some of them admit physically and mentally fit old people who can take care of themselves. There are some old age homes especially for women all around the country. Kerala has the highest number of old age homes in India.

The old age homes are on increase in India, which is definitely a question tag on the traditional and cultural values of typical Indian family.

Nahata Samarth opined that the number of old age homes are increasing because of the fact that children, after becoming adults forget their responsibility as children to their parents and leave them in old age home which is not ethical. The number of people in old age homes is constantly increasing.

2.2 The elderly population in India is continuously increasing and simultaneously the problems faced by these people are also increasing. The number of people in old age homes is constantly increasing and also most of the parents are now deciding to live in old age homes rather than living with them to look after their parents. This may be because of fast life, industrialization, money oriented minds, inflation etc.

At present 95 million people in India are above the age of 60, by the year 2025 nearly 80 million more will be added to this population bracket. Current academic research on astrology there is currently a resurgence interest in aspects of astrology among the academic community, and how it was used in earlier times (Dawson M.S. 2013)

---

3 2013, oldagehome.org
4 Samarth Nahata, (quora.com)
5 Sharma Abhinav 2014 Goggle weblight.com
Astrology is an ancient practice that assumes that the stars and planets have a direct influence on people and events. One’s life pattern can be charted by determining the position of stars and planets at the time of birth. Astrology has its roots in the ancient Indian Vedic Scriptures. The system approach to interpreting horoscopes as developed by Professor U.K. Choudhary of Gurgaon, India, is based on Classical Jyotish Principles, tested under the empirical studies of more than 100,000 charts over a 20 years period. Many astrologers worldwide are now practicing the system’s approach.

2.3 STUDIES CONDUCTED:

There are many studies conducted on old age people in the faculty of social science, Home Science, Education etc. Very few studies have been conducted so far in the field of Vedang Jyotish i.e in the field of Astrology.

When compared to the hard sciences, astrology has benefitted from very little scientific investigation over the past 300 years. However, in the previous millennia, there was no scientific method, so evidence was based on observation and experience rather than experimentation. Most astrologers are motivated by the study and application of astrology.

Chart is a map of the sky as it looked out the moment of your birth (Ormand beach, 2007-2013). It is explained further that, if you were standing on the earth at the location of where born, at the exact moment you were born, and looked up into the sky, it is a snapshot of time, showing where all the planet was at the exact moment you were born, from the angle of that location. Ormand Beach further pointed out that it is called as your ‘check-i.

In the text “An introduction to Astrological Research Methods” by David Cochrane, it is emphasized that, every time a student of astrology or an astrologer looks at the astrological birth chart of a person and compare the information provided in the birth chart and the person’s life, research is being conducted. However, this kind of research is prone to several problems. There is selection bias, which means that these charts are not representative of some larger population of charts.
Astrology is a helpful guide for knowing whether one is destined for helpful and obedient children or not. One should be able to plan for satisfactory old age in the light of astrology. Newspapers report many cases in which children neglect their age, parents and force parents to live in old age homes.

In a horoscope the Lagna shows the individual himself, the second house relates to family, the seventh house to spouse and the 5th house primarily to progeny. Jupiter is karaka for progeny, especially son. Saturn, ketu Rahu cause unhappy relations and lack of happiness from children.

Progeny is a very imp. Aspect of life as they carry on legacy of their forefathers Birth of children maintains a continuity of family and the society (2013).

Tecco Halle (2012), has published in the Society for Scientific Exploration an abstract of a study, in which astrologers attempted to match birth charts to the case files of volunteers, the subjects for the study were 4 males and 19 females. The corresponding case files of these subjects were matched with 23 astrological birth charts. The tools used for the study were Strong-Campbell vocational Interest Blank and the Cattell 16 –P.F. Personality Inventory. This study was conducted by six astrologers and they did not agree on the matching of horoscopes.

Turnage Beth (2012), opined that, Astrologers have been making progress in statistically analysing various aspects of astrology. Skeptics claim that it is not possible to analyse the astrology statistically. But many are turning to conduct research to study various aspects of astrology. A few studies were conducted for example, Scofield Bruce presented doctoral thesis on interactions of the Sun and Saturn in weather forecasting. Another study was conducted by Lavoie Alphee on Astrologically Predictable Patterns in work related injuries and found that there is correlation in different professions higher than statistical chance. 6

There are several studies like the one conducted by Ruis Jan (2008), titled “Statistical Analysis of the birth chats of serial killers”. The predominance of specific astrological factors in the birth chats of serial killers are tested. The Mutable signs

6 Beth Turnage 2012,”Astrology and History” www.astrologyexplored.net
(Gemini, Virgo, Sagittarius and Pisces, the 12 principles (12 houses, Pisces, Neptune) and specific Moon aspects are expected to be frequently seen among serial killers as compared to the normal population. Two sets of data were used one with reliable birth data (n= 77) and the other with missing birth times (n=216). Birth charts with correct time were collected from Astro- Data Bank, and an astrological publication. Another cases were collected from reliable sources from various websites. It was found that, serial killers are born when celestial factors are in Mutable signs. (with birth time p= 0.005, effect size =0.31 without correct time p=0.002, effect size=0.25). The frequency of planets in the 12th house is significantly high (p =0.005, effect size= 0.31, for birth times only); and the frequency distribution of Moon aspects deviates from the theoretical distribution in the whole sample (p= 0.0005) and in the dataset with known birth time (p = 0.001) This study concluded that based on the two datasets, some of the claims of astrologers cannot be rejected.

Astrology has been growing in popularity. Surveys suggest that a majority of people in Britain believe in it, compared with only 13 % 50 years ago. Around 80% of Britons read star columns, as per the claim by Association of professional Astrologers. The psychological studies have found that, 60% regularly read their horoscopes.7

Akbar, Tiwari et al (2014), conducted an exploratory study on reasons for living of elderly in old age homes. It is evident that almost all the old age homes (OAHs) are fully occupied with residents. The main objective was to explore factors compelling elderly to reside in old age homes. The sample size was174 elderly, residing in 14 different OAHs of Uttar Pradesh and the reasons being explored were it was found that, 29.85% was found of having misbehaviour of Son and daughter in law. Misbehaviour of son and daughter-in-law was found to be most common reasons for residing in old age home.8

7 (The Washington Times, 2016)
Benazier et al., 2011, studied and submitted project report on a case study of old age home, under the Department of Sociology, Chennai. There has been a progressive increase in both the number and proportion of the old age homes in India over the last two decades. As of 2006, Kerala State led the rest of the country with more than 420 old age homes, followed by Tamil Nadu and Maharashtra. One out of every 12 old age homes in India is located in Kerala. As per Department of Social Welfare, Kannur there are 22 old age homes, out of which sample of 18 old age homes were selected, Solace, Swandhanam, Sneha bhavan etc. Simple percentage method was used.9

Human life of hundred years was divided in to four segments or ashrams. A seven-year-old was supposed to live in Brahmacharya ashram/ gurukul, or a present day distant equivalent of a boarding school till his twenties. The second quarter of his life was to be spent as a householder or bread earner or gruhastya. In the third quarter, he was to retire from routine household activities and set out into the forest- Vanaprastha ashram. The last quarter of his life was to be spent in his search for God and to be lived in “sanyas”. Lastly he commented that older people should spend rest of their life with their children.

Dubey, Bhasin, Gupta, and Sharma, (2011), in a study of elderly living in old age home and within family setup in Jammu, the study was conducted to understand the feeling of the elderly residing in the old age homes and within the family set-up in Jammu. Purposive sampling technique was used. Thirty women above 60 years of age, were selected from old age home and same number from family set-up. Results revealed that, most of the elderly felt the attitude of the younger generation is unsatisfactory, especially those residing in old age home. Women residing in family were found having positive attitude towards old age.10

Pai Mohan, Omashram old age home Banglore (2002), emphasized that, the elderly population is growing at an accelerated rate all over the world, and India is no

---

9 Benazier 2011
exception. He opined that, the growth rate of elderly population (37.3%), is twice that of general population (16.8%). One out of seven elderlies in the world is an Indian. Average expectation of life from 60 years in 1991 is expected to reach 70 years by the year 2025. Dramatic demographic changes pose multiple challenges. The age old joint family system in India is steadily breaking down. About 30% of elders live separately. The main problems faced by the elders are loneliness, dependency, lack of protection for their lives, property etc. It is seen that, 11% of the elderly in India are covered by the various pension and retirement schemes, and the large majority i.e. 89% remains uncovered without any social security protection. The main purpose of this document is to create and spread awareness about the plight of elderly and to help the elderly work toward ‘active aging’.

There are many studies conducted in the field of Sociology, Psychology, Home Management, Human development etc. But in the field of Astrology, or Vedang Jyotish very few studies, related to such topic, have been conducted so far.

The study on which basis, the researcher selected this topic for the study, is “Old Age Care by Children”, conducted by Sita Ram Singh (2010), New Delhi. The study emphasised that, the parents, who bring up their children with the best possible care and affection, look forward to reciprocal treatment from their children, especially sons, during their old age. The newspapers report t cases in which the children neglect their aged parents, some of whom seek judicial intervention for relief, while those who can afford opt to live in old age homes.

In this study he emphasised that, Jupiter is Karaka for progeny, especially Sun. Saturn, Rahu and Ketu, and other functional malefic cause delay, denial or unhappy relations and lack of happiness from children.

Some of the rules regarding getting helpful children were as follows:

1) If the fifth Lord is in fifth itself, and aspected by benefics, the native gets happiness from children.

2) Strong benefic 5th lord indicates helpful progeny.

---

3) If Jupiter, with 5th lord and lagna lord is posited Kendra or Trikona, then it indicates happiness from Son

4) If the third lord is in 5th house and fifth lord is in third house, the son will look after the parents, and also have cordial relation with other relatives.

5) If the lord of the 5th house, even when benefic, be debilitated or eclipsed, or in inimical sign, the native will not get happiness from children.

6) In Indian Mythology Saturn is son of the Sun, but both are inimical to each other. Whenever the Sun and Saturn in a horoscope are conjoined, aspect each other, or shadashtaka (6/8) to each other, the relationship between the father and son is far from cordial.

7) If the Lagna Lord and the fifth lord are in shadashtaka (6/8) then one should not expect happiness from children.

8) The Dwi-dwadas (2/12) location of the Lagna-Lord and 5th lord shows little happiness from children.

9) If Mars, Saturn or afflicted Mercury is in 5th house, then the child will oppose the parents. If the planet in 6th is aspected by Rahu, it increases such possibility.

10) One should not expect happiness from children, if Jupiter or lord of fifth is in 6th or 8th house.12

Gupta Sushama (2012), in her study concerning relationship between Jupiter and Saturn, she opined that, Jupiter is debilitated in Saturn’s sign Capricorn and does not give auspicious results. On the other hand, Jupiter’s placement in Aquarius, the other sign of Saturn, is very baneful while it has been described as very good in Saravali.

Whenever Jupiter and Saturn are placed together, Saturn will soak the results of Jupiter, and the Jupiter will soak the results of Saturn i.e. Saturn will improve while Jupiter gets spoiled.

If Saturn and Jupiter are in conjunction or association one does not derive the desired happiness from children. Mostly they will not be placed very high in life.

12 Singh Sitaram” Delhi, Old Age Care by Children” futuresamachar.com
The native does not have much wealth as the karaka of money gets spoiled owing to conjunction with Saturn. This yoga may be to give a hand to mouth existence as far as money is concerned. Houses for wealth and their lords must also be taken in to account. If Jupiter and Saturn are retrograde, the results will not be adverse. It will promote Jupiter’s influence.

Conjunction of Jupiter and Saturn in Lagna, is equally bad for proper settlement in life. This may cause physical disability if other factors are also present.

This yoga should be treated as a Daridra Yoga, but it will be slightly better if the combination takes place in Jupiterean or Saturnine signs.

Gupta Sushama, also mentioned that, Dr. Raman B.V., has explained in his various articles how the result of yoga should be applied in a horoscope. Such care must be taken for this Yoga as well. This is very valuable yoga for accurate judgement of a horoscope.

One school of thought has described the combination of Jupiter and Saturn as auspicious for Aries, Leo, and Sagittarius Ascendants if these planets join the Ascendant or the fifth house.

Jupiter stands for good and open actions while Saturn shows low and hidden things. Jupiter represents prosperity, wealth, and children, whereas Saturn indicates adversities, poverty, sadness, depression etc. Mixed results should be expected when both these planets conjoin.

Other works also have described the combination of Jupiter and Saturn as bad while some others have described it as good. There is much difference in their views.

Saravali by Kalyan Verma\(^\text{13}\) (chapter 31, shloka 79-82) has described the yoga of Jupiter and Saturn in the third, 6\(^{th}\), 10\(^{th}\) and eleventh houses is auspicious. And in all other houses it is bad.

\(^{13}\) Varma Kalyan “Saravali”, Varanasi
In Hora Saar, (Chapter 25, Shloka 24) it has been mentioned that the combination of Jupiter and Saturn in 3rd, 6th, 10th and 11th is auspicious and in other houses it is considered as bad.

D’Souza Eugene (2009), while expressing his thoughts on International Day of Older Persons, said that in Indian context, the older population has been rapidly increasing. India is facing serious socio-economic challenges due to the successively increasing aged population. When young people after completing their education leave their villages for the towns and cities, the old people have to manage their livelihood on their own. There are many elderly people living by themselves.\textsuperscript{14}

Imran M. (1994),\textsuperscript{15} studied Snapshot Prediction on Three Stages of Life and emphasised that, the planets in Kendra house represents early life, planets in Panaphara houses denote middle life, and planets in Apoklima houses indicate concluding portion of life. The study aimed at finding whether planets in Kendra, Panaphara, and Apoklima show their effect respectively at beginning, middle and ending phases of life or not.

In classical astrological practice, Kendra(Angle) was considered analogous to “beginning, central, and immediate” Panaphara (Succedent) was equal to “accumulated or promised in future” and Apoklima (Cadent) was synonym of “declining, remote, and far away”. This symbolism helps in establishing rules.

Imran explained that, different cultures perceive first, second and third part of life differently. While explaining the results of benefics in Apoklima he said that, the native obtains effortless money and also happiness on account of children and grandchildren. But if malefics occupy Apoklima houses then unexpected retirement, termination from job, problems with children, and relocation to ordinary house, living in isolation and away from family may result. All astrological authorities endorse Jupiter and Venus as two prime benefics and Saturn and Mars as two Natural Malefics. Mercury and Moon are inherently benefics of second grade. However, Mercury’s beneficence depends upon its good or bad association, while Moon’s

\textsuperscript{14} D’Souza Eugene, 2009,” International Day of Older Persons” www. Daijworld.com
\textsuperscript{15} Imran M. Pakistan” Snap Shot Prediction on Three Stages of Life” www.scribd
beneficence is primarily rests upon brightness (Pakshbala). Sun is basically cruel neither purely benefic, nor purely malefic. The lunar nodes Rahu and Ketu are fundamentally malefic.

He concluded, lastly, that if a native is undergoing a very powerful (too good, or too bad) mahadasha then advocated outcome related to three phases of life will not materialise.

He also concluded that, no theory can be accepted or rejected on the basis of limited number of horoscopes. Astrology is not a quantitative discipline that can be tested statistically, nor it can be experimented in a laboratory, its principles and derive rules are extracted from celestial symbolisms and movement of heavenly bodies.

Kendra, Panaphar and Apoklim house definitely carry some connection with first, middle and last phase of life.

Vaughan Valerie (2010),\textsuperscript{16} wrote in article on “the age old Dilemma of Aging Gracefully: it’s all a matter of timing”, that Astrology offers a useful perspective on aging by organising the chronology of different stages of life. In the second century AD, the great astrologer Claudius Ptolemy outlined the seven major phases of human life, from infancy to old age. These seven ages of man are associated with the seven classical planets’ movement. First is the Moon, which moves the fastest, going once around the zodiac in less than a months’ period. Mercury is the second, completing cycle in a few months’ time, followed by Venus, who cycles in less than a year. Then comes the Sun, one year; Mars, a little more than 2 years, Jupiter, 12 months, and finally Saturn, the slowest planet, whose cycle is about 29 years.

The first stage is early childhood (Infancy), and it is associated with Moon, the fastest moving planet. The second stage is true childhood, from four to fourteen (childhood), is associated with Mercury, the second fastest planet, the period when learning takes place. The early Adulthood or teens or youth lasts for eight years up to 21-22 years of age, associated with Venus, the third fastest planet. Young adulthood

\textsuperscript{16} Vaughan Valerie, “ Age old dilemma of Aging Gracefully” stariq.com
which begins around age 23 and lasts until age 40 or so, Sun is the lord of this period. This is the period of glory and position and also of material substance. Mars assumes command of mature adulthood for next fifteen years (40 to 55 years). This period is called the period of mid-life crisis. Retirement and wisdom age at about 55 to another 12 to 15 years is associated with Jupiter planet. It brings retirement from manual labour, and replaces this with wisdom, foresight and dignity. Beginning around 65 to 67 years, the final phase of old age is ruled by Saturn, indicating the time when the body and soul are cooled down, and there are blocks to natural impulses, desires, enjoyment and speed. Thus it can be said that, from the years 55 the life or stages of life cycle were associated by the planets, Jupiter and Saturn. That is the reason behind studying position of Jupiter and Saturn under this topic for research study.

Trivedi Mrudula (2012), reported in her study of “Jupiter-Saturn Nexus”: an exposition that, the correct judgement of the horoscope needs a deep understanding of planetary relationships. An application of the fundamental rules of astrology must be based on practical observation.

Saturn is figuratively speaking the urn that holds the 'SAT’. The meaning of this Sanskrit word is “that one ever present reality in the infinite world, the divine essence, which is but cannot be said to exist.” The vibrations of Saturn cause each human personality to know itself as a separate entity. Saturn as a ruler of the personal ego is the planet of fate.

Jupiter is termed Greater Fortune. Its vibrations are concerned with the form side of manifestation and like Saturn it symbolizes the vehicle which holds the life. We need Saturn’s discipline and Jupiter’s expansion and optimism in life for both micro and macro stability and happiness in our individual life as well as in our collective social existence (cyberastro.com).