1. Introduction
1.1 OLD AGE

Aging is a normal biological phenomenon. Md Asadullah et al reported in their study, that there is a rapid increase in elderly population due to decrease in mortality rate and fertility rate by the consequence of better medical and health facilities.¹

Old age is an inevitable stage of life. Its arrival causes great anxiety and apprehension about mental and Physical deterioration as well as dependency. It can be especially difficult for those unfortunate elderly who are left with neither financial support nor family². The world experienced rapid expansion of elderly population in last century. India is witnessing a rapid increment in aged population constituting 82% of the national population. It observed that the size of elderly population is increasing. It has been estimated that elderly population is projected to rise from 5.6% in 1961 to 12.4% by year 2016 (Jayalaxmi & Gupta in Asadullah 2012)

A silent revolution has occurred in the last 100 year- unseen, unheard and yet so close. The biggest achievement of the century is longevity. Life expectancy has risen all over the world, leading to a sharp rise in the number of older population.³ According to UN estimates, the aged population in the world is expected to touch 22% by 2050.

Presently the elderly is divided into three categories: the young old (60-70) the middle age old (70-80) and the oldest old (80 plus) ⁴

There has been a progressive increase in both the number and proportion of the aged in India over time, particularly after 1951. Between 1901 and 1951 the proportion of population over age 60 increased marginally from 5 percent to 5.4 per cent, while by 2001 this had increased’ to 7.0 percent; and at present it is around 8 per cent. The size of the elderly rose in absolute terms during the last century from 12

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¹ Md. Asadullah, morbidity profile and quality of life of inmates in old age homes in Udupi district, Karnataka, India`International Jr. of Basic and Applied Medical Sciences, Vol.2(3) 2012
² niwaraoldagehome.org
³ Narkhede, Likhar, Rana, IJRRMS 2012; 2(3)
⁴ Livemint.com
million in 1901 to approximately 71 million in 2001 and is likely to reach 115 million in 2017. Yet another feature of aging in India is the fact that the proportion of elderly is much higher in the rural areas than in the urban areas. The sex-wise pattern of growth of elderly population reveals that the increase is greater among women in the recent past, will outnumber elderly men in the future.

Old age refers to ages nearing or surpassing the life expectancy of human beings, and is thus the end of the human life cycle. In October 2016, scientists identified the maximum human life span at an average age of 115, with an absolute upper limit of 125 years. Terms and euphemisms for old people include, ‘Old people’ world wise usage; Seniors-American usage; senior citizens British and American usage; Old adults in the social sciences, the elderly and elders in many cultures. Synonyms include ‘Old age pensioner’ or pensioner in British English and retiree and senior in and retiree and senior in American English. The organic process of aging is called senescence.  

Majority of elderly in India prefer to spend their retired life in old age homes to being at home. Surveys show that a number of factors influence this change of attitude. And the most important among them are freedom from home maintenance, security of life and the company of like-minded individuals. However, a few feel reluctant finding themselves in a dilemma what to apt for. The crimes against elderly in India are increasing with every passing day. If they own property, things become tougher. Old age homes are increasing whole around the world. That means more and more people are getting detached from their parents. The trends are shifting from joint family to nuclear family concept at larger scale. The new generation assimilating their parents as a barrier in this competitive world. The today’s system is arguing that the two age bands cannot grow together.

Joint families have become relics of the past. In this nuclear age, old people are considered a liability. Time is money. And time and money determine our priorities today. Old age homes stand out as sore thumbs in the society, symbolic of

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5 en.m.wikipedia.org
6 Heavenly palace.com,2013
7 Anusa (esssay.com) 2013,"old Age Home Essay for class 7
our negligence towards our aged parents. Most parents are homeless because of boycotting by their own children for selfish reasons.

It is break-up of the system of the joint family and introduction of a nuclear family that has brought this unhappy situation enter our society, and the old age home have had to come up to cater to the needs of the elderly.

The attitude of family members has also contributed to the removal of elders from families.

In fact, India is land of traditions, customs and rich culture. All were known for their respect and love for elders. Parent-child-relationship bond is considered most sacred in India (Rao, lokeshwar, 2008)\(^8\) the right of parents, without any means, to be supported by section 125(1) (d) of the Code of Criminal Procedure 1973, and section 20(3) of the Hindu Adoption and Maintenance Act 1956. It has been observed that, in spite of this old people are sent to old age Homes. Working professionals these days are compelled to move away from home and work in faraway places. Parents prefer to live in their own home instead of going to distant places with their children.

1.2 WHAT IS AN ASTROLOGY

It is observed that people attaching high values to social traditions, irrespective of their merits and de-merits, are strong believers in Astrology. Hence in tradition-bound urban families birth chart (horoscope) is considered important. It is believed that horoscope defines personality and can guide to take right action or decisions for compatible marriage relationship.

Curiosity to know about future is common human behaviour. This tendency has given importance to astrology due to socio-economic complexity, uncertainty of modern age. Astrology today is universally recognised to be a “science”, based on sound mathematical principles and calculations (Rao T.M. 2005)\(^9\).

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\(^8\) http://lightonvedicastrology.com/vedic-astrology-diary-h/259-example-of-happiness-from-children

Astrology is a portion of Veda. The ancient sages brought out wonderful thoughts regarding planets and their significance. As a science astrology has discovered correct methods and knowledge about the influence of planets on the human mind and on the day to day activities of the human beings. The predictive part of Astrology is as scientific as the mathematical one as the former is directly based upon the latter.

The ancient Maharshis who have propounded the rules of astrology were sages of a high psychic development and examined terrestrial and celestial phenomena by their divine sight or Dvya- drishti. All the authors of Dharma Shastras and other writers, poets and seers like Vyasa, Valmiki, Kalidasa have cherished and developed this science of astrology which is one of the cornerstones of Indian Culture.

Astrology is the study of the movements and relative positions of celestial objects as a means for divining information about human affairs and terrestrial events.

The word astrology comes from the early Latin word astrologia, from astron (“star”) and logia (“study of”- account of stars”)

Astrology as developed by Maharshis, makes appraise study of the position and inter-relation of the stars and planets.

1.3 DEFINITION OF HOROSCOPE

Astrology is based upon scientific data for the horoscope is a picture of the heavens, i.e., the astronomical positions of the planets with reference to the moment and the locality of one’s birth. According to the Sages, the horoscope indicates our past Karma- the Prarabdha portion of the Karma being our destiny in this life and that astrological predictions are only tendencies of nature towards fulfilment. One can lessen their momentum in the particular direction desired by recourse to remedial measures. Several astrologers give several kinds of opinions for a horoscope. In literature there are many schools of thought. But basic factors do not change. In order to examine a horoscope a good deal of judgement is required. Horoscope has been defined as a forecast of a person’s future, typically including a delineation of

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10 Raman B.V.2004, Notable Horoscopes, Motilal Banarasidass, Delhi
11 Raman B.V.2002. How to judge a horoscope, Motilal Banarasidass, Delhi
character and circumstances, based on the relative positions of the stars and planets at the time of that person’s birth. Simple definition has been given as an advice and future predications based on the date of a person’s birth and the positions of the stars and planets.

Native- is the subject of the event (a birth for example) being chartered at particular time and is considered to be at the centre of the celestial sphere.

The horoscope serves as a stylized map of the heavens over a specific location of a particular moment in time. The Sanskrit word ‘hora’ is hora. Horoscope is horashastra.

A horoscope is an astrological chart or diagram representing the positions of the Sun, Moon, Planets, astrological aspects, and sensitive angles at the time of an event, such as the moment of a person birth.

The word horoscope is derived from Greek word hora and ascopos meaning ‘time’ and ‘observer’. Other common names for horoscope in English include natal chart, astrological chart, astro-chart celestial map, sky-map, star chart, Como gram, vitasphere, radical chart, radix, chart wheel, or simply chart.

Astrology is ancient, probably as old as when people first measured time. The Earth is part of cosmos. Astrology is a study of heavenly cycles and cosmic events as they are reflected in our earth’s environment and vice- versa a vast cosmic clock. Astrologers do study the sky writing in the heavens.

A Birth chart or Horoscope in Astrology is a two dimensional picture of the sky indicating the positions of the planets and the constellations at the time of birth at place. It is a snapshot of time and place. Life is complex thing many influencing factors are taking part during the course of a person’s life.

It is a snapshot of time and space Lilly William (2007)\textsuperscript{12}, while defining nativity said that it is the moment of birth or precise time of a child’s coming in to the world and in which he is made a visible member of the creation.

\textsuperscript{12} Lilly William ,2007,Encyclopedia of Astrology, Book Service, Delhi
The Sanskrit term for horo is horo (होरो) Horoscope is hora- Shastra. The Latin word horoscopes, ultimately from Greek, nativity, horoscope literally observer of the hour (of birth)

The native is the subject of the event (a birth) being charted at a particular aspect of astrology. The planets time and place and is considered to be at the centre of the celestial sphere. The celestial sphere is an imaginary sphere on to which the zodiac, constellations and planets are projected.

A natal chart is comprised of four main components: Planets, signs, houses and aspects. The sign and planets play an important part in the total interpretation of our chart. A good natal chart interpretation will paint a picture of basic personality of native.

Mateo Meliza\textsuperscript{13} said that a natal birth chart, is a horoscope or astrological chart that is drawn from the exact time of a person’s birth and it gives a revealing glimpse into a person’s character by analysing the position of the planets and astrological houses during the time of birth, along with the person’s astrological sign.

The sign is the 12-fold cycle of the zodiac and is one of the more popular refer to the sun and the moon and the other planetary bodies in the solar system. “The planets show what is happening and the signs show how it’s happening and the houses show were its happening”\textsuperscript{14}. The 12 sign have an influence on a person all the time and the energies of the 12 signs are present at the time of birth in various ways.

The primary purpose of natal Astrology is to construct a horoscope chart based on specific birth data and then to interpreted the meaning in the chart in order to ascertain important information about the person whose birth data east used. Thus the horoscope chart is the principal tool for natal astrology. The horoscope chart is also referred to by various other name; the natal chart, natal horoscope, chart wheel, radix wheel or chart, birth chart etc.

\textsuperscript{13} Mateo Meliza, ”Understanding the meaning of a Birth Natal Chart” selfGrowth.com
\textsuperscript{14} http://www.mountainastrologer.com/standards/new_to_astro/beginners/5.html
A natal horoscope consists of a series of mathematical calculations for the birth moment of a person. These calculations include the positions for the Sun, Moon and 8 planets in the Zodiac for the moment selected, plus other sensitive points. This information is arranged in a chart wheel.

Tarnas Richard\textsuperscript{15}, opined that a birth chart or natal chart is a portrait of the Heavens at the moment of one’s birth. The Sun, Moon and planets are positions around the chart to reflect their positions around the Earth when one was born. He has given example that, where the symbol of Sun is located in the chart reflects the time of day one was born: thus if one was born at noon, the Sun would be at the top of the chart (called the mid heaven), while if one was born at dawn Sun would be shown rising on the left side of the chart near the horizon (called the Ascendant).

Tarsan explained that the difference between the natal chart and the astronomical reality it portrays. The natal chart has two dimensions rather than three, and it does not reflect the varying distances of the planet from the earth. What the birth chart does convey is the exact pattern of angular relationships existing between the planets and the earth at the time and place of one’s birth.

The basic principle of astrology is that the planets have a fundamental, cosmically based connection to specific archetypal forces or principles which influence human existence. The patterns formed by the correspondence to the patterns of human affairs on the earth. In terms of individuals, the positions of the planets at the time and place of a person’s birth are regarded as corresponding to the basic archetypal patterns of that person’s life and character.

Understanding of one’s life, its cycle, its ups and downs, the crises and the breakthrough, the periods of major change are made possible with the help of astrology through the study of transits. Transits occur when the planets currently in the sky form certain geometrical patterns with respect to the planetary positions at one’s birth. The nature of those patterns and the position and involvement of planets appears to correlate with the archetypal character of the experiences one tends to have at that time.

\textsuperscript{15} Tarnas Richard (www.gaiamind.org),” An Introduction to Archetypal Astrological Analysis”
According to Tarson Richard, Archetypes can be described in many ways. Archetype has been defined as a universal principle or force that affects the human psyche and human behaviour on many levels. Archetypes (for example Venus or Mars) seem to have a transcendent, mythic quality, yet they have specific psychological experience; as in desire for love and experience of beauty (Venus) or the impulse toward forceful activity and aggression (Mars).

An astrological chart or more specifically, a natal chart, is a symbolic representation of the position of the planets, the Sun, and the Moon, at the moment of a person’s birth. Each planet occupies a particular zodiac sign at a given moment, and it is the interpretation of this placement that provides astrologers with insight into a person’s personality and behaviour. Because an astrologer’s chart is based on facts—the actual positions in the sky (relative to earth) of heavenly bodies at a certain time—it is more of an astronomical than an astrological endeavour.

1.4 ASTROLOGY SYSTEMS

Gloria Surbhi (2013) opined that, Astrology deals with the relationship between the celestial bodies and human beings. According to universal concept, Astrology can be widely differentiated between western Astrology and Vedic astrology. Vedic astrology has several systems. Some of the astrology systems are KP, Lal Kitab, Jaimini, Parashari and Ashtak varga. Vedic Astrology has regained its glory and is all set to serve mankind in every aspect of their lives. All the systems of Astrology are highly efficient and deliver results that are accurate. All the systems would yield the same result if they are attempted properly. Desh, Kall and patra apply to the learning astrologer too, for instance, someone born in South India is more likely to have an indentation towards Jaimini Astrology as it is more prevalent there as compared to the rest of India. Parashari system is easy simple method of analysis (Bhava, bhavesh, Karaka). Astak varga is again a work by Maharshi Parashar.

According to Vinay Kumar (2006), the main styles of Vedic Astrology are:

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16 wikihow.com"How to creae an Astrological Chart".www.google.co.in
17 Gloria Surbhi ,"Which is the best astrologysystem?"astrocomp.com/best-astrology-system-argumentation.html
18 Vinay kumar,"Predictive styles of Vedic Astrology"vinayworldblogspot.in 2006/10/
1) Parashari

2) Jaimini

3) Tajik

4) Tantrik

5) Krishna murthi paddhati

1) Parashari Jyotish:

Refers to the style or tradition as elaborated by Maharshi Parashar in his classical work called the Brihat parashariHora Shastra. One can safely say that Hindu astrology took its birth through the teachings of parashara, the sage of sages. He laid down the various principles in his illustrious Hora Shastra through his divine Knowledge while instructing his disciple Maitreya who later became a worthy sage.

‘Parashari’ refers to the tradition of jyotish enunciated by parashara in his great work Brihat Parashara hora. In its current from this treatise contains in its 97 chapters a total of over 2000 verses dealing with natal astrology. Other famous classical works, including saravali, Jatak parijatat, Phaladipika, are elaboration of the parashari system. The parashari system is the most common and most popular from of natal astrology practise by majority of the Indian astrologers.

Parashar was a Maharshi and the author of many ancient Indian texts. He is accredited as the author of the first Purana, the Vishnu Purana, before his son Vyas wrote it in its present from. He was the grandson of Vasishtha. Parashara was raised by his grandfather vasistha because he lost his father at the early age.

2) The Jaimini System:

Maharshi Jaimini was a great Vedic seer. He has written the Jaimini Sutras- a work which forms the foundation of this system. Jaimini aspects are different. It uses Rashi aspects. Jaimini dasas are Rashi dashas as opposed to parashar dashas which are nakshatra dashas. Calculation of strength of house, calculation of longevity is different.

The Jaimini system differs in many respects from those given in standard works. It specifically, involves the idea of different kinds of Lagna. The planet which
has advanced to the farthest point in the Rasi occupied by him becomes the Atmakaraka (significator of the soul) and is the most important planet in the horoscope, and the sign holding him is regarded as the strongest (Patel C.S; 2001)\(^1\).

Jaimini lays special emphasis on the strength of the Rashi, which is derived by the position of one or more planets in it. The strength of the planet depends on the amsabala (degrees in the rashi) and mool trikona bala i.e. (position in exaltation).

In this system the aspects are determined as follows.

a) A chara rashi(cardinal) aspects all the sthir rashi, fixed rashis and the planets in them except the one adjacent to it.

b) A sthira rashi aspects all the chara rashis except the one adjacent to it

c) An Ubhaya / Mutable sign aspect all the other Ubhaya rashis and the planets in them, and the planets in it

The dasa period is variable according to the situation of the lord of the dasa, with reference to his Rasi and is equal to \((n-i)\) years, where \(n\) represents the distance in rasis between the rasi and its lord taken clock wise or anticlockwise according as the rasi belongs to the Savya or Apasavya group.

3) **Nadi Jyotisha:**

It is a unique system of astrology. The books or “granthas” on this system contain readymade horoscopes giving out the whole life-reading with important events in the life of the native, as well as his parents etc., and also information about the previous and future births, and other matters.

A nadi grantha is a compilation of already calculated horoscopes with predication given. Each nadi is unique in style depending on Rishi who wrote it. There are many nadi Granthas mainly in South India. In the North there is Bhrigu samhita in Punjab. In the south the popular ones are: Kala Chandra nadi, vashista nadi, Suka nadi, Dharuva nadi, Buddha nadi, and Bhargava nadi ets. Complete reading includes four parts: A bhava phal, Yoga Khanda, Karma khanda and shanti khanda.

\(^1\) Patel C.S.,Aiyar C.A.S.,"Ashtakavarga” Sagar Publications, Delhi, 2001
In the Nadi Jyotish, each rashi is divided into 150 amsas and each amsa a purva(former) bhaga and Uttar (later)bhaga.” The selection of the appropriate Nadi for a person depends on some such factors as a) certain lines on his palm, b) the length of his shadow, c) the name or an important event in the life and this clue to the selection is being kept as a secret by the astrologers in possession of Nadis.

4) **Tajika Jyotish:**

The Tajik system is a late development and is a cross between the Vedic and Arabic astrology introduced into India by Turks. Tajik is a Sanskrit term for an “Arab”. Tajik is somewhat popular in Northern India amongst the eclectic astrologer. In the Middle Age (around 1587 AD) a Hindu Astrologer, Nilkantha, work a text and commentary on this system called, ‘Tajak-Nilkanthi’. Tajik system highlights “yearly Horoscope” called varshaphal-method of doing yearly readings. It is a Tajak speciality.

5) **Tantric system:**

The origins are unclear or unknown. It is a mystical and intuitive attitude towards Jyotish. Tantra call for sacrificial rites. Techniques might include observation and interpretation of the moment of the question, speech pattern of the client, mannerisms astral travel and use of other shamanic techniques.

6) **Krisna Murti Paddhati (K.P)**

In very recent years an astrologer from Tamil Nadu, the late KS Karisna murti, attempted to formulate his own system which he called the krisna murti paddhati. This is based on the parashari method with a lot of focus on the nakshatras and their lordship. It gives more importance to the Nakshatra lord and sub lord rather than the house lord. The vimshottari Mahadasa is the foundation for this system.

For the present study Parashari system has been selected by the researcher.

**1.5 PLANETS AND SIGNS:**

According to the Indian system, there are nine planets i.e. the seven planets whose names are attached to the week days and Rahu and Ketu. Their names are Sun, Moon, Mars, Mercury, Jupiter, Venus, and Saturn
The zodiac which is a circle has 12 Rasis or signs through which the planets travel during their journey. These rashis are called Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

Like a clock, the zodiac is divided into 12 segments, or houses, each one ruled by a different sign. The zodiac begins with the first house, and goes counter clockwise around.

The astrology heart is a 360-degree wheel that is split into 12 sections of 30 degrees each. 12 houses into 30 degrees = 360 degrees. These 12 sections like 12 different sections of pie, each section represents a specific area of life.

The planets exert a great deal of energy in the house in which they are physically located in the birth chart.

**HOUSES**

Horoscope is divided into 12 houses by most of the horoscopic traditions of astrology systems.

The positions depend on time and location rather than on date in third astrological tradition these are known as Bhavas. To calculate the houses, it is necessary to know the exact time, date and location. In natal astrology some astrologers always make use of time set for noon or sunrise if the actual time of birth is unknown.

Division of houses is based on ecliptic plane at the time and place to the horoscope in question. They are numbered counter clockwise form the cusp of the first house. Houses one through six are below the horizon and houses seven through twelve are above the horizon. The chosen plane is divided into equal arcs of 300 each. If the space is the basic for house division. It is necessary to note whether these divisions are made directly on the ecliptic or on the celestial equator or some other great circle, before being projected on the ecliptic.

On the other hand, if the time is basis for house division a difference must be made for whether the houses are based on invariant equal hours (each house
represents 2 hours of the sun’s apparent movement each day) or tempered hours (day time and night time divided into six equal parts but here the temporal hours will vary according to season and latitude).

**The Twelve Houses**

The basic outline of the houses as they are still understood today and includes the traditional Latin names are given below.

<table>
<thead>
<tr>
<th>House</th>
<th>Related Sign</th>
<th>Latin motto</th>
<th>Translation</th>
<th>Modern Title</th>
<th>Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aries</td>
<td>Vita</td>
<td>Life</td>
<td>House of self</td>
<td>Physical appearance, traits, characteristics, first impression, general outlook into the world. Ego, beginnings, initiatives.</td>
</tr>
<tr>
<td>2</td>
<td>Taurus</td>
<td>Lucrum</td>
<td>Wealth</td>
<td>House of Value</td>
<td>Material and immaterial things of certain value, Money, belongings, property, acquisitions, cultivation and growth, self-worth.</td>
</tr>
<tr>
<td>3</td>
<td>Gemini</td>
<td>Fraters’</td>
<td>Brothers</td>
<td>House of communications</td>
<td>Early education and childhood environment, communication, happiness, intelligence, achievements, siblings, short, local travels &amp; transportation.</td>
</tr>
<tr>
<td>4</td>
<td>Cancer</td>
<td>Genitor</td>
<td>Parent</td>
<td>House of Home &amp; family</td>
<td>Ancestry, heritage, roots, early foundation, and environments, Mother or mothers as figure, caretaker of household, comfort.</td>
</tr>
<tr>
<td>5</td>
<td>Leo</td>
<td>“Nati”</td>
<td>Children</td>
<td>House of pleasure</td>
<td>Recreational and leisure activities things which makes for enjoyment and entertainment, love and romance, children, creative self-expression.</td>
</tr>
<tr>
<td>6</td>
<td>Virgo</td>
<td>Valetudo</td>
<td>Health</td>
<td>House of health</td>
<td>Routine tasks and duties, skills and training acquired, Jobs and employments, Health and overall well-being, service performed for others.</td>
</tr>
</tbody>
</table>
### House Related Sign Latin motto Translation Modern Title Characteristics

<table>
<thead>
<tr>
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<th>Modern Title</th>
<th>Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Libra</td>
<td>Uxor</td>
<td>Spouse</td>
<td>House of partnership</td>
<td>Marriage and business partners, agreements, matters dealing with diplomatic relations of all kind, inducing open enemies.</td>
</tr>
<tr>
<td>8</td>
<td>Scorpio</td>
<td>Mors</td>
<td>Death</td>
<td>House reincarnation</td>
<td>Cycles of deaths and Rebirth, sexual relationships of all kinds, joint funds, finances, other person’s resource, Regeneration.</td>
</tr>
<tr>
<td>9</td>
<td>Sagittarius</td>
<td>Iter</td>
<td>Journeys</td>
<td>House of philosophy</td>
<td>Foreign travel and foreign countries culture, long distance travels, Religion, law and ethics, higher education, knowledge.</td>
</tr>
<tr>
<td>10</td>
<td>Capricorn</td>
<td>Regnum</td>
<td>Kingdom</td>
<td>House of social Status</td>
<td>Ambitions, status in society, Government, father, father figure, breadwinner of the household, one's public appearance, impression at large.</td>
</tr>
<tr>
<td>11</td>
<td>Aquarius</td>
<td>Benefacta</td>
<td>House of friendships</td>
<td>House friendships</td>
<td>Friends, acquaintances of likeminded attitudes, groups, clubs, societies, higher associations, fortunes from career hopes, wishes.</td>
</tr>
<tr>
<td>12</td>
<td>Pisces</td>
<td>Career</td>
<td>Prison</td>
<td>House of self-undoing</td>
<td>Hospitals, places of seclusion, self-imposed imprisonments, secretive or privacy, self-sacrifice, unknown enemies.</td>
</tr>
</tbody>
</table>

### 1.6 HOUSE QUALITIES:

In a horoscope houses 1,4,7, and 10 are called kendras, quadrants, angles and 5,9 are called trikonas or trine; 2,5,8 and 11 are called panapharas and 3,6,9 and 12 are called as Apoklima or cadent houses. The lagna or first house is treated as Kendra as well as trikona house. Kendra houses are auspicious.

The VI, VIII and XII are considered as bad houses in astrology or they are also called Trik Houses.
The third and 11th are called Upachaya houses.

The movable signs are Aries, Cancer, Libra, and Capricorn, whereas fixed signs are Taurus, Leo, Scorpio, Aquarius, and Dual or Common signs are Gemini, Virgo, Sagittarius and Pisces.

Agni Tatva or fiery signs are Aries, Leo and Sagittarius; Earthy signs are Taurus, Virgo, Capricorn; Airy signs are Gemini, Libra, Aquarius; and watery signs are Cancer, Scorpio, and Pisces.

The whole Zodiac consisting of the twelve signs represents the body of the Supreme whom for astrological purposes we call the Kaalpurusha. The twelve signs according to Brihat Parashari Hora shastra stand for –, Head-Aries, face and throat-Taurus, Neck and arms- Gemini, Heart- Cancer, Stomach- Leo, waist- Virgo, Navel-Libra, Private parts- Scorpio, Thighs- Sagittarius, Legs-Capricorn, Ankle-Aquarius, Feet-Pisces.

In Hindu system of Astrology only nine planets were mainly taken in to consideration, viz. Sun Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu, Ketu. All these planets have their natural characteristics or “karakatwas” which have to be taken in to account at the time of the study of the birth chart of Janma kundali.

**The Sun:** - The Sun has yellow eyes which dispense honey, his body is square, and he is pure, bilious in constitution, intelligent, masculine and tends towards baldness. According to Parashara sage the well-placed Sun gives intelligence, perception strength and character. It affords stamina, vitality, positive spirit, direction, courage, confidence, leadership, independence and straightforwardness. It gives the power of independence. In terms of family relationships, the Sun represents the father. The Sun shows the kind of authority and the values that shape our lives.

**The Moon:** - indicates the cosmic feminine force. As the Sun is the self, the moon is the mind. The moon rules Cancer and Fourth house. The Moon can be easily influenced and overcome by other planetary energies. Saturn can darken or depress it, or give it detachment.
1. Introduction

The Mars: - is the energy. It relates to our passions, our emotional or vital capacity for self-projection. It is a planet of power, strength, courage, aggression, which measures our ability to project force in life.

The Mercury is the most mutable of the planets. It represents speech, communication, commerce etc.

Jupiter is well known as the most helpful, generous and benefice of the planets. It shows our principles in life, our guiding light of truth. Jupiter is the planet of creativity. It signifies outer creativity, such as our children. From Jupiter the state of our children is to be ascertained.

Venus or Shukra means bright light. It shows our natural tendency to beautify things.

Saturn is traditionally the most difficult of the major planets, the legendary king of the malefics. He has been feared throughout the centuries as the great God of death- the signification of death.

It brings about death, disease, poverty, misery, sorrow, separation Saturn brings about limitation and obstruction, hindrance in self-expression and in self-manifestation, which may become oppression and adversity.

As Jupiter is the God of Joy Saturn is the God of Sorrow. As Jupiter is optimist Saturn is pessimist. Jupiter tells us that “all is God” Saturn drills in to us that “nothing is divine”, that nothing is truly real in the outer world.

Saturn is the signification of disease, old age and death, the great enemies of human life, which overcome all life bound by time.

Saturn gives bad luck, misfortune, difficult karma, or an unfortunate destiny. The influence of Saturn is to delay and withhold. It is the darkness.

Rahu and Ketu are the nodes of Moon and are regarded as secondary or shadowy planets. They represent the points at which the Moon crosses the point of the Sun’s orbit, eclipses can occur. Rahu and Ketu are regarded as secondary or shadowy
planets. At these places at which the Moon crosses the celestial equator. These two nodes are malefic.

Most important are the angular house or Kendra Houses, houses, 1, 4, 7 and 10 that mark strong will in life. Angles from the Ascendant. Planets situated in angles are strong and active to accomplish their potential. Angular houses are similar in character to movable signs. They are sharp, energetic, and decisive. They give power for achievement and a strong will in life. Of these, the tenth is the strongest angle, followed by the seventh, fourth and first. Planets in the tenth house dominate the chart and overpower even the Ascendant, making their imprint strongly on the life and character of the person.

Malefics in angles may cause difficulties, while benefics in angles afford much luck protection. These houses are said to be houses of a Goddess Laxmi, the Goddess of fortune. They give fortune of body (first house), fortune of home (fourth house), marriage (seventh house) and career (tenth house). They are called the pillars of the chart.

**Succedent Houses:** Two, five, eight and eleven are called Succedent or Panapara houses. They are similar in meaning to fixed signs, showing the accumulation of resources and maintaining what we have. Of these, the fifth is the strongest succedent house then the eleventh, then the second and eighth.

These houses generally relate to income. The fifth gives gains through speculations, the eleventh through income, the second through one’s personal work; and the eight through inheritance.

**Cadent or Apoklima Houses:**

These are 3, 6, 9, and 12 houses. In these houses planets are very weak, uncertain, or hidden in action. They are as mutable signs. They give mental sensitivity and general adaptability that can grant a high intelligence, but they also tend toward instability and insecurity, and are prone to mental and nervous problems.
Of these the ninth is the strongest, then the third, sixth, and twelfth. The sixth and twelfth are the difficult houses for health and happiness. The ninth and twelfth are spiritual houses. The third and sixth give conflict and striving. A chart without good planets in angles is regarded as without distinction or power. A chart with bad planets in angles is like a ship with holes in it. Good benefics like Jupiter in an angle cancel numerous afflictions.

**TRINE HOUSES:**

1, 5 and 9 are trine house or also called as “Trikona”. Their locations form a triangle relative to the Ascendant. Residency in a trine house is surely a source of strength, like placement in an angle, though angles are a little stronger than trines. Jupiter does well in trines because its trine aspect comes in to play in them. Malefic spoils the good effects of these houses. And cause many difficulties.

The best trine is ninth house. Though a cadent house it is considered very well. The fifth also gets boosted by this factor and becomes the good cadent house.

**UPACHAYA AND APACHAYA HOUSES:**

Houses 3,6,10 and 11 are called Upachaya or increasing houses. Planets located in them increase in strength through time and give progressively better results as one gets older. Natural malefics like Mars and Saturn do well in these houses, and give the power to overcome difficulties. The lords of these houses (except the tenth), are usually inauspicious and can cause harm because they are too impulsive in nature.

The tenth and the eleventh are best locations, though tenth is more specifically an angular house. The eleventh is good place for planets because malefics do very well here and benefics do not fare badly here.

Apachaya houses are 1,2,4,7, and 8 and called houses of decrease. Planets located here lose their strength .Malefic planets do not do well in these houses. Of these house 8 is the worst, probably the most unfortunate house in the chart.
**DUSTHANAS OR DIFFICULT HOUSES:**

Houses 6, 8 and 12 are called “Dusthanas” or bad houses. Planets are weakened here.

**1.8 SEPARATIVE PLANETS:**

The Sun, Saturn, Rahu, Ketu, and the ruler of the twelfth house from the Ascendant are separative planets. Some astrologers have added Mars also to this whose effect is mainly destructive. They serve to separate or remove us from the things in life that they influence. Saturn creates loss, alienation, or detachment.

**1.9 SANTAN SUKHA: PROGENY:**

Trivedi Mrudula, (2015)\textsuperscript{21}, reported that, Progeny is one vital aspect of life that ensures perpetuation of life and gives both immense pleasure to those who are blessed with it and equally terrible agony to those who are denied this joy. As a natural corollary this aspect of human life is extensively covered in the extant classical texts. The learned authors have attempted to compile a comprehensive treatise on the topic by presenting the discussion on the astrological principles relating to progeny and by bringing together the classical rules enunciated in the text of various authorities along with several special yoga regarding the birth, delay, denial and loss of children.

The fifth house refers to children. According to Raman B.V. (2002)\textsuperscript{22}, if Sun is in fifth house, this combination deprives the person of children, riches and happiness.

If Mars is in fifth house the native suffers misfortunes through children.

If Saturn is placed in fifth house, it denotes sorrows through children; and also sorrow in domestic life.

If fifth lord is situated in 6\textsuperscript{th} or 12\textsuperscript{th}, the native’s son will behave like enemy (Pathak H.2000).


\textsuperscript{22} Raman B. V.(2002) How to judge a horoscope, Motilal Banarasidass, Delhi
If fifth lord and Lagna lord are inimical to each other, then the native or it has aspect of lagnesh then the relationship between father and son will be inimical with each other.

If fifth lord is placed in third house and it has aspect of Mars or Rahu, bitterness in relationship between father and son will be evident.

If there is malefic planet situated in Ascendant, Lagna Lord in fifth house, fifth lord is in third house, and Moon in fourth house, in such combination happiness from children will not be received by parents. They will get unhappiness from children.

If the sixth lord is found to be placed in fourth house then father-child relationship is not cordial, as per the opinion given in “Mansagari” 23 If fifth lord is situated in sixth or twelfth house the enmity will exist between parents and children.

If fifth house is occupied with Moon and Sun (association) the native will be very miserable, and father of “Ku-Putra’ bad children and subsequently will not get happiness from children24

1.9 ASHRAM SYSTEM

The life of an individual is influenced by four factors, namely the place of work where a man lives, the time in which he lives, the effort which he makes, and his natural trait. The ashram system is based on particular point of view with regard to the problem in life and the problem of conducting life.

The literal meaning of word Ashram is “a halting or resting place’. Hence, ashram signifies halt, or stoppage or we may say a stage of rest in the journey of life to prepare a man for further journey.25

Ashramas are regarded as different stages in life of an individual which train him for some period and the individual exerts himself in the same order to qualify himself for the next stage of life.

23 in Dahiya N.S. 2011; Ch.33 – 469 &470).
Life is divided into four stages- Bramacharya, Grihastha, Vanaprastha, and Sanyasa.

The place of bramacharya Gurusram is the residence of Guru. This ashram is completed by the man attains the age of 25 years.

Gruhastha ashrama: is the life of a householder. He starts with his marriage ceremony.

Vanprastha ashram is the third one and a man enter this stage at the age of 50. In vanprasth ashrama a person has to live his family and village too. He must lead a life of self-control and friendliness and charity to others,

Sanyasahram: The last ashram of life is the sanyas ashram, at the age of 75 years. A person breaks off all attachments with the world.

Thus Vanprastha is a part of the Vedic ashram system, which starts when a person hands over household responsibilities to the next generation, takes an advisory role, and gradually withdraws from the world.

Sanyasa is the life stage of renunciation within the Hindu philosophy. It is traditionally conceptualized for men or women in late years of their life.

But it is not possible to compare vanprastha or sanyas ashram with old age home inmates as this topic of research is totally different. This is a grave social problem and elderly people are being forced to leave home for spending the rest of their lives, lonely and unhappy. In many cases the parents themselves opt to stay away from their children. In the present study the researcher was curious to know similarities, if any, in the birth charts of old age home inmates.

1.10 PURPOSE OF STUDY:

Astrology currently is understood as a system which derives statements about abstract or concrete things such as people, animals, nations, or events from the position of planets and fixed stars which they are normally regarded as to be independent of. There is a difference between doing astrological research and devising a test in order to ‘prove” something. Astrology is about the measurements and all interpretations are mediated by the mind of the interpreter.
It offers a useful perspective on aging by organising the chronology of different stages of life. In the second century AD, the great astrologer Claudius* outlined the seven major phases of human life, from infancy to old age. Beginning around age 65-67, the final phase of old age is ruled by SATURN, indicating the time when the body and soul are cooled down, and there are blocks to natural impulses, desires, enjoyment and speed. Modern astrologers interpret birth charts by associating youth with Mercury and Venus, and old age with Saturn. In astrology old man Saturn is the most serious voice of the birth Chart. The key to aging gracefully may lie in fostering more ‘intergenerational’ contact between the planets that rule youth and old age. Old age brings with it its own set of apprehensions, doubts, worries, and concerns. There are many questions that bother men and women standing at the threshold of old age.

In today’s modern world, old age homes have emerged as an unavoidable necessity. In the nuclear family, the husband and wife are more concerned about their career growth and monetary gains. As a result family has descended into the background of our priorities. Children do not have time to spend with their parents. Most of the professionals have discovered old age homes as a practical solution to their problems. But, at the same time, they ignore the fact that their parents value the love and care of their children more than any luxuries in the world. People have no qualms in shedding off their responsibilities to their parents. They forget the numerous sacrifices made by their parents to realise their dreams. Parents always stood as a big wall protecting their children from all the catastrophes of life. The irony is the grown up children consider their parents as a big burden. This is a shameful trend which should not be encouraged.

The solace the parents get from their children cannot be provided by the luxurious facilities in old age homes

The researcher was curious to observe the planetary position in the birth charts of the inmates of Old Age Homes. Why the parents are forced to leave their own home and why they are staying in old age homes? Why they have to stay away from their family?
Family is the main source of care giving to all its members. Aging of population is an obvious consequence of the process of demographic transition. Yadav Lalan (2014) reported that, rapid growing of industry, modernization in India has also affected the elderly population. The term ‘old can be associated with physical incapacity.

This study aims at giving importance to such stage of family life cycle, when old people suffer from many types of diseases or ill health, psychological problems etc. This stage is also known as the contacting stage of family life cycle when children leave home and stay outside for earning their livelihood. It is really a social problem and investigator was keen to observe the similarities in the horoscopes or birth charts of old people residing in Old Age Homes.

**SCOPE OF THE STUDY:**

All the questions can satisfactorily answered by astrology and solutions found to cumbersome problems that might loom large in the coming future. By studying the planetary arrangement in the Birth Chart, one can discover specific information that will help direct our life with greater success. It will provide a way of understanding many problems and facing many situations. The native will gain insight into nature-both strengths and weaknesses as well as talents and interests, challenges. One will be better prepared to make decisions that are fulfilling and worthwhile. The study will help old generation in dealing with problems and enrich their lives.

Old age is marked by many life events especially loss of spouse, long term friends and interpersonal problems with family members. Feeling of loneliness and constrained relationship with the children is the reason to seek voluntary admission and is more among the widow population. Some of them with poor financial status of their children are forced to stay in the old age home. Aging process restricts the occupational functioning and also the role as earning member of the family. Aging is a normal biological phenomenon. There is rapid increase in in elderly population due to decrease in mortality rate and fertility rate by the consequence of better medical

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and health care facilities. To improve the quality of life in elderly, emphasis should be given on the development of social relationship and self-belief restoration by counselling. This study will give new insight to students of Astrology and Vedang Jyotish and also academicians in the field of Astrology. This study will also motivate researchers to take up topics related to various stages of family life cycle and also various aspects of birth charts shall be taken for the research.

DE-LIMITATIONS:
1. The study is limited to selected Old Age Home inmates of Nagpur, Mumbai, Pune, Aurangabad
2. The study is limited to selected 407 male and female respondents
3. The study is limited to selected houses, and signs and planets in these houses
4. The study is limited to placement of Saturn and Jupiter
5. The study is limited to Sarvashtakavarga (SAV) D-1 and D-4 charts

AIM OF THE STUDY:
To study Old Age Home Inmates: an astrological study with reference to Parashri (Classical) System

OBJECTIVES:
- The objectives of the study were as under
- To study Lagna and Placement of Lagna Lord
- To study second house, fourth house, fifth house and planetary position in D1 and D-9 charts
- To Study Ninth house and position of planets in ninth house
- To study Apoklima (cadent) houses and placement of planets in them
- To study the position of Saturn and Jupiter in the Birth charts of respondents, Saturn- Jupiter Relationship
- To study the placement of Ashtakavarga points in 2nd, 5th and 9th houses in SAV and also D-4