DECLARATION

I, Thressia P. A. do hereby declare that this thesis entitled “An Experimental Study to Test the efficacy of Raw diet and Yoga to control Type2 Diabetes in different stages of disease process.” is a bonafide record of research work carried out by me and has not been submitted for the award of any degree, diploma, title or recognitions earlier.

Kottayam

08.07.2016

Thressia.P.A.