CONTENTS
# CONTENTS

<table>
<thead>
<tr>
<th>PAGE NO.</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>i-iv</td>
<td>PREFACE</td>
</tr>
<tr>
<td>1-11</td>
<td>CHAPTER ONE  INTRODUCTION</td>
</tr>
<tr>
<td>12-55</td>
<td>CHAPTER TWO  ADJUSTMENT PROBLEMS VIS-À-VIS HOSPITAL SETTING</td>
</tr>
<tr>
<td>56-74</td>
<td>CHAPTER THREE  STUDY AREA AND FRAMEWORK OF THE PRESENT STUDY</td>
</tr>
</tbody>
</table>

## CHAPTER TWO
### ADJUSTMENT PROBLEMS VIS-À-VIS HOSPITAL SETTING

1. **What is adjustment**  
2. **Studies on adjustment**  
3. **About state anxiety**  
4. **Few studies on state anxiety**  
5. **About trait anxiety**  
6. **Few studies on trait anxiety**  
7. **A few words about depression**  
8. **Studies related to depression**  
9. **Personality – what it is**  
10. **Studies in connection with personality dimensions**  
11. **About environmental setting**  
12. **Studies on environment of the hospital setting**

## CHAPTER THREE
### STUDY AREA AND FRAMEWORK OF THE PRESENT STUDY

1. **A few words about Kolkata**  
2. **About Hospital Environment**  
3. **Adjustment – it’s meaning**  
4. **Anxiety – what it is**  
5. **About Depression**  
6. **About personality dimensions**  
7. **About perceived environment of hospital setting**  
8. **Framework of the study**  
9. **Rationale**  
10. **Title**  
11. **Sample**  
12. **Tools to be used**  
13. **Steps to be followed**  
14. **Probable Applied Value**
CHAPTER FOUR
METHODOLOGY 75-96

4.1 Title: Adjustment problems of nurse and staff of government hospitals at Kolkata 75
4.2 Aim of the present investigation 75
4.3 Concept and operationalization 81
4.3.1 General health 81
4.3.2 Adjustment 81
4.3.3 Anxiety 83
4.3.4 Depression 83
4.3.5 Personality 84
4.3.6 Perceived environment of hospital setting 85
4.4 Hypotheses 85
4.5 Study area and sample selection 88
4.5.1 Study area 88
4.5.2 Selection of the sample 90
4.6 Tools used 91
4.6.1 General Information Schedule 91
4.6.2 General Health Questionnaire 91
4.6.3 Bell Adjustment Inventory 91
4.6.4 State Trait Anxiety Inventory 92
4.6.5 Beck Depression Inventory 92
4.6.6 Eysenck Personality Questionnaire 92
4.6.7 Perceived Environment of Hospital Setting Questionnaire 93
4.7 Administration of tools and collection of data 93
4.8 Scrutiny of data 93
4.9 Scoring and tabulation 93
4.10 Statistical analysis of data 94
4.10.1 General information schedule 94
4.10.2 General health questionnaire 95
4.10.3 Bell adjustment inventory 95
4.10.4 State Trait Anxiety Inventory 95
4.10.5 Beck Depression Inventory 95
4.10.6 Eysenck Personality Questionnaire 95
4.10.7 Perceived Environment of Hospital Setting Questionnaire 96
CHAPTER FIVE
RESULTS AND INTERPRETATION 97-143

CHAPTER SIX
SUMMARY AND CONCLUSION 144-159

REFERENCES 160-205

APPENDICES

APPENDIX-I
General Information Schedule

APPENDIX-II
General Health Questionnaire

APPENDIX-III
Bell Adjustment Inventory

APPENDIX-IV
State Trait Anxiety Inventory

APPENDIX-V
Beck Depression Inventory

APPENDIX-VI
Eysenck Personality Questionnaire

APPENDIX-VII
Perceived Environment of Hospital Setting Questionnaire