

Appendix III

ADOLESCENT STRESS INVENTORY

(Checklist IIA)

Developed by

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Introduction: The broad objective of the questionnaire was to know whether the subjects were stressed in the areas such as academic pressure, parental pressure, peer pressure, career worries, worries related to sexual development etc. The statements were to be ticked against five categories of responses- SA – Strongly Agree, A – Agree, U – Undecided, D – Disagree, SD – Strongly Disagree

Checklist II A.: *Given below are some statements. Read each statement carefully and check which applies to you. There is no right and wrong answer. Your opinion will be kept confidential and only be used for research purposes. Tick your responses in the columns adjacent to the statements.*

Sl. No.	Statements	SA	A	U	D	S D
1.	I am very happy with the type of environment I have at home.					
2.	My parents expect too much from me, which stresses me.					
3.	My parents expect me to abide by whatever they say.					
4.	I do always have to surrender to my peers.					
5.	My parents delineate the career path I should take.					
6.	My friends push me to drink, but I don't....this makes me unpopular.					
7.	My boy/girls friend insists on having physical relationship with me.					
8.	I know visiting red-light areas is undesirable, so I don't.					
9.	I have every liberty to decide my career.					
10.	I have a lot of unanswered queries about sex related matters.					

Sl. No.	Statements	SA	A	U	D	SD
11.	I feel sexually frustrated and feel difficulty in concentrating.					
12.	I feel extreme sexual urge but social undesirability refrains me.					
13.	I don't get enough time from my parents as I wish to.					
14.	I do not like to experiment with drugs in spite of my craving for it.					
15.	My parents do not interfere in my friendship with opposite sex.					
16.	I am not much wanted in a friends' get together.					
17.	I am afraid if I am caught smoking some day.					
18.	I find it difficult to adjust with my parents.					
19.	I am afraid of police raids when I visit red light areas.					
20.	I am afraid if people know about my early sexual initiation.					