## CONTENTS

<table>
<thead>
<tr>
<th>Acknowledgement</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>List of Photographs</td>
<td></td>
</tr>
<tr>
<td>List of Appendices</td>
<td></td>
</tr>
<tr>
<td>Notes and Abbreviations</td>
<td></td>
</tr>
<tr>
<td>Glossary</td>
<td></td>
</tr>
</tbody>
</table>

### CHAPTER I

**INTRODUCTION**

1.1 Statement of the Problem 2
1.2 The Framework 7
   1.2.1 Paradigm of Indigenous Knowledge 7
   1.2.2 New Knowledge Paradigm 14
1.3 Sustainable Development 16
1.4 Sustainable Livelihood 18
1.5 Review of Literature 20
1.6 Objectives of the Study 29
1.7 Hypothesis 30

### CHAPTER II

**METHODOLOGY**

2.1 Demographic Profile of the Study Area 32
2.2 The Villages Selected For the Study 34
2.3 Methods of Data Collection 37
2.4 Confrontation and Constraints 40
2.5 Sources of Information 43
2.6 Tools Used For Data Collection 43
2.7 Limitations of the Study 46

### CHAPTER III

**UNDERSTANDING THE SOCIETY AND CULTURE OF THE HILL SAORAS**

3.1 Ethnicity and Identity of the Saoras 48
3.2 Ethnic and Cultural Identity of the Hill Saoras 55
3.3 Settlement Pattern
3.4 Social Organisation
3.5 Marriage as a Social Institution
3.6 Family as a Basic Unit of Social Organisation
3.7 Ownership of Property
3.8 Death Rites: Different Phases
3.9 Political System and Decision Making Body
3.10 Changes in Political System and Decision Making Body
3.11 Religious Life of the Hill Saora
3.12 The Saora Icon as the Abode of Spirits and Deities
3.13 Specialists of the Hill Saoras
3.14 Aesthetic and Recreational Life
3.15 Costumes and Ornaments
3.16 Sources of Survival
3.17 Food Pattern
3.18 Everyday Life
3.19 Division of Labour and Status of Women
3.20 The Interface of the Hill Saoras with Non-Adivasi Neighbour

CHAPTER IV
ECONOMY AND LIVELIHOOD OF THE HILL SAORAS

PART I
4.1 The Nature of Indigenous and Tribal Economy
4.2 Nexus between Forests and Indigenous People
4.3 Classification of the Mode of Subsistence
4.4 The Economy and the Livelihood Sources Of The Hill Saoras
4.5 Swidden Cultivation
4.6 Swidden Cultivation of the Hill Saoras
4.7 Ecological Impact Assessment of Swidden Cultivation
4.8 Terrace Cultivation
4.9 Settled Paddy Cultivation
4.10 Collection of Forest Produces
4.11 Cooperative Labour System of Hill Saoras
CHAPTER V
ECONOMY AND LIVELIHOOD OF THE HILL SAORAS

PART-II

5.1 Horticulture
5.2 Wage Labour
5.3 Miscellaneous
5.4 Summary

CHAPTER VI
INDIGENOUS KNOWLEDGE AND NOTION OF ILLNESS AMONG THE HILL SAORAS

6.1 The Background Scenario of Health and Associated Problems in the Hill Saora Villages
6.2 Concepts and Causes of Illness among the Indigenous Societies
6.3 Concept and Causes of Illness of the Hill Saoras
6.4 The changing notion of illness
6.5 Eco-System and Evolution of Medicine and Healing Tradition

CHAPTER VII
INDIGENOUS KNOWLEDGE AND THERAPEUTIC PRACTICES AMONG THE HILL SAORAS

7.1 The Indigenous Systems of Therapy
7.2 Shamanism as a Healing Tradition
7.3 The Shaman as a Healer Specialist in the Hill Saora Society
7.4 Therapeutic Tradition and Techniques of the Hill Saora
7.5 Changing Perception of Health and Healing of the Hill Saoras.
7.6 Comparing Indigenous and Modern Therapies
<table>
<thead>
<tr>
<th>CHAPTER VIII</th>
<th>WORLDVIEW, PERCEPTIONS OF GOOD LIFE AND DEVELOPMENT AMONG THE HILL SAORAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.1 Introduction</td>
<td>320</td>
</tr>
<tr>
<td>8.2 Worldview, Perception of Good-Life and Development of the Hill Saoras</td>
<td>323</td>
</tr>
<tr>
<td>8.3 The Changing Perception of Good Life and Development</td>
<td>328</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHAPTER IX</th>
<th>CONCLUSION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>348-365</td>
</tr>
</tbody>
</table>

| BIBLIOGRAPHY | |
|--------------| 366-384 |

| APPENDIX | |
|----------| 385-430 |