This is an attempt to trace "A Study on the Abhidhamma Literature in Sri Lanka and Myanmar". The Abhidhamma Pitaka, the third and the last section of the Tipitaka (three great divisions of the Buddhist Scriptures) contains the 'higher religion' or the higher subtleties of religion. Thus the famous Pali Commentators composed some valuable commentaries and other works on Abhidhamma in Sri Lanka and Myanmar. It is said that Buddhaghosa became instrumental in the spread of Buddhism throughout Sri Lanka and Myanmar. As it is seen that Abhidhamma is highly venerated abroad, the purpose of this research work is to study carefully the importance of Abhidhamma as a popular literature of Sri Lanka and also of Myanmar.

The present study, a compiled work, consists of six chapters. Chapter One, i.e., introduction deals with the origin of the Abhidhamma literature. Chapter Two comprises of a survey on the works on Abhidhamma Literature in Sri Lanka and Myanmar. Chapter Three deals with the date and authorship of the works on Abhidhamma. Chapter Four contains the subject-matter and method of treatment of the Abhidhamma texts. Chapter Five contains notes on some philosophical terms of Abhidhamma texts. Chapter Six is the conclusion.
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