APPENDIX -F
COLLEGE STUDENT REASONS FOR LIVING INVENTORY

DIRECTIONS

We conducted a survey to learn more about the reasons why college students do not kill themselves. The statements on the following pages represent the wide range of reasons that students gave.

Many people have thought of suicide at least once. Others have never considered it. Whether you have considered it or not, we are interested in the reasons you would have for not committing suicide IF the thought were to occur to you or IF someone were to suggest it to you.

We would like to know how important each of these statements would be to you at this time in your life as a reason for you to not kill yourself. Please rate this in the space the left on each question.

Each reason can be rated from 1 (Not at all important) to 6 (extremely important). If a reason does not apply to you or if you do not believe the statement is true, then it is not likely important and you should put a 1.

Please use the whole range of choice so as not to rate only at the middle (2, 3, 4, 5) or only at the extremes (1,6).

In each space, put a number to indicate the importance to you of each reason for not to kill yourself.

1. Not at all important (as a reason for not killing myself, or, does not apply to me).

2. Quite unimportant.
4. Somewhat important.
5. Quite important.
6. Extremely important (As a reason for not killing myself).

Even if you never have or firmly believe you never would seriously consider killing yourself, it is still important that you rate each reason. In this case, rate on the basis of why killing yourself is not or would never be an alternative for you.

—1. Killing myself would show a lack of character.
—2. I have my career to look forward to.
—3. I would be afraid of what others might think.
—4. I believe I have control over my life.
—5. I would be hassled by my family/friend if I tried killing myself and failed.
—6. I love and respect myself.
—7. I want people to have good/ positive memories of me after I die.
—8. My family might believe I didn't love them.
—9. It is against my religious beliefs to commit suicide.
—10. I want to have children.
—11. I'd be afraid that if I failed, I'd be left with a serious injury.
—12. I believe that only God has the right to end life.
—13. I want to contribute to society.
—14. Others depend on me (family, children) and need me.
—15. I wouldn't kill myself because of the values my parents taught me.
—16. I am here for a purpose.
—17. I want to see how people and the world will change in the future.
—18. I have a responsibility and commitment to my family.
—19. I'm a coward and would not have the guts to do it.
—20. I have confidence in my ability to deal with problems.
—21. I've worked too hard to throw it all away now.
—22. I would not want to disappoint my family.
—23. I am looking forward to the future.
—24. I consider it morally wrong.
—25. I am too stable to kill myself.
—26. I am too young to die.
—27. It would cause a lot of guilt and pain for my friends.
—28. I want to put my college degree to good use.
—29. I believe I can cope with my problems.
—30. I just think that things would never get bad enough to kill myself.
—31. I could not decide where, when, or how to do it.
—32. I would miss my family.
—33. I want to live to see what potential I have.
—34. Killing myself would be a murder.
—35. I would embarrass my college/university.
—36. Killing myself would show that I'm a failure and can't cope with everyday life.
—37. I would miss my friends.
—38. It would cause a lot of guilt and pain for my family.
39. I am scared of the pain that I would experience.
40. I want to graduate from college.
41. I enjoy life.
42. I am happy.
43. I'd be afraid of trying it and failing.
44. I have a lot of positive things going for me.
45. College will enhance my future.
46. I want to succeed.