Annexure I
Annexure II
Subject profile form

College name:

**Demographic characters**

Name:  
Gender:  M/F  
Age:  
Educational status:  U.G/P.G/Ph.D  
Social & economic history:  low/middle/upper class

**Anthropometric measurements**

Weight:  
Height:  
BMI:  
Waist:  
Hip:  
W/H ratio:  
B.P:  

**Family history of diabetes:**  positive/negative  
If positive relation:  F/M/S/B

**Co morbidities:**  Hypertension  
PCOS  

**Diet**

Type:  veg  
mixed-veg  
Amount of oils:  Low/medium/high  
Amount of salt used:  low/medium/high

**Physical activity:**

Sedentary/moderate/heavy

**Tobacco use:**  Yes  
No  

**Alcohol Consumption:**  Yes  
No  

**Other substance use or abuse:**  Yes  
No  

**Stress:**  Personal/Professional/No stress

**Place of residence:**  Rural  
Urban  
Tribal  

Subject profile form

**Biochemical parameters:**

Fasting glucose:

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
<th>Parameter</th>
<th>Value</th>
</tr>
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</tr>
<tr>
<td>S.Cr</td>
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<td>Uric acid</td>
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<tr>
<td>Na</td>
<td></td>
<td>Cl</td>
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</tr>
</tbody>
</table>

Phone number /contact address of patient:
Annexure III
Participant’s consent form

Participant:

Mr. /Mrs. /Ms (First and last name): .................................................................

Address: ........................................

........................................

I am willing to sign in this consent form as a part of research work. I am provided with the complete information about this study. I understood all the characteristics, objectives and the time of the study, I had the chance to ask the questions and I am well satisfied with the answers. I am provided with a copy of the consent form I have full freedom to decide whether to participate or not in this study. I have all rights to withdraw my participation at any time of the study. I need not to pay anything even if I don’t participate or withdraw from this study.

Participant’s name: ....................................................... (In block letters)

Signature of the subject ............. Date ............

Signature of the interviewer .......................