

Chapter V

Summary, Conclusions and Recommendations

Summary:

Sports and physical education is as old as mankind. It is based upon the biological unity of the mind and the body. Movement is the symbol of life; activity is basement for growth and development of the human being. Health physical and sports activities have played a vital role in human beings life, from the very inception of the civilized world. Physical education activities are educational tools to educate an individual's body through body movements. Physical education has established integrated roots through well designed and inter linked curriculum of games and sports for strengthening health and fitness leading to the flowering of personality as a whole. Educational values promoted through this discipline are felt richly today in the minds of modernized human begin.

Physical Education and sports programme in colleges and universities have a prominent place in the education system. The Purpose of these programmes is to approach the individual's potential and to develop them physically, mentally, emotionally, socially, and spiritually. Physical education is not imposed arbitrary measures on student community. It's should be planned, developed and implemented in response to their needs and interest. The wide range of physical education and sports programme is also to discover where participant's interest and talent lies. College and university student have many interest and they mean to prepare themselves successful of their occasions. Hence the programmes should bring with varieties of sports and physical education activities.

To organised a sound physical education and sports programme for improvement of health, temperament and abilities of the students, proper facilities adequate number of staff, financial resources and proper administration are required to implement the programme successfully. Play fields and facilities are to physical education and sports, what laboratories are to science. For an effective organisation of sports provision of fields and infrastructure facilities are must.

For successful implementation of physical education and sports programme in the universities a sound organisation and administrative set-up is required. Successful physical education and sports programme will positively depend on the quality of the organisational set-up, facilities, staffing and the type of programme that is implemented.

The finance and budget support can't be over looked nor under emphasized. The finance is the life blood for organisation and administration of any enterprise. In particular the department of physical education and sports requires the sound financial support to organize and administer the various activities in physical education and sports to cater the needs of the university student community in general talented sports persons in particular. To plan any programme, execute and achieve the definite goal financial support is very much required without finance nothing can be planned and executed.

The purpose of the study was to survey the facilities and financial assistance to the universities for organisational set-up and administrative functions of the department of physical education and sports in the universities of North India and East India.

Conclusion:

Conclusion on facilities

1. No significant difference was found between east zone and north zone in relation to facilities. Most of the universities from north zone and east have required sports facilities of indoor and out door games. Except few universities were having permanent coaches for selected games, other universities either had contractual or part time coaches for games.
2. Most of the universities from the north zone and east zone have 200 mts track or 400 mts track, swimming pool, gymnasium hall, reading room, ICT room.

Conclusion on Organisation set up:

1. No significant difference was found between east zone and north zone in relation to organisational set up as most of the universities were having permanent coaches, part time coaches and teaching and ministerial and supporting staff like LDC, UDC ground supervisors, store keepers and computer analysts in their universities.

Conclusion on administrative set up:

1. There was a significant difference between administrative set up between east zone and north zone universities.
2. North zone universities conduct coaching camps for all level of Inter Universities game and sports for men and women. Where as east zone universities lagged behind in conducting coaching camps for all level of inter universities game for men and women.

3. North zone universities have sports policy for sports quato admission purpose, where as in the East only selected universities have sports policy for for sports quato admission in their universities.
4. Both North zone and East zone universities deputed their coaching and teaching staff to attend refresher course, work shops, conference.
5. Most of the north zone universities conduct intramurals games inter faculty game in the universities. Where as in the east zone only selected universities conduct intramurals games inter faculty game in the universities
6. North zone and East zone universities send their university teams to take part in the various state districts, national level tournaments.
7. Most of the north zone universities conduct talent hunt coaching camps in their universities. Where as only selected universities from east zone that conduct talent hunt coaching camps.

Recommendations:

On the basis of the findings of the present study, the following recommendations for future research and for general research are put forth:

1. The results of this study may be utilized by the authorities so that adequate facilities may be created in all the universities in general to cater to the need of the student's community.
2. The department of physical education and sports in the universities should have proper hierarchy of the staff in the department.
3. Efforts should be made to widen the sports base of the universities.
4. Higher number of students should be motivated to participate in sports and the inter college competitions at university level.
5. The universities should maintain sport facilities to attract students to participate in sports activities.

6. The universities should have the entire playing facilities/sports infrastructure for their students to participate in games and sports.
7. The universities should have specialized sports personnels associated with each sports.
8. The universities should provide incentive in terms of kind and cash for budding players.
9. The universities should organize coaching camps for their teams.
10. Adequate number of qualified coaches may be appointed in the departments to train the university teams for various competitions.
11. Physical education and sports programme may be made compulsory for all students as a subject in curriculum to encourage student's awareness towards health and hygiene and also in sports.
12. Similar studies may be conducted on other universities such as the deemed universities, Agricultural Universities, Technical and Medical universities and Institutions.
13. Similar investigation may be conducted to survey the facilities, financial assistance, staffing pattern of the colleges affiliated to the universities and the constituent's colleges.
14. Similar survey may be conducted to survey the achievement, incentives and awards given to the outstanding sports persons of various disciplines.
15. Similar study may be conducted to study the infrastructure facilities available for sports and games at various districts and states.
16. Similar studies may be conducted on Private universities and Government funded universities (State/Central).
17. Similar study may be conducted on Facilities, Financial Assistance, Organisational Set Up and Administrative Functions of the Departments of Physical Education and Sports in the Universities of West zone India and South zone.
18. The Number of sports quato admission seats should be increase to attract more talented student players in the universities.
19. Similar study may be conducted on women universities of India.
20. Similar study may be conducted on residential universities and non-residential universities of India.
21. Similar study may be conducted on physical education universities and their contribution to Indian sports.