INTERVIEW SCHEDULE

1. SOCIO – DEMOGRAPHIC DATA (WIVES OF ALCOHOLICS)

1. Age
   a. Below 20
   b. 21-30
   c. 31-40
   d. 41-50
   e. Above 50

2. Educational background
   a. Uneducated
   b. Upto Schooling
   c. Under graduation
   d. Post graduation

3. Occupation
   a. Yes
   b. No

4. Monthly income
   a. Nil
   b. Below 500
   c. 501-1000
   d. 1001-1500
   e. 1501-2000
   f. Above 2001

5. Husband’s Occupation
   a. Semiskilled
   b. Skilled
   c. Self-employed
   d. Government Employee
   e. Private Employee

6. Husbands’ Income
   a. Below 1000
   b. 1001-2000
   c. 2001-3000
   d. 3001-4000
   e. 4001-5000
   f. 5001-6000
   g. Above 6001

7. Family Income
   a. Below 2000
   b. 2001-4000
   c. 4001-6000
   d. 6001-8000
   e. Above 8001
8. Duration of marriage
   a. Below 3
   b. 4-6
   c. 7-9
   d. 10-12
   e. Above 12

9. Number of children
   a. Nil
   b. 1
   c. 2
   d. 3
   e. More than 3

10. Type of family
    a. Nuclear family
    b. Joint family

11. Type of marriage
    a. Love marriage
    b. Arranged marriage

PERCEPTION OF HUSBAND’S ALCOHOLISM

Drinking Details
1. Alcohol consumption prior to marriage.
   a. Yes
   b. No

2. Frequency of drinking.
   a. Twice a day
   b. Thrice a day
   c. Throughout the day (24 hours)

3. Duration of drinking
   a. Past one year
   b. Past two years
   c. More than three years
4. Type of alcohol consumed
   a. Country Liquors (Arrack, Toddy etc)
   b. Branded Alcohol (Brandy, Rum, Whisky etc)
   c. High quality brands

5. Quantity of alcohol consumed per day
   a. Less than 500 ml
   b. 500 ml
   c. More than 500 ml

6. Amount spent for drinking per month
   a. Less than Rs. 1000
   b. Rs. 2000
   c. More than Rs. 2000

**Problems Attributed to Husband's Drinking:**
1. Relationship problems with neighbours.
   a. Yes
   b. No
2. Relationship problems with relatives
   a. Yes
   b. No
3. Problems in his work place
   a. Yes
   b. No
4. Problems in the family
   a. Yes
   b. No
5. Giving adequate money for household management
   a. Yes
   b. No
6. Finding money by himself for his drinking
   a. Yes
   b. No
### Consequences of Drunken Behaviour:

1. Physical abuse
   - a. Yes
   - b. No
2. Verbal abuse
   - a. Yes
   - b. No
3. Black out on the road sides
   - a. Yes
   - b. No
4. Problems with the police
   - a. Yes
   - b. No
5. Unreasonable silence
   - a. Yes
   - b. No
6. Occurrence of accidents
   - a. Yes
   - b. No
7. Sexual harassment
   - a. Yes
   - b. No

### Treatment Details

1. Referral for your husband’s treatment
   - a. Myself
   - b. My husband himself
   - c. Friends
   - d. Relatives

2. Methods adopted to bring your husband for treatment
   - a. Quarrelling with him
   - b. Advising him
   - c. Keeping silent
   - d. Other efforts

3. Is he Co-Operative for the treatment
   - a. Yes
   - b. No
Appendix

MARITAL CORRELATES AMONG WIVES OF ALCOHOLICS AND WIVES OF NON-ALCOHOLICS (A COMPARATIVE STUDY)

2. SOCIO – DEMOGRAPHIC DATA (WIVES OF NON-ALCOHOLICS)

1. Age
   a. Below 20
   b. 21-30
   c. 31-40
   d. 41-50
   e. Above 50

2. Educational background
   a. Uneducated
   b. Upto Schooling
   c. Under graduation
   d. Post graduation

3. Occupation
   a. Yes
   b. No

4. Monthly income
   a. Nil
   b. Below 500
   c. 501-1000
   d. 1001-1500
   e. 1501-2000
   f. Above 2001

5. Husband’s Occupation
   a. Semiskilled
   b. Skilled
   c. Self-employed
   d. Government Employee
   e. Private Employee

6. Husbands’ Income
   a. Below 1000
   b. 1001-2000
   c. 2001-3000
   d. 3001-4000
   e. 4001-5000
   f. 5001-6000
   g. Above 6001

7. Family Income
   a. Below 2000
   b. 2001-4000
   c. 4001-6000
   d. 6001-8000
   e. Above 8001

8. Duration of marriage
   a. Below 3
   b. 4-6
   c. 7-9
   d. 10-12
   e. Above 12
Appendix

9. Number of children
   a. Nil        d. 3
   b. 1          e. More than 3
   c. 2

10. Type of family
    a. Nuclear family        h. Joint family

11. Type of marriage
    a. Love marriage        b. Arranged marriage

Mark the appropriate answer that which is fitting with your marital life:

Physical Abuse : a. Yes        b. No
Verbal Abuse   : a. Yes        b. No
Sexual Harassment : a. Yes      b. No
Financial Problems : a. Yes      b. No
Adjustment Problems : a. Yes      b. No
Problems with In laws : a. Yes      b. No
Problems with relatives : a. Yes      b. No
## 3. THE ALCOHOL USE DISORDERS IDENTIFICATION TEST (AUDIT)

1. How often do you have a drink containing alcohol?
   - (0) Never [Skip to Qs 9-10]
   - (1) Monthly or less
   - (2) 2 to 4 times a month
   - (3) 2 to 3 times a week
   - (4) 4 or more times a week

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
   - (0) 1 or 2
   - (1) 3 or 4
   - (2) 5 or 6
   - (3) 7, 8, or 9
   - (4) 10 or more

3. How often do you have six or more drinks on one occasion?
   - (0) Never
   - (1) Less than monthly
   - (2) Monthly
   - (3) Weekly
   - (4) Daily or almost daily

4. How often during the last year have you found that you were not able to stop drinking once you had started?
   - (0) Never
   - (1) Less than monthly
   - (2) Monthly
   - (3) Weekly
   - (4) Daily or almost daily

5. How often during the last year have you failed to do what was normally expected from you because of drinking?
   - (0) Never
   - (1) Less than monthly
   - (2) Monthly
   - (3) Weekly
   - (4) Daily or almost daily

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
   - (0) Never
   - (1) Less than monthly
   - (2) Monthly
   - (3) Weekly
   - (4) Daily or almost daily
<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. How often during the last year have you had a feeling of guilt or remorse after drinking?</td>
<td>(0) Never, (1) Less than monthly, (2) Monthly, (3) Weekly, (4) Daily or almost daily</td>
</tr>
<tr>
<td>8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?</td>
<td>(0) Never, (1) Less than monthly, (2) Monthly, (3) Weekly, (4) Daily or almost daily</td>
</tr>
<tr>
<td>9. Have you or someone else been injured as a result of your drinking?</td>
<td>(0) No, (2) Yes, but not in the last year, (4) Yes, during the last year</td>
</tr>
<tr>
<td>10. Has a relative or friend or a doctor or another health worker been concerned about your drinking or suggested you cut down?</td>
<td>(0) No, (2) Yes, but not in the last year, (4) Yes, during the last year</td>
</tr>
</tbody>
</table>
4. CONFLICT TACTICS SCALE 2 SHORT FORM (CTS2S)

Please mark how many times you did each to these things in the past year, and how many times your partner did them in the past year. If you or your partner did not do one of these things in the past year, but it happened before that, mark a "2" on your answer sheet for that question. If it never happened, mark an "1" on your sheet.

Response Categories:
1) This has never happened
2) Not in the past year, but it did happen before
3) Once in the past year
4) Twice in the past year
5) 3-5 times in the past year
6) 6-10 times in the past year
7) 11-20 times in the past year
8) More than 20 times in the past year

1. I explained my side or suggested a compromise for a disagreement with my partner
2. My partner explained his or her side or suggested a compromise for a disagreement with me
3. I insulted or swore or shouted or yelled at my partner
4. My partner insulted or swore or shouted or yelled at me
5. I had a sprain, bruise, or small cut, or felt pain the next day because of a fight with my partner
6. My partner had a sprain, bruise, or small cut or felt pain the next day because of a fight with me
7. I showed respect for, or showed that I cared about my partner’s feelings about an issue we disagreed on
8. My partner showed respect for, or showed that he or she cared about my feeling about an issue we disagreed on
9. I pushed, shoved, or slapped my partner
10. My partner pushed, shoved, or slapped me
11. I punched or kicked or beat-up my partner
12. My partner punched or kicked or beat-me-up
13. I destroyed something belonging to my partner or threatened to hit my partner
14. My partner destroyed something belonging to me or threatened to hit me
15. I went to see a doctor (M.D.) or needed to see a doctor because of a fight with my partner
16. My partner went to see a doctor (M.D.) or needed to see a doctor because of a fight with me
17. I used force (like hitting, holding down, or using a weapon) to make my partner have sex
18. My partner used force (like hitting, holding down, or using a weapon) to make me have sex
19. I insisted on sex when my partner did not want to or insisted on sex without a condom (but did not use physical force)
20. My partner insisted on sex when I did not want to or insisted on sex without a condom (but did not use physical force)
5. PROACTIVE COPING INVENTORY (PCI)

"The following statements deal with reactions you may have to various situations. Indicate how true each of these statements is depending on how you feel about the situation. Do this by checking (√) the most appropriate box."

Response Categories:
1 - Not at all true
2 - Barely true
3 - Somewhat true
4 - Completely true

1. I am a "take charge" person.  
2. I try to let things work out on their own. (-)  
3. After attaining a goal, I look for another, more challenging one.  
4. I like challenges and beating the odds.  
5. I visualise my dreams and try to achieve them.  
6. Despite numerous setbacks, I usually succeed in getting what I want  
7. I try to pinpoint what I need to succeed.  
8. I always try to find a way to work around obstacles; nothing really stops me.  
9. I often see myself failing so I don't get my hopes up too high. (-)  
10. When I apply for a position, I imagine myself filling it  
11. I turn obstacles into positive experiences.  
12. If someone tells me I can't do something, you can be sure I will do it.  
13. When I experience a problem, I take the initiative in resolving it.  
14. When I have a problem, I usually see myself in a no-win situation. (-)  
15. I imagine myself solving difficult problems.  
16. Rather than acting impulsively, I usually think of various ways to solve a problem.
<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>17</td>
<td>In my mind I go through many different scenarios in order to</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>prepare myself for different outcomes.</td>
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<tr>
<td>18</td>
<td>I tackle a problem by thinking about realistic alternatives.</td>
<td>N B S C</td>
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<td>19</td>
<td>When I have a problem with my co-workers, friends, or family, I</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>imagine beforehand how I will deal with them successfully.</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Before tackling a difficult task I imagine success scenarios.</td>
<td>N B S C</td>
</tr>
<tr>
<td>21</td>
<td>I take action only after thinking carefully about a problem.</td>
<td>N B S C</td>
</tr>
<tr>
<td>22</td>
<td>I imagine myself solving a difficult problem before I actually</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>have to face it.</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>I address a problem from various angles until I find the</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>appropriate action.</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>When there are serious misunderstandings with co-workers,</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>family members or friends, I practice before how I will deal</td>
<td></td>
</tr>
<tr>
<td></td>
<td>with them.</td>
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<tr>
<td>25</td>
<td>I think about every possible outcome to a problem before</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>tackling it.</td>
<td></td>
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<tr>
<td>26</td>
<td>I often find ways to break down difficult problems into</td>
<td>N B S C</td>
</tr>
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<td></td>
<td>manageable components.</td>
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<tr>
<td>27</td>
<td>I make a plan and follow it.</td>
<td>N B S C</td>
</tr>
<tr>
<td>28</td>
<td>I break down a problem into smaller parts and do one part at a</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>time.</td>
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</tr>
<tr>
<td>29</td>
<td>I make lists and try to focus on the most important things first.</td>
<td>N B S C</td>
</tr>
<tr>
<td>30</td>
<td>I plan for future eventualities.</td>
<td>N B S C</td>
</tr>
<tr>
<td>31</td>
<td>Rather than spending every cent I make, I like to save for a</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>rainy day.</td>
<td></td>
</tr>
<tr>
<td>32</td>
<td>I prepare for adverse events.</td>
<td>N B S C</td>
</tr>
<tr>
<td>33</td>
<td>Before disaster strikes I am well-prepared for its consequences.</td>
<td>N B S C</td>
</tr>
<tr>
<td>34</td>
<td>I plan my strategies to change a situation before I act.</td>
<td>N B S C</td>
</tr>
<tr>
<td>35</td>
<td>I develop my job skills to protect myself against unemployment.</td>
<td>N B S C</td>
</tr>
<tr>
<td>36</td>
<td>I make sure my family is well taken care of to protect them from</td>
<td>N B S C</td>
</tr>
<tr>
<td></td>
<td>adversity in the future.</td>
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<tr>
<td>37</td>
<td>I think ahead to avoid dangerous situations.</td>
<td>N B S C</td>
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<tr>
<td>38.</td>
<td>I plan strategies for what I hope will be the best possible outcome.</td>
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<tr>
<td>39.</td>
<td>I try to manage my money well in order to avoid being destitute in old age.</td>
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<tr>
<td>40.</td>
<td>When solving my own problems other people's advice can be helpful.</td>
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<tr>
<td>41.</td>
<td>I try to talk and explain my stress in order to get feedback from my friends.</td>
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<tr>
<td>42.</td>
<td>Information I get from others has often helped me deal with my problems.</td>
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<tr>
<td>43.</td>
<td>I can usually identify people who can help me develop my own solutions to problems.</td>
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<tr>
<td>44.</td>
<td>I ask others what they would do in my situation.</td>
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<tr>
<td>45.</td>
<td>Talking to others can be really useful because it provides another perspective on the problem.</td>
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<tr>
<td>46.</td>
<td>Before getting messed up with a problem I'll call a friend to talk about it.</td>
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<tr>
<td>47.</td>
<td>When I am in trouble I can usually work out something with the help of others.</td>
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<tr>
<td>48.</td>
<td>If I am depressed I know who I can call to help me feel better.</td>
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<tr>
<td>49.</td>
<td>Others help me feel cared for.</td>
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<tr>
<td>50.</td>
<td>I know who can be counted on when the chips are down.</td>
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<tr>
<td>51.</td>
<td>When I'm depressed I get out and talk to others.</td>
<td></td>
</tr>
<tr>
<td>52.</td>
<td>I confide my feelings in others to build up and maintain close relationships.</td>
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<tr>
<td>53.</td>
<td>When I have a problem I like to sleep on it.</td>
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<tr>
<td>54.</td>
<td>If I find a problem too difficult sometimes I put it aside until I'm ready to deal with it.</td>
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<tr>
<td>55.</td>
<td>When I have a problem I usually let it simmer on the back burner for a while.</td>
<td></td>
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</tbody>
</table>
6. FAMILY INTERACTION PATTERN SCALE (FIPS)

Here are some questions on Family Life. Each question has four answers. Please tick (√) any one answer that explains your family situation best.

**Response Categories:**
A - Always  
S - Sometimes  
R - Rarely  
N - Never

1. For general behaviour family members are expected to adhere to family rules  
   A S R N

2. There is a strong emphasis in our family with regard to right and wrong, good and bad, proper and improper  
   A S R N

3. Members are verbally reprimanded when they break family rules  
   A S R N

4. Activities of every family member are merited accordingly in the family  
   A S R N

5. Violation of behavioural rules lead to deprivation of reward  
   A S R N

6. It does not really matter how members in the family behave in general  
   A S R N

7. Undesirable behaviour of the family members is over looked  
   A S R N

8. Family members are criticized when family rules are violated  
   A S R N

9. Members are appreciated even for insignificant achievements  
   A S R N

10. Members are degraded even for small failures  
    A S R N

11. Pressing issues are given importance in our family  
    A S R N

12. Vital issues are ignored in our family  
    A S R N

13. Distressing issues are discussed jointly by all family members  
    A S R N

14. Whenever there is a stressful situation, the individual is left to find his / her own solution  
    A S R N

15. In times of trouble we get equal amount of support from the family as well as from friends, neighbours and relatives  
    A S R N

16. Family members are forced to depend on resources like neighbours and friends because our family does not provide enough support in times of need.
17. Friends and neighbours are more helpful in times of difficulties than our own family
18. We have to seek help from voluntary and government agencies since our friends and neighbours are least concerned about our problems.
19. The only place we can resort to in periods of distress are the voluntary and government agencies or religious organizations.
20. The outside agencies are indifferent to us in times of difficulties.
21. The crisis situations family member are at a loss and do not know what to do or where to go
22. Every member is assigned specific tasks in our family
23. Members are instructed how to carry on their tasks
24. Members are clear about what tasks they should perform.
25. Members are expected to carry out their responsibility as per instructions
26. Members perform additional tasks other than the assigned ones
27. Members are expected to perform additional tasks than already assigned
28. Members do not perform the additional tasks after having acceded them
29. No members are assigned specific tasks in the family
30. Members are left to do their jobs all by themselves
31. Members are not sure about what jobs they should do or how
32. Members in the family help out one another in their tasks
33. Members find it difficult to get help from others in performing their tasks
34. Everyone knows the job of the other in addition to their own
35. Nobody really knows the jobs of the other in the family
36. In our family we quarrel about who should do what and how much
37. In our family the same job is carried out simultaneously by different members
38. In our family members prefer to perform tasks other than their own
39. Members are critical about the task performance of others in our family

40. Non-performance of task does not go un-noticed in our family

41. It is clear who should do what with regard to certain specific tasks

42. Everyone is free to do whatever they want in our family

43. Members are permitted to perform their task in their own way

44. Members in the family express difficulty in carrying out additional task other than assigned

45. Members do not find difficulty in carrying on their tasks.

46. Members are able to carry out their tasks with ease and competence

47. No one really bothers whether a task is carried out or not

48. It is easy to understand when others talk in the family

49. Members have a lot to say to one another in the family

50. Members freely approach whoever they want for their requirements.

51. Members derive the same meaning when other family members talk

52. Amount of talk contributed by others during an interaction varies.

53. Members speak freely and with ease while talking to one another

54. When someone talks the others keep doing their work irrespective of what she/ he says

55. Members talk to each other only when it is required

56. There is so much to talk one doesn’t know where to start from

57. Members talks spontaneously against others even when they are not encouraged

58. We prefer to be silent then indulge in idle talk

59. There are rules about who should talk to whom and how much

60. Family members indulge in giving two kinds of instructions which oppose each other in performing the same job

61. Members keep discussing different issues at the same time

62. It is difficult to understand when family members talk of some issues
63. Family members do not intervene when some specific issues are being discussed

64. When some issues are being discussed in the family, members talk of things other than what is being discussed

65. When important issues are being discussed the children are kept away

66. Members don’t mind accepting suggestions from others while discussing important issues.

67. In our family all requirements are conveyed through one member

68. Members freely express variety of feelings/ emotions to a variety of situations at home

69. Members don’t like it when others offer suggestions

70. Members do not express their feelings openly in the family

71. We are careful about what we say to one another

72. We are careful about what we say to one another

73. Members prefer to keep their feelings to themselves with regard to various situations in the family

74. In our family we like being together

75. Members in the family like doing things together

76. Family members jointly arrange recreational activities

77. Members in the family prefer to do their own things

78. Family members like to do things for the family as a whole

79. Nobody really bothers what interests others in the family or what they do

80. It is not very important that members should be together at least once a day

81. Members in the family look forward to being together at least some part of the day

82. Family members keep some of their activities to themselves

83. It is important that the family meets together at least once a day

84. Family functions are enjoyable occasions when the whole family meets
Appendix

85. Members intentionally do not show concern/withhold participating in pressing issues
86. Family does not plan family outings as a group
87. Family members demean/belittle one another
88. Family members are concerned about one another
89. When members do not have anything specific to do they like to spend time together
90. There is some one recognized and accepted as leader in our family
91. In times of difficulties members seek the advice of the leader
92. All routine activities are looked after by the leader in our family
93. It is not really necessary to have a leader in the family
94. All types of decisions are taken by the leader without consultation with other family members
95. Decisions are taken by the leader in consultation with others
96. Every family member takes his/her own decision regarding family matters
97. Family members are indifferent to the decision taken by the leader
98. Members feel the need for a leader only when they encounter serious problems
99. Leader tends to decide matters even when family members do not give their full consent
100. There is enough freedom for everyone to take his/her own decision in matters concerning themselves
101. Once decisions are made, there is nothing that can be done to change them
102. Once decisions are taken, they are implemented
103. Members are given the freedom to decide various pressing issues pertaining to family as a whole
104. Issues pertaining to individual members are decided by the leader
105. Decisions are taken only as and when required by those concerned
106. There is actually no one who can be called a leader
7. MARITAL QUALITY SCALE (MQS)

For the following statements encircle the response which most appropriately indicates your opinion

Response Categories:
- U - Usually
- S - Sometimes
- R - Rarely
- N - Never

1. My spouse’s opinion carries as much weight as mine in money matters
   - U
2. My spouse’s tendency to dominate over me creates problems between us
   - S
3. Whenever we have an argument, my spouse thinks that he is right
   - R
4. I look forward to being with my spouse
   - U
5. My spouse does not allow things to be done the way I want
   - S
6. My spouse does not trust me
   - R
7. My spouse decides where we will go and what we will do, when we go out
   - U
8. When my spouse plans our vacation, I enjoy it
   - S
9. My spouse satisfies my needs
   - U
10. My spouse makes me feel secure
    - S
11. My spouse is rigid in his opinions
    - U
12. My spouse understands my sexual needs
    - S
13. I feel satisfied with the way our vacations are spent
    - U
14. I cannot win an argument with my spouse
    - S
15. My spouse complains that I do not understand him
    - U
16. My spouse participates in taking decisions for our home
    - S
17. I discuss my problems with my spouse, as he is capable of helping me
    - U
18. My spouse passes sarcastic comments about me
    - S
19. My spouse is not concerned about my parents
    - U
20. My spouse does not satisfy my sexual needs
    - S
<p>| | | | | |</p>
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>21.</td>
<td>My spouse understands what I value in life</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>22.</td>
<td>The thought of divorcing my spouse my spouse crosses my mind</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>23.</td>
<td>My spouse decides where we will live</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>24.</td>
<td>My spouse does not bother about my feeling towards him</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>25.</td>
<td>I discuss my long-term plans for our family with my spouse.</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>26.</td>
<td>I feel comfortable in sharing my mistakes with my spouse</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>27.</td>
<td>My sex life is satisfactory</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>28.</td>
<td>My spouse is happy with me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>29.</td>
<td>My spouse is capable of making timely independent decisions</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>30.</td>
<td>My spouse tries to understand how I am feeling</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>31.</td>
<td>I appreciate the sacrifices made by my spouse</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>32.</td>
<td>My spouse does not like me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>33.</td>
<td>My spouse is indifferent to me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>34.</td>
<td>My spouse expects me to do things a she desires</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>35.</td>
<td>My spouse does not have much affection for me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>36.</td>
<td>My spouse pays timely attention to his responsibilities</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>37.</td>
<td>My spouse shares his feelings with me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>38.</td>
<td>My spouse co-operates with me in maintaining relationship with my parents</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>39.</td>
<td>My spouse believes me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>40.</td>
<td>My spouse criticizes me more than appreciating me</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>41.</td>
<td>I regret being married to my spouse</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>42.</td>
<td>My suggestions are well taken by my spouse</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>43.</td>
<td>I feel that decisions taken after a discussion with my spouse, are good for us</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>44.</td>
<td>My spouse argues with me in front of other people.</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>45.</td>
<td>My spouse is not able to make me happy</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>46.</td>
<td>I agree with my spouse regarding the disciplining of the children</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>47.</td>
<td>My husband tries to comfort me when I am upset</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>48.</td>
<td>I share my feelings and thoughts with my spouse</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>49.</td>
<td>My spouse is capable of carrying out his responsibilities</td>
<td>U</td>
<td>S</td>
<td>R</td>
</tr>
<tr>
<td>50.</td>
<td>On financial matters, my husband consults me.</td>
<td>U</td>
<td>S</td>
<td>R</td>
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</tbody>
</table>
8. PERCEIVED QUALITY OF LIFE SCALE (PQoL)

Response Categories:

0 - Extremely dissatisfied/unhappy
1 or 2 - Somewhat dissatisfied/unhappy
3 or 4 - A little dissatisfied/unhappy
5 - Neither satisfied/happy or dissatisfied/unhappy
6 or 7 - A little satisfied/happy
8 or 9 - Somewhat satisfied/happy
10 - Extremely satisfied/happy

1. How dissatisfied or satisfied are you with your physical health (the health of your body)?
2. How dissatisfied or satisfied are you with how well you care for yourself, for example, preparing meals, bathing, or shopping?
3. How dissatisfied or satisfied are you with how well you think and remember?
4. How dissatisfied or satisfied are you with the amount of walking you do?
5. How dissatisfied or satisfied are you with how often you get outside the house, for example, going into town, using public transportation, or driving?
6. How dissatisfied or satisfied are you with how well you carry on a conversation, for example, speaking clearly, hearing others, or being understood.
7. How dissatisfied or satisfied are you with the kind and amount of food you eat?
8. How dissatisfied or satisfied are you with how often you see or talk to your family and friends?
9. How dissatisfied or satisfied are you with the help you get from your family and friends, for example, helping in an emergency, fixing your house, or doing errands?
10. How dissatisfied or satisfied are you with the help you give to your family and friends?
11. How dissatisfied or satisfied are you with your contribution to your community, for example, a neighborhood, religious, political or other group?
<table>
<thead>
<tr>
<th></th>
<th>Question</th>
<th>Scale</th>
<th>0</th>
<th>1/2</th>
<th>3/4</th>
<th>5</th>
<th>6/7</th>
<th>8/9</th>
<th>10</th>
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<tbody>
<tr>
<td>12.</td>
<td>How dissatisfied or satisfied are you with your work situation, for example, your current job, retirement for any reason, or never having worked?</td>
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<td>13.</td>
<td>How dissatisfied or satisfied are you with the kind and amount of recreation or leisure you have?</td>
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<td>14.</td>
<td>How dissatisfied or satisfied are you with your level of sexual activity or lack of sexual activity?</td>
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<td>15.</td>
<td>How dissatisfied or satisfied are you with the way your income meets your needs?</td>
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<td>16.</td>
<td>How dissatisfied or satisfied are you with how respected you are by others?</td>
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<td>17.</td>
<td>How dissatisfied or satisfied are you with the meaning and purpose of your life?</td>
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<td>18.</td>
<td>How dissatisfied or satisfied are you with the amount of variety in your life?</td>
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<td>19.</td>
<td>How dissatisfied or satisfied are you with the amount and kind of sleep you get?</td>
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<td>20.</td>
<td>How happy are you?</td>
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