BIBLIOGRAPHY


Sales, S.M. 1969. Organizational Roles as a Risk Factor in Coronary Heart Disease, Administrative Science Quarterly, 14, 325-336


Vroom, V. 1962. Ego Involvement, Job Satisfaction, and job Performance, Personnel Psychology, 15, 159-177.


PERSONAL PROFILE

1. Name :
2. Age :
3. Caste :
4. Religion :
5. Education :
6. Income Details (per month) : Work Private Other sources
7. Who does budgeting? : Respondent/Spouse/Jointly/Others

Marital details

8. Age at marriage :
9. Spousal age difference :
10. Type of marriage : Preferential / Non Preferential
11. Is your spouse : Closely related/distant/not related/
12. same caste/inter caste

Migration

13. Place of birth : Urban / Rural
14. Where were you living during school/ : Urban / Rural
15. College days?
16. How long have you been residing in the :
17. Present place?
18. 25. Reasons for migrating to the present place : Marriage / occupation / education /
19. transfer of spouse / others (specify)
20. Household information
1. CURRENT HOUSEHOLD

<table>
<thead>
<tr>
<th>Relationship to the respondent</th>
<th>Age</th>
<th>Edu</th>
<th>Occup.</th>
<th>Family income per month</th>
<th>Marital status</th>
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</thead>
</table>

2. DETAILS OF FAMILY OF ORIENTATION

<table>
<thead>
<tr>
<th>Relationship to the respondent</th>
<th>Age</th>
<th>Edu</th>
<th>Occup.</th>
<th>Income</th>
<th>Marital status</th>
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3. DETAILS OF FAMILY OF PROCREATION

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<th>Relationship to the respondent</th>
<th>Age</th>
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<th>Occup.</th>
<th>Income</th>
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21. Number of servants at home: Full time / Part time

22. Work History

<table>
<thead>
<tr>
<th>Designation</th>
<th>Ins/Hos</th>
<th>Duration</th>
<th>Reasons to Quit</th>
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23. Professional Work Duties

1. Work situations: Hours spent Per day / Per week
   - In-patient ward
   - Out-patient ward
   - Operation theatre
   - Teaching
   - Casualty / Emergency
   - Administration
   - Other Hospital Visit

24. Work Shifts: Hours Spent Day / Night

25. The hours spent in (private practice):

26. On an average how many patients you attend per day?: General / Special cases

27. Availability of persons to assist in the dispensary:

28. Time spent:

On your regular work day and non work day approximately how many hours do you spend in the following activities.

<table>
<thead>
<tr>
<th>Work day</th>
<th>Non work day</th>
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<tbody>
<tr>
<td>Professional work</td>
<td>............</td>
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<tr>
<td>Profession related work at home</td>
<td>............</td>
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<tr>
<td>Home chores and errands</td>
<td>............</td>
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<tr>
<td>Activities with children</td>
<td>............</td>
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<tr>
<td>Self related activities</td>
<td>............</td>
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<tr>
<td>Activities related to spouse / other members</td>
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29. How easy or difficult, is it for you to find time to:
   (VD-very difficult, D-difficult, N-neutral, E-easy, VE-very easy)

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<tr>
<th>VD</th>
<th>D</th>
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8. Look after the assigned administrative responsibilities  
9. Supervise the persons who are under your authority  
10. Spend leisurely with your colleagues  
11. Give suggestions to the accompanies of the patient  
12. Discuss important matters with the administrative authorities  
13. Represent your discomfort to the respective concern  
14. Visit other hospitals

30. **TIME SPENT ON HOUSEHOLD**

Please indicate your participation and the total time spent on a regular work day and on a non work day on each major activities.

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<th>Household Chores</th>
<th>Work Day</th>
<th>Non Work Day</th>
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<td>Cooking</td>
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<td>Marketing</td>
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**Child care**

Educational activities  
Playing  
Personal care  
Recreation  
Service / helping  
Caring family members  
Work Arrangements of your Spouse : Day / Night hours
31. How easy or difficult is it for you to find time to: (VD-very difficult, D-difficult, N-neutral, E-easy, VE-very easy)

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WORK INVOLVEMENT

1. CENTRAL LIFE INTEREST ITEMS

1. The most important things that happen to me involve my profession
2. The most important things I do are involved with my profession
3. I enjoy my professional work more than anything else that I do
4. I have other activities more important than my profession
5. If I were to accomplish or achieve something, I prefer it would happen in my profession
6. The people I work with in my profession are very important part of my life
7. There are many things in life that are more important than one's profession
8. My profession plays an important part in my ideas about getting ahead
9. I feel involved as I perform my duties with people who co-operate
10. I feel that I am doing best in my profession than in other things I do
11. I would hate missing a day's work in my profession
12. I spend a great deal of time on matters related to my profession both during and after working hours

ACTIVE PARTICIPATION ITEMS

13. I get good chance to use the skills I have learned for my profession
14. I do things my own way
15. I feel involved in my profession since I could do the kind of things I am best at
16. I get enough chance to do interesting work
17. In my profession I get enough chance to feel at the end of the day that I have accomplished something
18. I could learn new things in my profession
19. In general I have much say and influence over what goes on in my profession
20. In my profession I work without feeling pushed
21. I have a fair chance to make important decisions on my job
22. I enjoy keeping my work space in good shape
23. I am free enough to set my own work space
24. I am making an important contribution to the success of my profession

**IMPORTANCE OF PERFORMANCE WITH VALUED SELF**
25. How well I perform in my profession is extremely important to me
26. I feel bad if I don’t perform well on my profession
27. I am very much personally involved in my profession
28. I avoid taking on extra duties and responsibilities in my work
29. I feel good when I perform my job well
30. I am able to utilise abilities I value in the performance of my profession
31. My profession requires me to use valuable skills and updated knowledge
32. I’ll stay overtime to finish a job even if I’m not paid for it
33. I feel depressed when I fail at something connected with my profession
34. Mostly I lie awake thinking ahead to the next day’s work
35. One can measure a person pretty well by how good he does his profession
36. I would probably keep working even if I did not need the money

**FAMILY INVOLVEMENT**

**CENTRAL LIFE INTEREST**
1. I am very much involved personally with my family members life
2. As a responsible person in the family meeting the demand of my family members is my central family interest
3. I enjoy keeping things around home in good shape

4. If I were to accomplish or achieve something, I perceive that my family support and acceptance is essential

5. The most important things that happen to me involve my family

6. Quite often I think of my spouse and children even when I am busy doing other things

7. I would like to spend less time working, so that, I could spend more time with my spouse and children

8. As a parent I take much interest in shaping the personality of my children

9. As a parent I give priority to fulfill the household requirements of my children

ACTIVE PARTICIPATION

10. I get good opportunity to fulfill family responsibilities

11. I get enough chance to do the kind of things I am best at family

12. What so effort I put on my children as a parent, I am interested in its effectiveness

13. As a spouse, I am interested in sharing the family role responsibilities

14. Maintaining and managing things around the house is a major concern to me

IMPORTANCE OF PERFORMANCE WITH SELF-VALUED

15. I am very much involved personally with my children's education and career activities

16. As a spouse, I give due importance to fulfill the personal requirements of my life partner

17. I would be a less fulfilled person without my role as a spouse

18. I have other personal activities more important than my family responsibilities
FAMILY CONFLICT

1. INTERSENDER CONFLICT

Response in five point scale

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Neither Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
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1. My spouse expects me to fulfill most of the family responsibilities
2. My children force me to engage in their activities
3. I frequently receive incompatible requests from my family members
4. I have to override a demand or expectation inorder to carry out an obligation
5. I often do things that are apt to be accepted by one person and not accepted by other family members
6. My family members always expect me to provide extra care for them
7. My spouse expects me to accommodate myself to suit his schedule
8. I am always expected to take care of the sick at home
9. My family members make me shoulder all the household management and financial dealings
10. I am made responsible to fulfill the requirements of my children

II. INTERROLE CONFLICT

11. I often find it difficult to attend to the needs of all my family members
12. Often I find it difficult to priority in attending to the needs of my family members
13. I often find it difficult to adjust with my spouse and children who function differently
14. I have too little time to pursue my personal interests, due to my family situations
III. INTRASENDER CONFLICT

15. I have sufficient time at my disposal to carry out the responsibilities towards my family

16. My family members do not share the role responsibilities whenever there is a necessity

17. I receive demands from my family members, that are well within my capacity

18. The alternates arranged by me are adjusted by my family members

19. I do not get sufficient time to relax when I want to

20. I could sit with my family members and share our feelings whenever there is a discomfort

21. I could not find time to discuss about my spouse's work

22. I have no time to encourage my children in developing their hobbies and interests

IV. PERSON-ROLE CONFLICT

23. I dislike performing certain household tasks which I am expected to do

24. My family members never find fault with me

25. My way of carrying out things differ from my family members

26. My spouse and I have different goals as a couple

27. My family members expect me to listen to them on matters which I am not interested

28. Though I am earning I could not decide on money matters

29. My family does not doing some of the things I'd like to do

WORK CONFLICT

1. INTERSENDER CONFLICT

1. I work under incompatible demands

2. I skip or override a few demands in attending different demands in my profession

3. I find it difficult to satisfy the expectations of all in my profession

4. I do things that are not accepted by others
II. INTERROLE CONFLICT

5. I am able to act the same, regardless of the work group I am with
6. I work with two or more persons who function quite differently
7. I often find it difficult to make a compromise between acquainting with new developments and perform other professional responsibilities

III. INTRASENDER CONFLICT

8. I have enough time at my disposal to attend to the patients
9. Often I find it difficult to attend to the patients without proper assistance/help
10. I have just the right amount of professional responsibilities to perform
11. I find it difficult to attend the cases without adequate resources and equipments

IV. PERSON-ROLE CONFLICT

12. I find it difficult to maintain professional standards
13. I have to spend lots of time on things which are not directly related to the quality of treatment
14. Often my professional responsibilities and values contradict
15. I often feel that I do things, which I should not in my profession

INTERROLE CONFLICT

WORK-FAMILY CONFLICT

1. My work schedule often conflicts with my family life
2. In my profession I have so much to do that it takes me away from my family too much
3. I feel physically drained when I get home from work
4. I feel emotionally drained when I get home from work
5. My time off my profession does not match the schedules of other family members well
6. My profession makes it difficult to be relaxed all the time at home
7. My profession takes up the time that I’d like to spend with my family
8. Since my profession is demanding I am irritable at home
9. My job makes it difficult to be the kind of spouse I'd like to be
10. My job makes it difficult to be the kind of parent I'd like to be
11. I have to rush to get everything done each day at home due to my profession
12. I do not have much patience with my children A1 would like to have, due to my heavy work schedule
13. I frequently receive requests from patients at odd hours which disturb my family life
14. I am unable to fulfill the expectations of my family since I have to work longer hours
15. After work, I come too tired to do some of the things I'd like to do
16. I don't have enough time for myself due to my profession
17. I am not committed to my family due to my professional time pressure

FAMILY-WORK CONFLICT

18. My family schedule often interferes with my professional life
19. My family responsibilities make me preoccupied while I am engaged in my profession
20. I worry about whether I should work less and spend more time with my children
21. I am too tired at my profession because of the things I have to do at home
22. My family demands takes me away from my profession where I would like to spend more time
23. My consulting time has been restricted by my family members
24. My spouse expects me to come home soon which restricts my consulting hours

QUALITY OF WORK LIFE

1. I am satisfied of the importance of decisions made on my own
2. The learning opportunities in my profession gives me a great fulfillment
3. Since my profession is challenging I get satisfied
4. The nature of my profession gives me a great sense of fulfillment

5. The recognition given to my work is very appraising

6. I take pride by being in my profession

7. The autonomy in my profession helps me to have control over the criteria of work adequacy

| Always | Mostly | Can’t say | Someti
|---------|--------|-----------|mes | Hardly ever |

**PLEASE RATE YOUR PROFESSIONAL LIFE**

8. Relaxed and easygoing

9. Well organised and orderly

10. Complicated and complex

11. Tense and stressful

12. Close and intimate

13. Sharing and co-operative

**QUALITY OF FAMILY LIFE**

1. **Please rate your family life**

1. Relaxed and easygoing

2. Well organised and orderly

3. Complicated and complex

4. Tense and stressful

5. Close and intimate

6. Sharing and co-operative
Taking everything together, I would say I am extremely happy in my married life

I derive satisfaction in my life from my role as a spouse

I would be a less fulfilled person without my role as a parent

I often have stimulating exchange of ideas with my spouse

I and my spouse discuss and decide on family matters

I am satisfied with my parent family situation

I am free to enjoy any aspect of family life

I am satisfied of the present well-being of my children

I have enough time to attend to the requirements of family members

I am happy with the amount of involvement my spouse has with the children

I am pleased with the amount of involvement my spouse has with the children

I am happy with my spouse’s commitment in taking decisions in family matters

I am satisfied with my spouse’s involvement in sharing family responsibilities

I am happy about the amount of interest that my spouse shows towards my well-being

I am satisfied of my spouse’s approach towards problem solving as a head of the family

I have better understanding with my spouse

The happiest moments are being with my children

Generally, my family members extend their co-operation in all family matters

I receive required help from my neighbours/relatives/friends

I get timely help and encouragement from my significant others

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