## Contents

Acknowledgements i-ii  
Abbreviations iii  
List of Figures and Maps iv  

Chapter-1  
Introduction to the Study of History of Medicine and Hygiene in Medieval Kerala 1-21  

Chapter-2  
Major Themes in the Historiography of Science and Medicine 2-38  

Chapter-3  
Principles and Practices of Hygiene in Medieval Malabar 39-97  

Chapter-4  
Social Perceptions of Diseases and Healing in Medieval Kerala with Special References to Malabar 98-124  

Chapter-5  
Physicians, Treatments and Medicine Markets in Medieval Kerala 125-163  

Chapter-6  
Conclusion 164-170  
Glossary 171-172  
Appendices(Maps & Figures) 173-190  
Bibliography 191-221