With the heavenly blessings of the Almighty, this research is really “a dream comes true.”

The divine blessings of founder Head of Department of Psychology, University of Rajasthan, Professor Emeritus and former Vice-Chancellor University of Rajasthan Dr. S.N. Sinha always kept me going.

The Head of the Department of Psychology, University of Rajasthan Prof. (Mrs.) M.M. Saxena always kept my spirits high.

The unprecedented love, care and support of my learned supervisor Dr. O.P. Sharma shaped the finer nuances of this research from concept to commission.

My beloved Father Dr. C.L. Nawalgarhia and Mother Smt. Vimla Devi were always generous enough to provide me with the warm and pedant parental cover.

My husband Sh. Amit Goyal has left no stone unturned and has always stood by me through thick and thin.

I am overwhelmed to remember my Father-in-law Sh. Mahesh Goyal and Mother-in-law Smt. Anjana Goyal for providing me with significant scholastic feedback.

My Son Kartik and daughter Kritika were the real cheerleaders during the entire course period.

Swati Goyal