CHAPTER-VI
SUMMARY AND CONCLUSIONS
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SUMMARY:
The present study aims to assess and compare the level of Depression, Loneliness and Aggression of Commercial female sex workers and Gays. Further, the study also intended to examine the occurrence of any influence of demographic variables like, level of education, age and area of domicile of the Commercial female sex workers and Gays on the three variables under study. Further, it makes an attempt to investigate the existence of inter-relationship between the three variables.

The sample for the study was selected from the population of Commercial female sex workers and Gays from the four districts namely Bangalore and Mysore (South zone) Bijapur and Belegaum which constitutes (North zone) of Karnataka. The sample consists of 400 Commercial female sex workers and 400 Gays who have registered themselves at the Community based organization (CBO) and Non-governmental organizations (NGO).

After the selection of the sample and the completion of other preliminary formalities, scales were administered individually. The researcher explained the purpose of the project and requested them to give honest responses for the statements.

The data that was obtained by various psychological tests was subjected to statistical analysis. The hypotheses were tested using $t$-test, ANOVA and Pearson’s product moment correlation.

The major findings of the study and the conclusions drawn are as follows:

CONCLUSIONS:

1. The Commercial female sex workers have significantly higher level of Depression than Gays.
2. The Commercial female sex workers have significantly higher level of Loneliness than Gays.

3. The Commercial female sex workers have significantly higher level of Aggression than Gays.

4. The Commercial female sex workers of different levels of education do not differ significantly on Depression, Loneliness and Aggression. Educational level has no significant influence on Depression, Loneliness and Aggression of Commercial female sex workers.

5. The Commercial female sex workers of young, middle and old age differ significantly on Depression, Loneliness and Aggression. The young Commercial female sex workers differ significantly from the middle and old age Commercial female sex workers on Depression, Loneliness and Aggression. The Young Commercial female sex workers experience significantly higher Depression, Loneliness and Aggression than Middle aged and older Commercial female workers.

6. The Commercial female sex workers of urban and rural living do not differ significantly on Depression, Loneliness and Aggression. Irrespective of urban and rural dwelling Commercial female sex workers experience Depression, Loneliness and Aggression equally.

7. The Gays of different levels of education do not differ significantly on Depression, Loneliness and Aggression. Educational level has no significant influence on Depression, Loneliness and Aggression of Gays.

8. The Gays of young, middle and old age has no significant influence on Depression, Loneliness and Aggression. Age has no significant influence on Depression, Loneliness and Aggression of Gays.

9. The Gays of urban and rural living do not differ significantly on Depression, Loneliness and Aggression.

10. There is a significant inter-relationship between Depression, Loneliness and Aggression in Commercial female sex workers. All the three dependent variables show high correlation in case of Commercial female sex workers.
11. There is no significant inter-relationship between Depression, Loneliness and Aggression among Gays.

IMPLICATIONS OF THE PRESENT STUDY:

The Commercial female sex workers and Gays are both downtrodden sections in the society. And further they are facing vulnerable situations in day-to-day life due to stigma attached to them that they are the core transmitters of HIV/AIDS in the society. They face rejection from the family as well as society which leads to many psychological and physical illnesses. So findings of the present study attempt to highlight the psychological problems faced by these two groups and thus has many policy implications.

1. The study, by emphasizing on the psychological problems that the Commercial female sex workers face makes an attempt to suggest to the policy makers to reconsider certain aspects in the legalization and licensing policy pertaining to Commercial female sex workers. Presently, in the Indian law sex workers are abused due to some loopholes in the law which leads to many psychological problems like, depression, loneliness, aggression, stress etc.

2. The study helps in suggesting the Government to integrate the programmes of the Ministry of Women and Child development with the Intervention programmes for the Commercial female sex workers. Such livelihood programmes would break their need to seek sex work as the only alternate means of sustenance and thereby help in strengthening their financial status.

3. The present Supreme Court of India verdict on Gay, i.e. Section 377, which holds same sex relations as unnatural, and criminal is very unfortunate. Such a ruling will cause lot of depression, loneliness, aggression and other psychological problems in the gay community. The findings of the study
therefore point to the fact that the law makers should take a relook into the present decision given by the Supreme Court.

4. The study also recommends that the researchers and social workers should focus on individual and group counseling to restore the mental health of Commercial female sex workers and Gays and minimization of social discrimination through awareness programmes, since majority of the Commercial female sex workers and Gays are very poor and lack social support.

5. Study also recommends opening of de-addiction centers as majority of Commercial female sex workers and Gays either depend on alcohol or drugs to overcome Depression, Loneliness, Aggression, stress and relieve pain.

6. The study recommends for meaningful vocational training as alternate source of earning and assisting them to start some ventures by providing information about various sources of financial support.

7. The study also points out that as most of the Commercial female sex workers have children and are worried about their future, Government/NGO's should try to support for their upbringing and providing education.

8. The findings of the study shall assist law makers as well as civil authorities in framing and guiding policies which help these two sections to lead normal and productive life in the society as others.